

# 2006 Searcy County County Youth Health Survey

*Coordinated by*

**Searcy County  
Hometown Health Improvement**

*and*



**Center for Health Statistics**

September, 2006

**FOR MORE INFORMATION ABOUT  
THE SEARCY COUNTY  
2006 COUNTY YOUTH HEALTH SURVEY**

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# LIST OF CONTENTS

What is the County Youth Health Survey?	7
Why did Searcy County conduct the CYHS?	7
How was the CYHS conducted?	8
About this Report	8
Methodology and Interpretation	9
Key Findings	11
Summary of Searcy County CYHS Findings	15
Demographics of Survey Participants	17
Behaviors that Contribute to Unintentional Injuries	19
Behaviors that Contribute to Violence	23
Depression and Suicide	29
Tobacco Use – Cigarette Smoking	33
Tobacco Use – Other Uses	37
Alcohol Use	39
Drug Use – Marijuana	42
Other Illegal Drug Use	44
Sexual Behaviors	48
AIDS/HIV Information	52
Overweight and Weight Control	53
Dietary Behaviors	59
Physical Activity	64
Violence-Related Behaviors on School Property	67
Tobacco Use on School Property	71
Alcohol Use on School Property	73
Drug Use on School Property	74
2006 Searcy County Youth Health Survey Questionnaire	76
Internet Resources for Educators, Parents and Teens	114

# LIST OF TABLES

■	<a href="#">Table 1: Unintentional Injuries – Seat Belt and Bicycle Helmet Use</a> .....	19
■	<a href="#">Table 2: Unintentional Injuries – Drinking and Driving</a> .....	21
■	<a href="#">Table 3: Behaviors that Contribute to Violence – Carrying a Weapon or Gun</a> .....	23
■	<a href="#">Table 4: Behaviors that Contribute to Violence – Physical Fighting</a> .....	25
■	<a href="#">Table 5: Behaviors that Contribute to Violence – Dating Violence and Forced Sexual Intercourse</a> ...	27
■	<a href="#">Table 6: Depression and Suicide</a> .....	29
■	<a href="#">Table 7: Tobacco Use</a> .....	33
■	<a href="#">Table 8: Other Tobacco Uses</a> .....	37
■	<a href="#">Table 9: Alcohol Use</a> .....	39
■	<a href="#">Table 10: Marijuana Use</a> .....	42
■	<a href="#">Table 11: Other Illegal Drug Use</a> .....	44
■	<a href="#">Table 12: Sexual Behaviors</a> .....	48
■	<a href="#">Table 13: AIDS/HIV Information</a> .....	52
■	<a href="#">Table 14: Overweight</a> .....	53
■	<a href="#">Table 15: Weight Control</a> .....	55
■	<a href="#">Table 16: Dietary Behaviors</a> .....	59
■	<a href="#">Table 17: Physical Activity</a> .....	64
■	<a href="#">Table 18: Violence-Related Behaviors on School Property</a> .....	67
■	<a href="#">Table 19: Tobacco Use on School Property</a> .....	71
■	<a href="#">Table 20: Alcohol Use on School Property</a> .....	73
■	<a href="#">Table 21: Drug Use on School Property</a> .....	74

# LIST OF FIGURES

■	<a href="#">Figure 1: Summary of Searcy County 2006 CYHS Findings</a>	15
■	<a href="#">Figure 2: Summary of Behaviors on School Property</a>	16
■	<a href="#">Figure 3: Gender</a>	17
■	<a href="#">Figure 4: Age</a>	17
■	<a href="#">Figure 5: Grade</a>	18
■	<a href="#">Figure 6: Never or Rarely Wore Seat Belt</a>	19
■	<a href="#">Figure 7: Never or Rarely Wore Bicycle Helmet</a>	20
■	<a href="#">Figure 8: Rode with Driver who had been Drinking Alcohol</a>	21
■	<a href="#">Figure 9: Drink and Driving</a>	22
■	<a href="#">Figure 10: Carried Weapon</a>	23
■	<a href="#">Figure 11: Carried Gun</a>	24
■	<a href="#">Figure 12: In Physical Fight</a>	25
■	<a href="#">Figure 13: Injured in Physical Fight</a>	26
■	<a href="#">Figure 14: Dating Violence</a>	27
■	<a href="#">Figure 15: Forced Sexual Intercourse</a>	28
■	<a href="#">Figure 16: Felt Sad or Hopeless</a>	30
■	<a href="#">Figure 17: Seriously Considered Attempting Suicide</a>	30
■	<a href="#">Figure 18: Made Suicide Plan</a>	31
■	<a href="#">Figure 19: Attempted Suicide</a>	31
■	<a href="#">Figure 20: Treated Suicide Attempt</a>	32
■	<a href="#">Figure 21: Lifetime Cigarette Smoking</a>	34
■	<a href="#">Figure 22: Early Initiation Age – Cigarette Smoking</a>	34
■	<a href="#">Figure 23: Current Cigarette Smoking</a>	35
■	<a href="#">Figure 24: Smoked &gt; 2 Cigarettes/Day</a>	35
■	<a href="#">Figure 25: Personally bough Cigarettes</a>	36
■	<a href="#">Figure 26: Tried to Quit Smoking Cigarettes</a>	36
■	<a href="#">Figure 27: Current Tobacco Use</a>	37
■	<a href="#">Figure 28: Current Cigar Use</a>	38
■	<a href="#">Figure 29: Lifetime Alcohol Use</a>	40
■	<a href="#">Figure 30: Early Initiation Age – Alcohol Use</a>	40
■	<a href="#">Figure 31: Current Alcohol Use</a>	41
■	<a href="#">Figure 32: Heavy Alcohol Use</a>	41
■	<a href="#">Figure 33: Lifetime Marijuana Use</a>	42
■	<a href="#">Figure 34: Early Initiation Age – Marijuana Use</a>	43
■	<a href="#">Figure 35: Current Marijuana Use</a>	43
■	<a href="#">Figure 36: Lifetime Inhalant Use</a>	45
■	<a href="#">Figure 37: Lifetime Methamphetamines Use</a>	45
■	<a href="#">Figure 38: Lifetime Ecstasy Use</a>	46
■	<a href="#">Figure 39: Lifetime Heroin Use</a>	46
■	<a href="#">Figure 40: Lifetime Illegal Steroie Use</a>	47
■	<a href="#">Figure 41: Ever had Sexual Intercourse</a>	49
■	<a href="#">Figure 42: Early Initiation Age – Sexual Intercourse</a>	49
■	<a href="#">Figure 43: Sexual Partners &gt; 4</a>	50
■	<a href="#">Figure 44: Currently Sexually Active</a>	50
■	<a href="#">Figure 45: Drug Use before last Sexual Intercourse</a>	51
■	<a href="#">Figure 46: Condom Use</a>	51

# LIST OF FIGURES (CONT'D)

■	<a href="#"><u>Figure 47: AIDS/HIV Information</u></a>	52
■	<a href="#"><u>Figure 48: Overweight</u></a>	53
■	<a href="#"><u>Figure 49: Describe themselves as Overweight</u></a>	54
■	<a href="#"><u>Figure 50: Were trying to Lose Weight</u></a>	56
■	<a href="#"><u>Figure 51: Ate Less Food to Lose Weight</u></a>	56
■	<a href="#"><u>Figure 52: Exercised to Lose Weight</u></a>	57
■	<a href="#"><u>Figure 53: Vomited or Took Laxatives to Lose Weight</u></a>	57
■	<a href="#"><u>Figure 54: Took Diet Pills to Lose Weight</u></a>	58
■	<a href="#"><u>Figure 55: Went without Eating to Lose Weight</u></a>	58
■	<a href="#"><u>Figure 56: Ate Fruit</u></a>	60
■	<a href="#"><u>Figure 57: Drank Fruit Juices</u></a>	60
■	<a href="#"><u>Figure 58: Ate Green Salad</u></a>	61
■	<a href="#"><u>Figure 59: Ate Potatoes</u></a>	61
■	<a href="#"><u>Figure 60: Ate Carrots</u></a>	62
■	<a href="#"><u>Figure 61: Ate Other Vegetables</u></a>	62
■	<a href="#"><u>Figure 62: Drank Milk</u></a>	63
■	<a href="#"><u>Figure 63: Physical Activity With Sweat</u></a>	65
■	<a href="#"><u>Figure 64: Physical Activity Without Sweat</u></a>	65
■	<a href="#"><u>Figure 65: Physical Education Class</u></a>	66
■	<a href="#"><u>Figure 66: Played on Sports Teams</u></a>	68
■	<a href="#"><u>Figure 67: Carried Weapon on School Property</u></a>	68
■	<a href="#"><u>Figure 68: Had Property Stolen or Damaged</u></a>	66
■	<a href="#"><u>Figure 69: Felt Unsafe on the Way or at School</u></a>	69
■	<a href="#"><u>Figure 70: Threatened or Injured on School Property</u></a>	69
■	<a href="#"><u>Figure 71: Involved in Physical Fight on School Property</u></a>	70
■	<a href="#"><u>Figure 72: Smoked Cigarettes on School Property</u></a>	71
■	<a href="#"><u>Figure 73: Chewed Tobacco on School Property</u></a>	72
■	<a href="#"><u>Figure 74: Alcohol Use on School Property</u></a>	73
■	<a href="#"><u>Figure 75: Marijuana Use on School Property</u></a>	74
■	<a href="#"><u>Figure 76: Offer or Sale of Illegal Drugs on School Property</u></a>	75

## ■ What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors such as smoking, drinking and driving, sexual behaviors that lead to unintended pregnancies and sexually-transmitted diseases (STDs), and obesity among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia<sup>1</sup> to monitor six categories of priority health risk behaviors among youth and young adults. The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During February, 2006, valid CYHS questionnaires were completed by 382 seventh through twelfth grade students in Searcy County public schools. The information provided by those students is presented in this report.

## ■ Why did Searcy County conduct the CYHS?

Searcy County Hometown Health Improvement Coalition (HHI) is working to assess the specific health needs of Searcy County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members asked that the County Youth Health Survey be administered to students in the seventh through twelfth grades at Searcy County schools.

The CYHS will help Searcy County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Searcy County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2006 CYHS also provides Searcy County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health promotion policies, services, programs, and educational activities. Parents and students can use these results to

evaluate potential changes toward better health. Specifically, CYHS findings form a valuable base upon which Searcy County can strengthen its ability to:

- Establish disease prevention and health promotion policies,
- Plan and implement programs and services,
- Secure funding for programs,
- Allocate limited resources toward targeted needs and priorities,
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

### ■ How was the CYHS conducted?

During February, 2006, seventh through twelfth grade students enrolled in Searcy County public schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Searcy County School Districts' students participated in the survey:

- Marshall
- Leslie

### ■ About This Report

This report summarizes the answers Searcy County's students gave when asked about the following health issues:

- Behaviors that result in intentional and unintentional injuries,
- Tobacco use,
- Alcohol and other drug use,
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies,
- Physical activity, and
- Unhealthy dietary behaviors.

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<sup>1</sup> The Centers for Disease Control and Prevention. Healthy youth. <http://www.cdc.gov/healthyouth/yrbs/index.htm>



This CYHS report also provides a brief overview of:

- The survey's process and procedures,
- Survey questions,
- Students' answers,
- Percentage of CYHS participants giving those answers, and
- Major summary findings.

### ■ Methodology and interpretation

Searcy County's 2006 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by Searcy students in February of 2006. Answers in this survey were only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions; meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

## Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Searcy County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Searcy County students who completed the CYHS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

## ■ Key Findings

### Behaviors that Contribute to Unintentional Injuries and Violence

- Ninety-four percent (94%) of the students who had **ridden a bicycle** in the year prior to the survey indicated that they **never or rarely wore** a helmet.
- Twenty-seven percent (27%) of the students surveyed said that during the previous month they had **ridden in a vehicle** driven by someone who had **been drinking alcohol**.
  - Twelve percent (12%) indicated they had **driven a vehicle** after **drinking alcohol** during the past 30 days.
- Twenty-eight percent (28%) of students **carried a weapon** such as a gun, knife, or club in the **past 30 days**, and 8% carried a **weapon on school property** during that time.

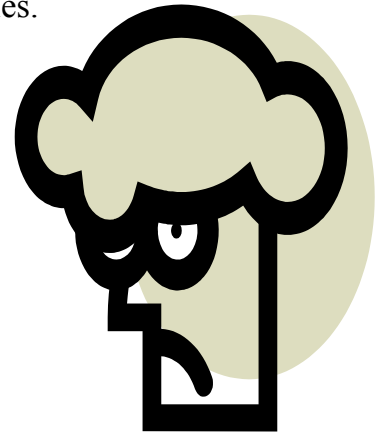


- During the 12 months preceding the survey, 35% of the students had been in a **physical fight one or more times**. Of those students who had been in a **physical fight**, 9% had to be **treated for injuries** sustained while fighting.
- Ten percent (10%) of the students surveyed reported they had been **hit, slapped, or physically hurt** on purpose by a **boyfriend or girlfriend** at least once during their lives.
- Eleven percent (11%) of the students indicated **being forced to have sexual intercourse** when they did not want to at least once during their lives.

## ■ Key Findings (cont'd)

### Depression and Suicide

- Twenty-eight percent (28%) of students indicated they had **felt so sad or hopeless** for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, **19%** of students had **seriously considered** attempting suicide, **14%** had **made a plan** about how they would attempt suicide, and **8% actually attempted** to commit suicide. Three percent (3%) of students surveyed reported **they were treated** by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.



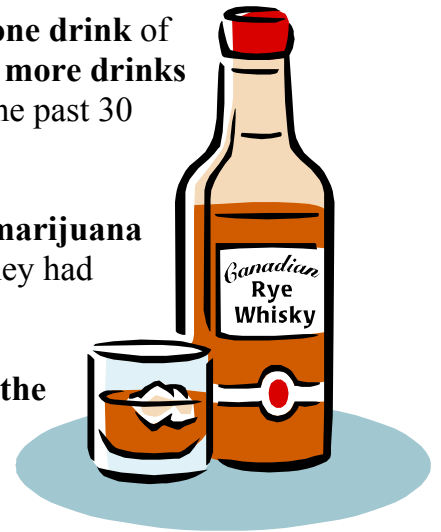
### Tobacco use

- Sixty percent (60%) of the students surveyed said they had tried **smoking a cigarette**.
- 
- Twenty-four percent (24%) reported **smoking cigarettes** on one or more of the **past 30 days**.
  - Of the students who smoked during the past month, **80%** said they usually **smoked two or more** cigarettes on the days they smoked, and **17%** said they **usually got their own** cigarettes by purchasing them at a store.
  - Sixteen percent (**16%**) of the students had used **chewing tobacco** or snuff on one or more of the past 30 days, and **11%** had used it on school property.
  - Ten percent (**10%**) of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

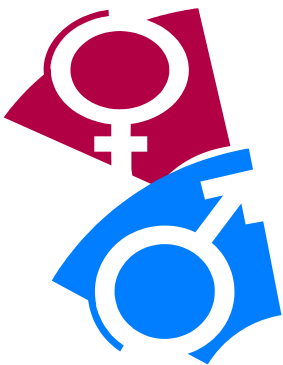
## ■ Key Findings (cont'd)

### Alcohol and Other Drug Use

- Sixty-seven percent (67%) of the students surveyed indicated they had **at least one drink** of alcohol other than just a few sips at least once during their lives, and **35%** had taken their **first drink** by the age of 13.
- Thirty-eight percent (38%) of the students had taken **at least one drink** of alcohol in the **month before** the survey, and **26%** had **five or more drinks** in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-one percent (31%) of the students said they **had used marijuana at least once** during their lives. Twelve percent (12%) said they had **smoked marijuana at least once during the last month**.
- Nineteen percent (19%) said they had **sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays** to get high **at least once** during their lives.
- Nine percent (9%) of the students surveyed had **tried methamphetamines**, **3% tried heroin**, and **6% had tried cocaine** at least once during their lives. Three percent (3%) had used a needle to inject an illegal drug into their bodies at least once.
- Three percent (3%) of the students surveyed had taken steroid pills or shots without a doctor's prescription.



### Sexual Activity



- Forty-six percent (46%) of the students who completed the survey said they **had sexual intercourse**.
- Sixteen percent (16%) of the students reported **having four or more sexual partners** during their lifetimes.
  - Of the students who had sexual intercourse, **19% had used drugs or alcohol** before their last sexual encounter, and **59% used a condom** the last time they had sex.

## ■ Key Findings (cont'd)

### Overweight and Weight Control

- Thirty-one percent (31%) of the students surveyed **were overweight**, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 31% of the students are considered overweight as measured by BMI, **36%** of the students **perceived** themselves as slightly to very **overweight**, and **48%** reported that they were **trying to lose weight**.
- Forty-two percent (42%) of the students **ate less** during the past 30 days to lose or keep from gaining weight, and **62% exercised**, **6% vomited** or took laxatives, **7% took diet pills**, and **14% went without eating** for 24 hours or more to lose weight or keep from gaining weight.

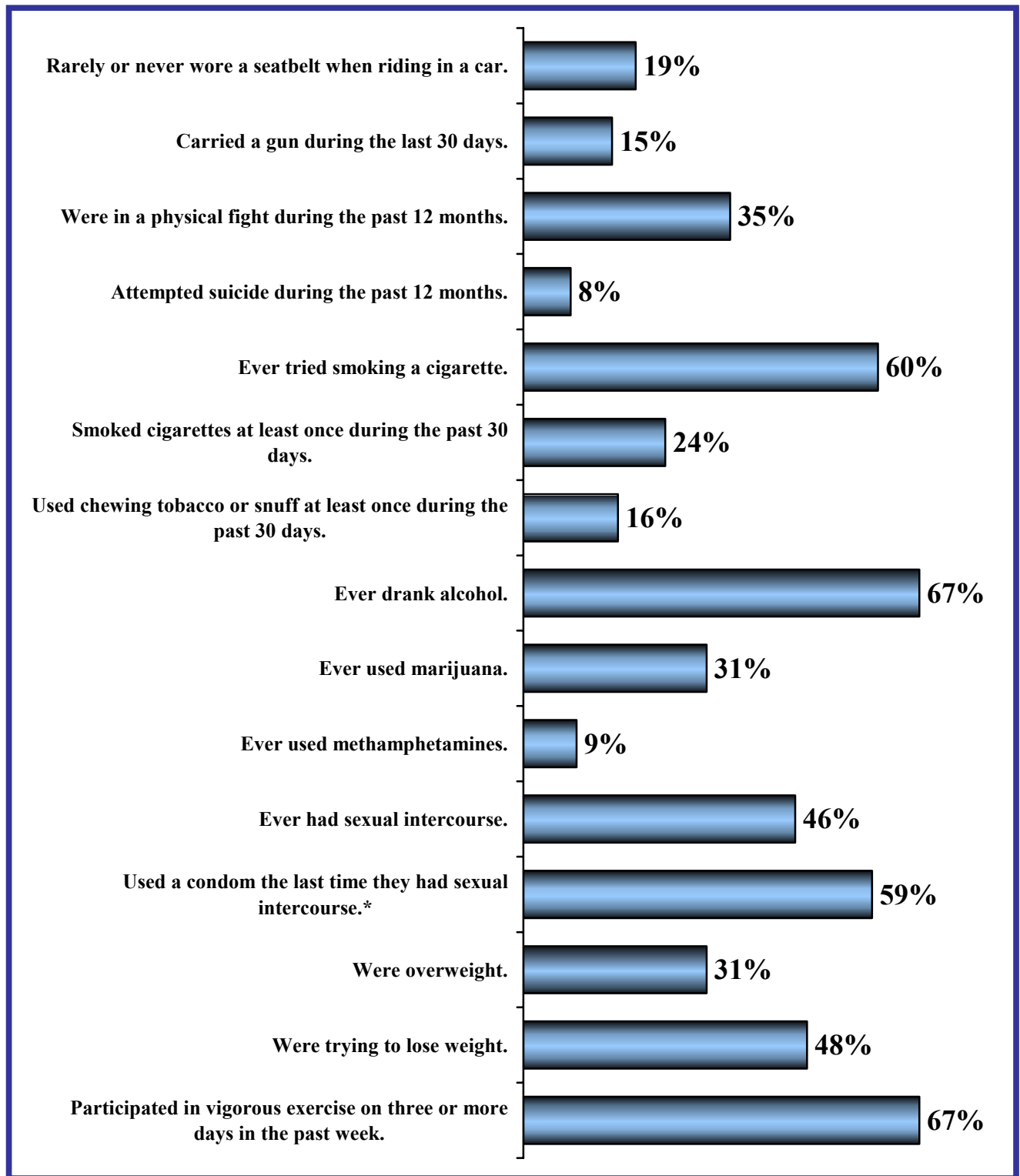


### Physical Activity



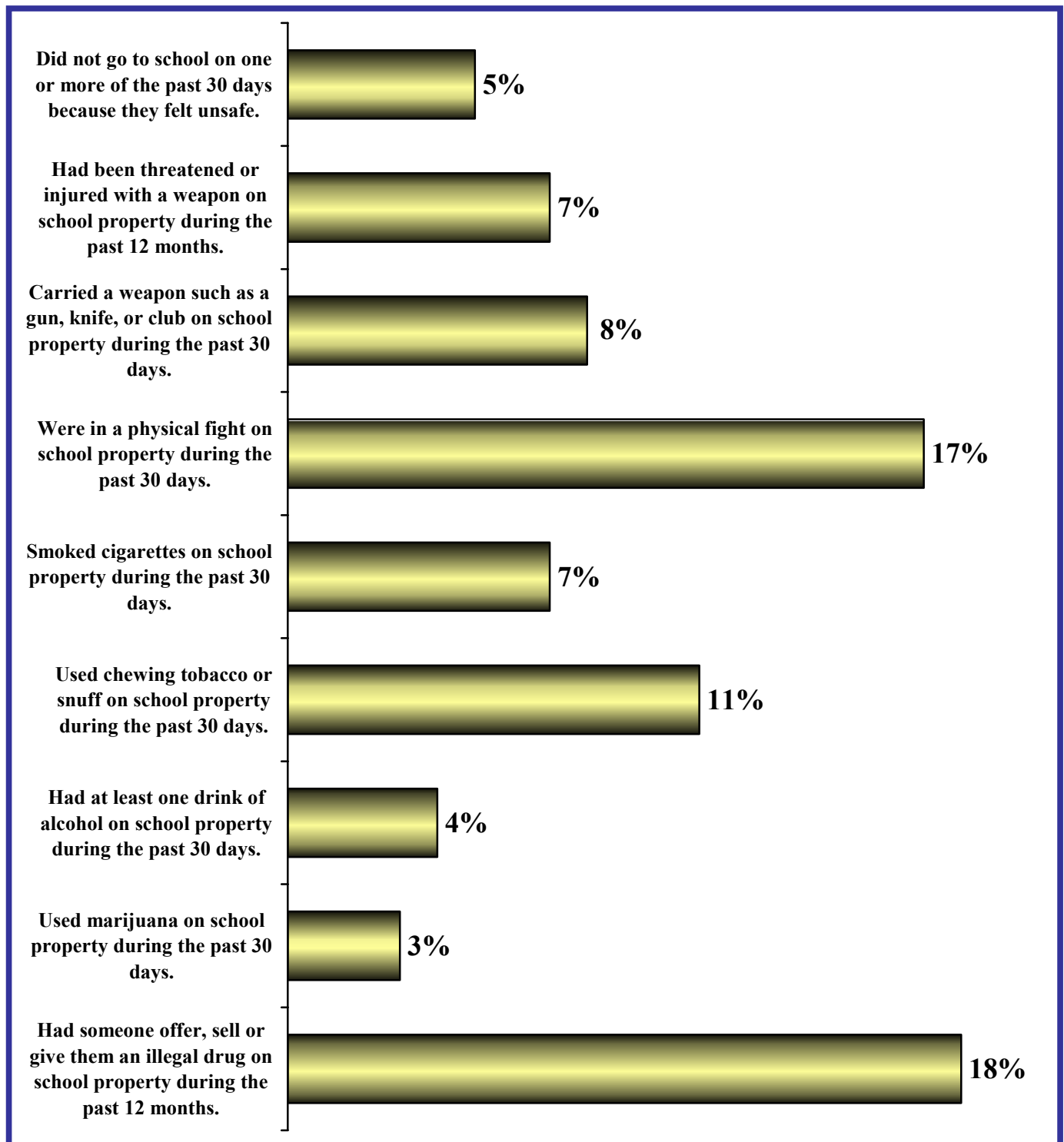
- Sixty-seven percent (67%) of the students surveyed said they had **participated in a physical activity** for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days.
  - Forty-nine percent (49%) said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
  - Fifty percent (50%) of the students attended a physical education (PE) class at least once during an average school week, and 65% said they had played on one or more sports teams during the past year.

Figure 1: Summary of Searcy County 2006 CYHS Findings



\* of those who had ever had sexual intercourse

Figure 2: Summary of Behaviors Relating to School Property





## Demographics of Survey Participants

Total number of survey participants = 382

Figure 3: Gender

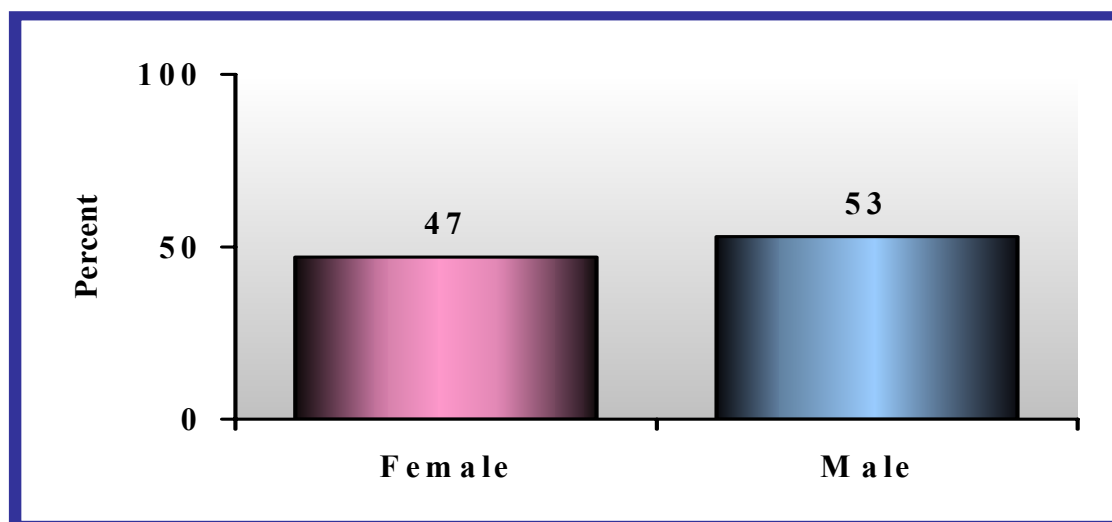
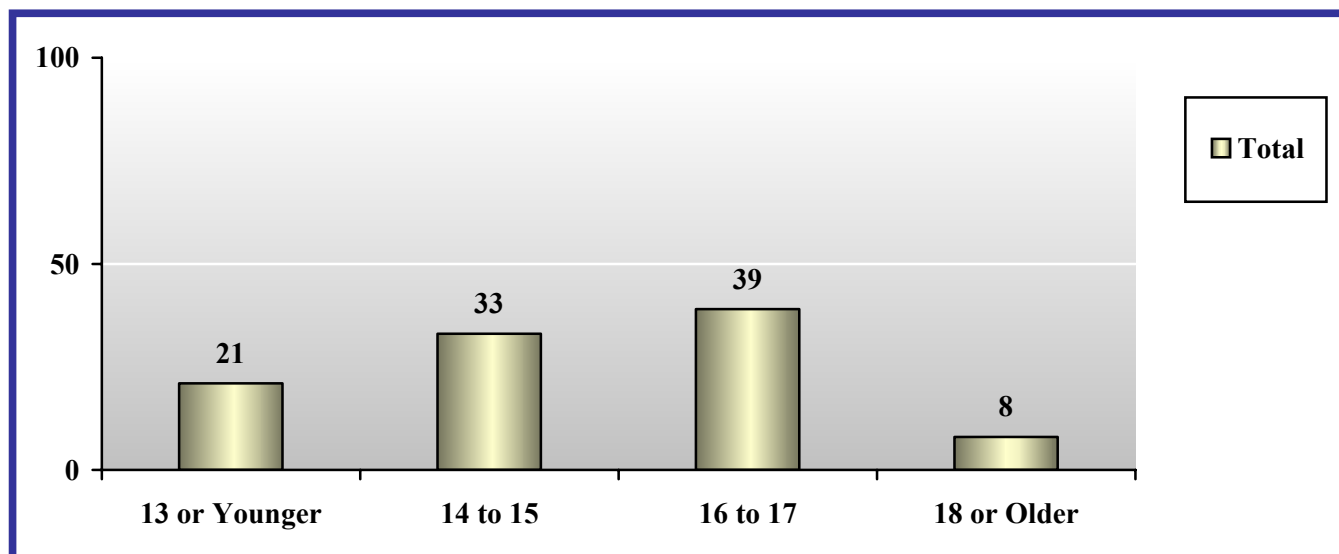


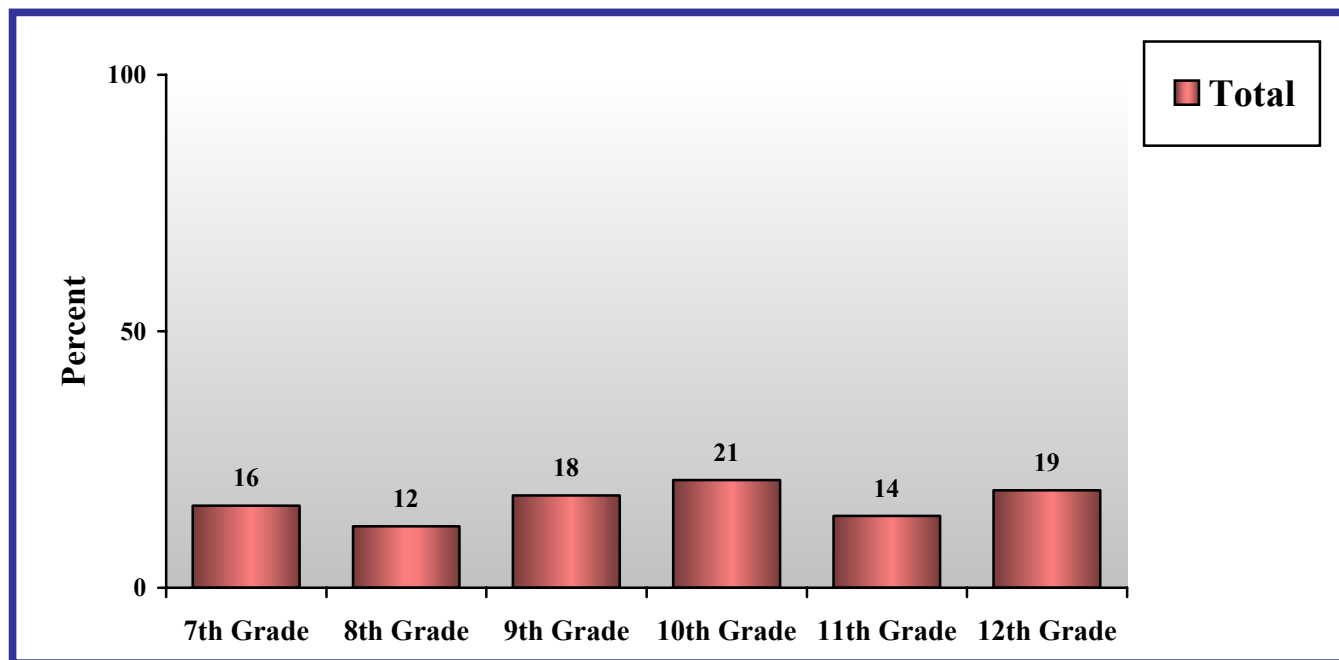
Figure 4: Age



## Demographics of Survey Participants (cont'd)

Total number of survey participants = 382

Figure 5: Grade



## Behaviors that Contribute to Unintentional Injuries

### Seat Belt Use:

- The percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

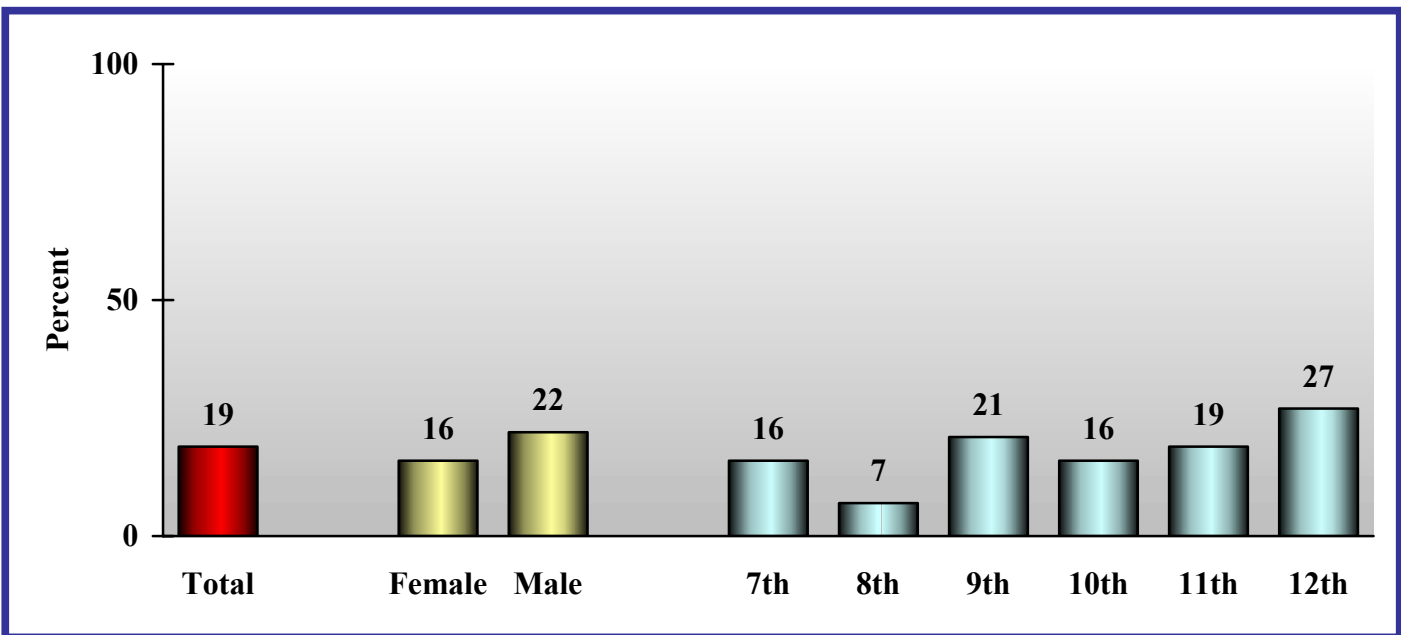
### Bicycle Helmet Use:

- Of the students who rode a bicycle during the past twelve months, the percentage who never or rarely wore a bicycle helmet.

Table 1: Unintentional Injuries – Seat Belt and Bicycle Helmet Use

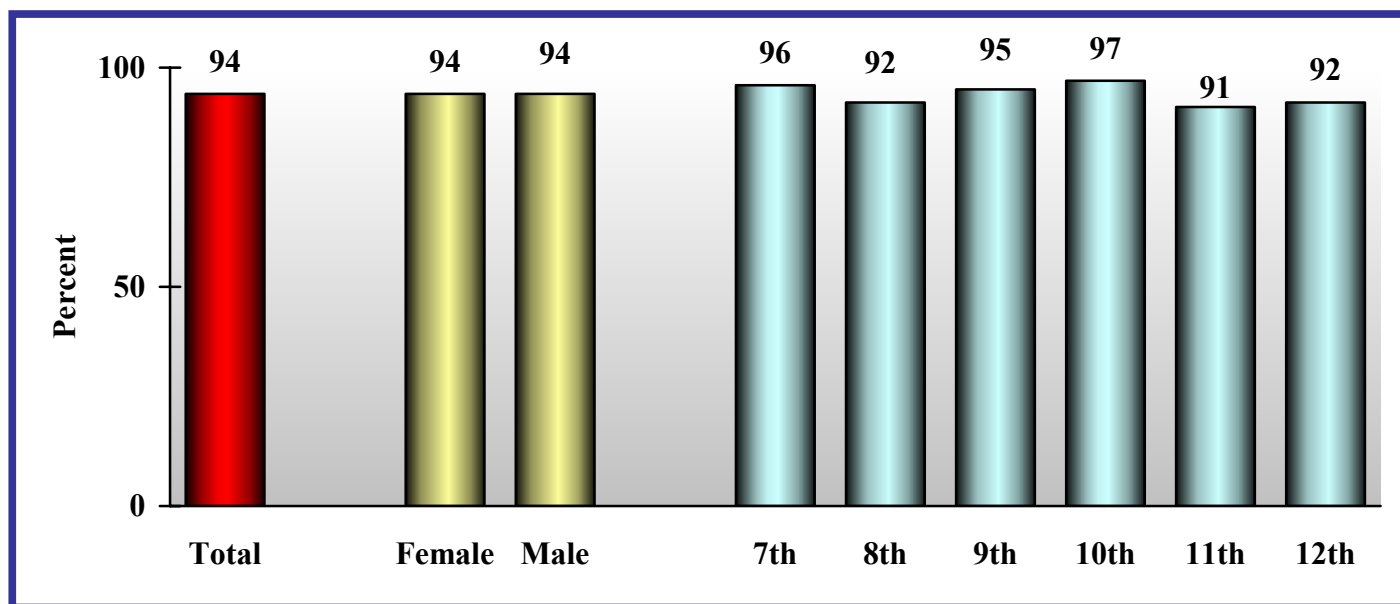
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Never or rarely wore a seat belt	19	16	22	16	7	21	16	19	27
Never or rarely wore a bicycle helmet	94	94	94	96	92	95	97	91	92

Figure 6: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



## Behaviors that Contribute to Unintentional Injuries (cont'd)

**Figure 7:** Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



## Behaviors that Contribute to Unintentional Injuries (cont'd)

Rode with a Driver who had been drinking Alcohol:

- The percentage of students who during the past thirty days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.

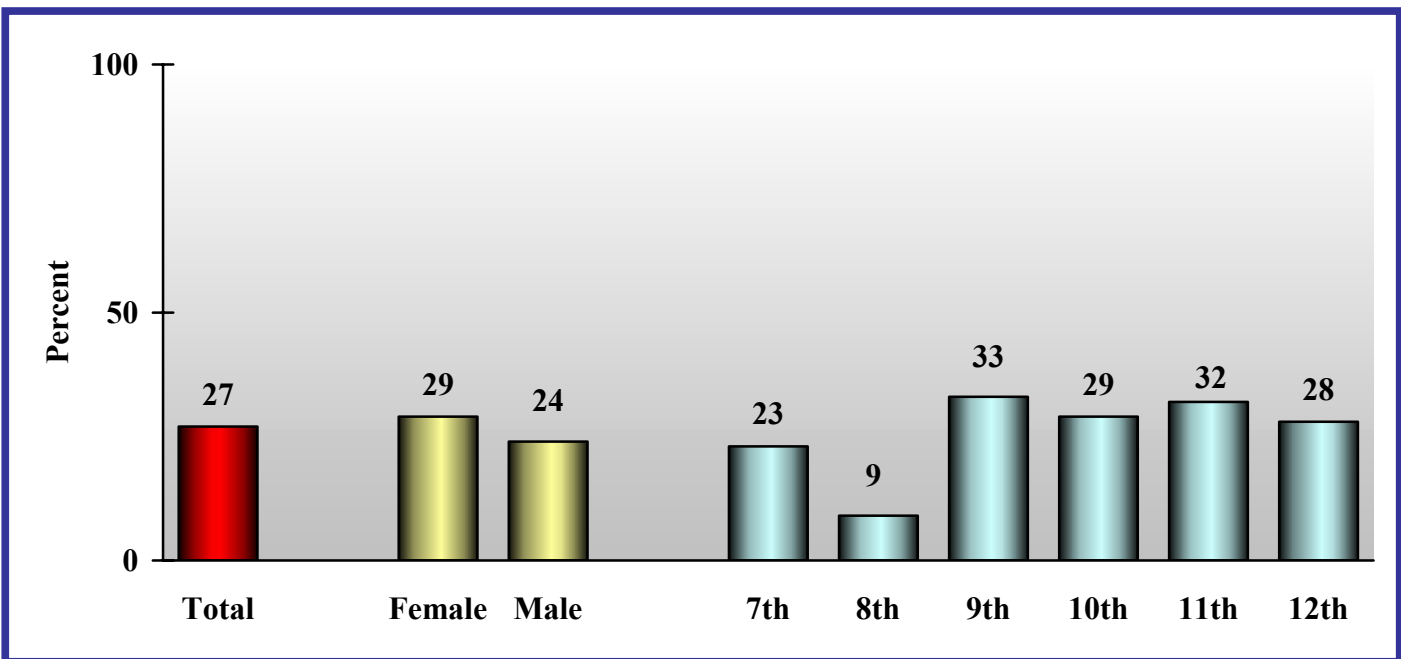
Drink and Driving:

- Percentage of students who during the past thirty days drove a car or other vehicle one or more times when they had been drinking alcohol.

**Table 2:** Unintentional Injuries – Drink and Driving

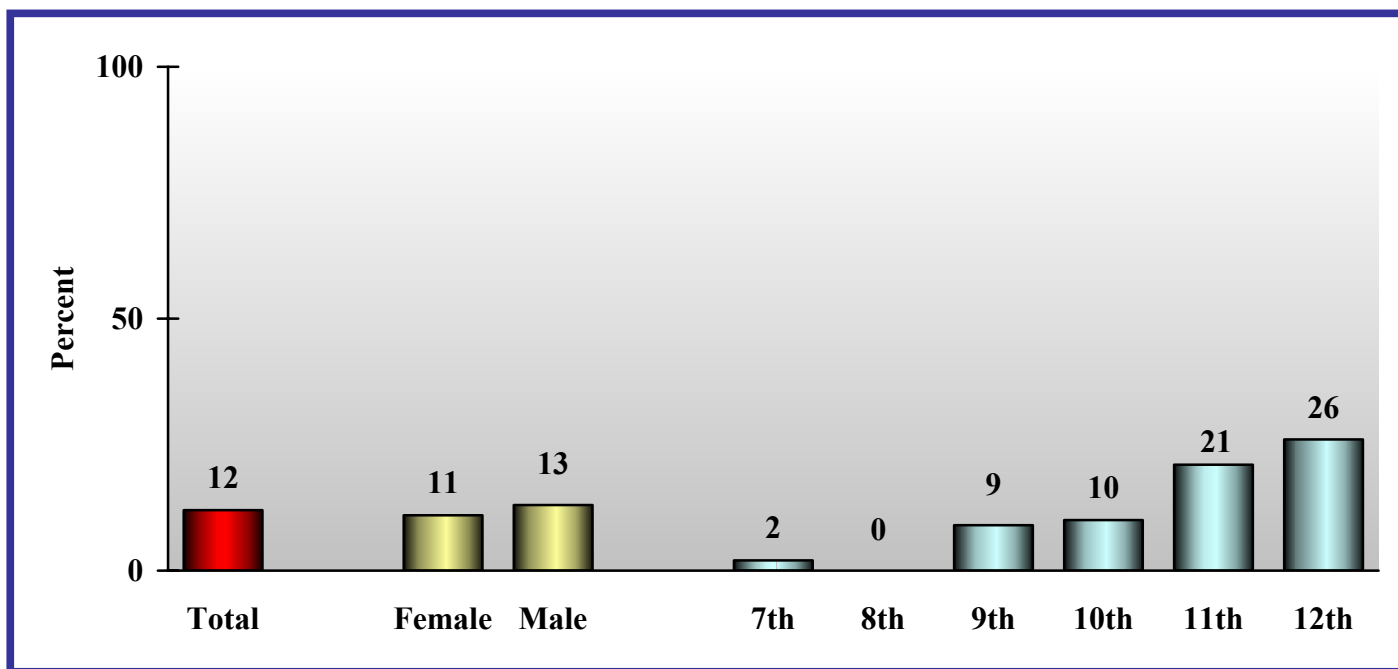
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Rode with a driver who had been drinking alcohol	27	29	24	23	9	33	29	32	28
Drink and driving	12	11	13	2	0	9	10	21	26

**Figure 8:** Percentage of students who during the past thirty days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



## Behaviors that Contribute to Unintentional Injuries (cont'd)

**Figure 9:** Percentage of students who during the past thirty days drove a car or other vehicle one or more times when they had been drinking alcohol.



## Behaviors that Contribute to Violence

Carried a weapon:

- The percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past thirty days.

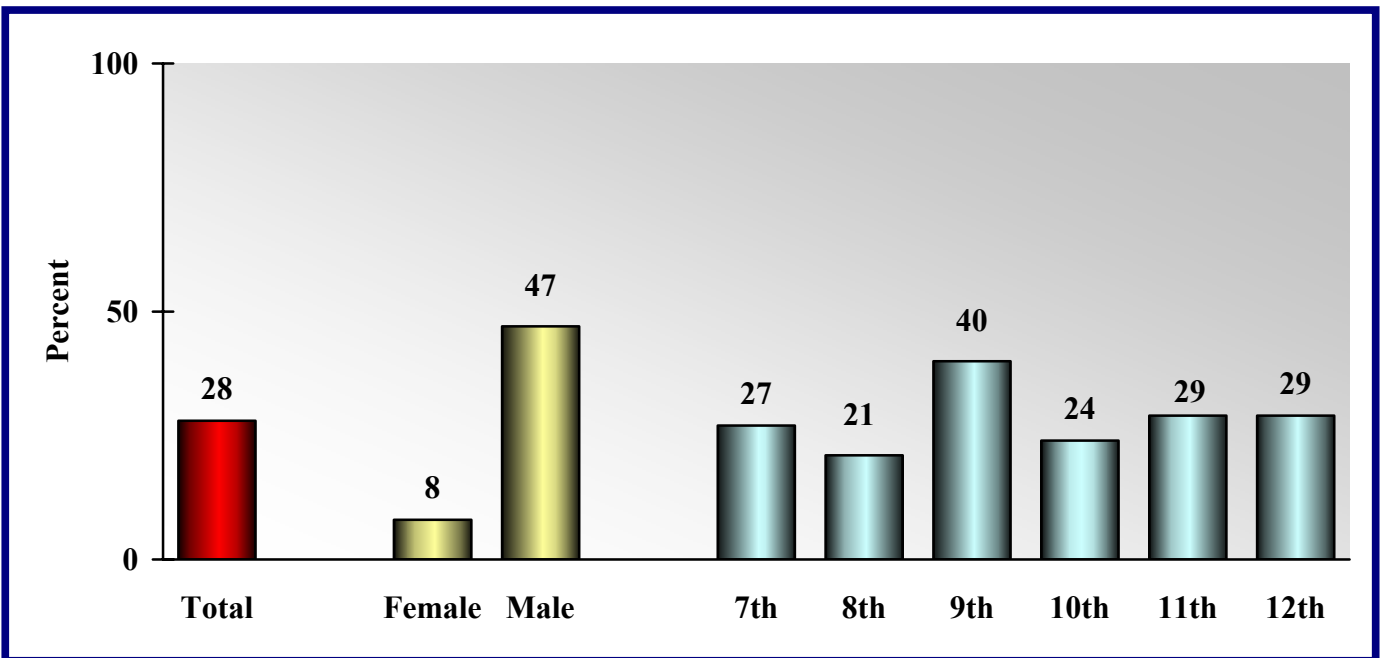
Carried a gun:

- Percentage of students who carried a gun on one or more of the past thirty days.

Table 3: Behaviors that Contribute to Violence - Carrying a Weapon or Gun

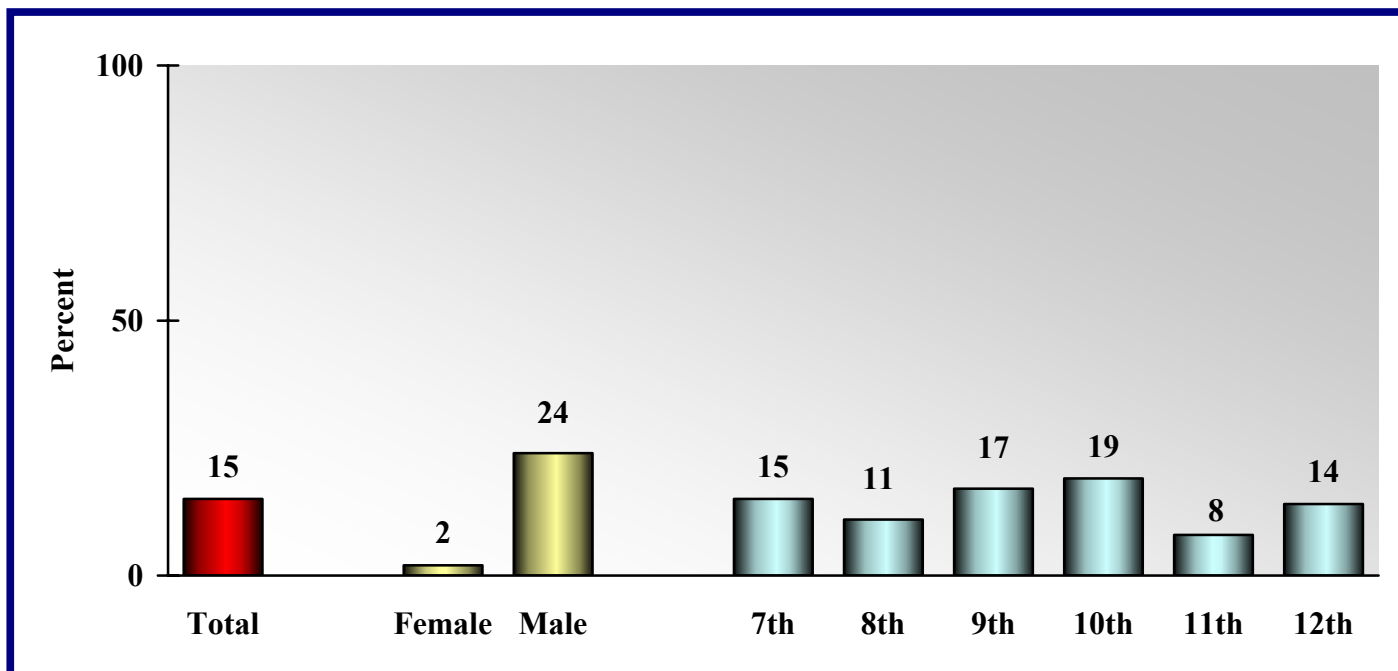
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon	28	8	47	27	21	40	24	29	29
Carried a gun	15	2	24	15	11	17	19	8	14

Figure 10: Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past thirty days.



## Behaviors that Contribute to Violence (cont'd)

**Figure 11:** Percentage of students who carried a gun on one or more of the past thirty days.





## Behaviors that Contribute to Violence (cont'd)

### In a Physical Fight:

- The percentage of students who were in a physical fight one or more times during the past twelve months.

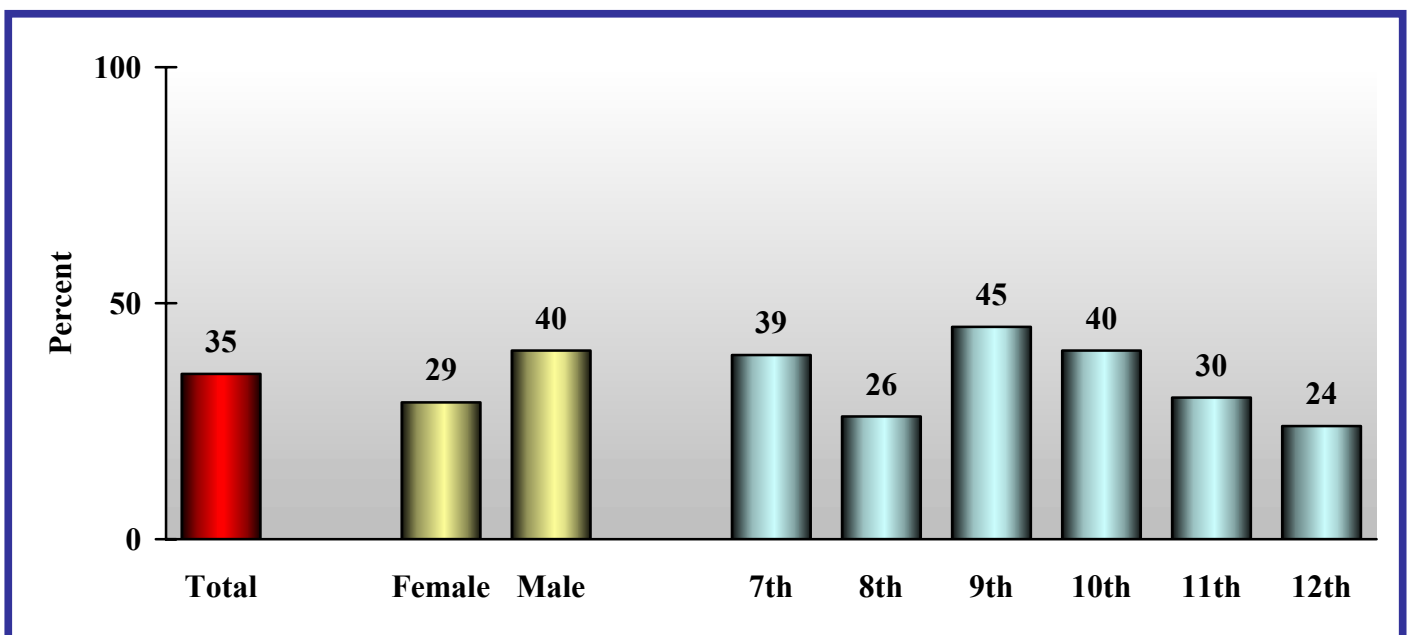
### Injured in a Physical Fight:

- Of the students who had been in a physical fight in the past twelve months, the percentage who had to be treated by a doctor or nurse one or more times.

Table 4: Behaviors that Contribute to Violence – Physical Fighting

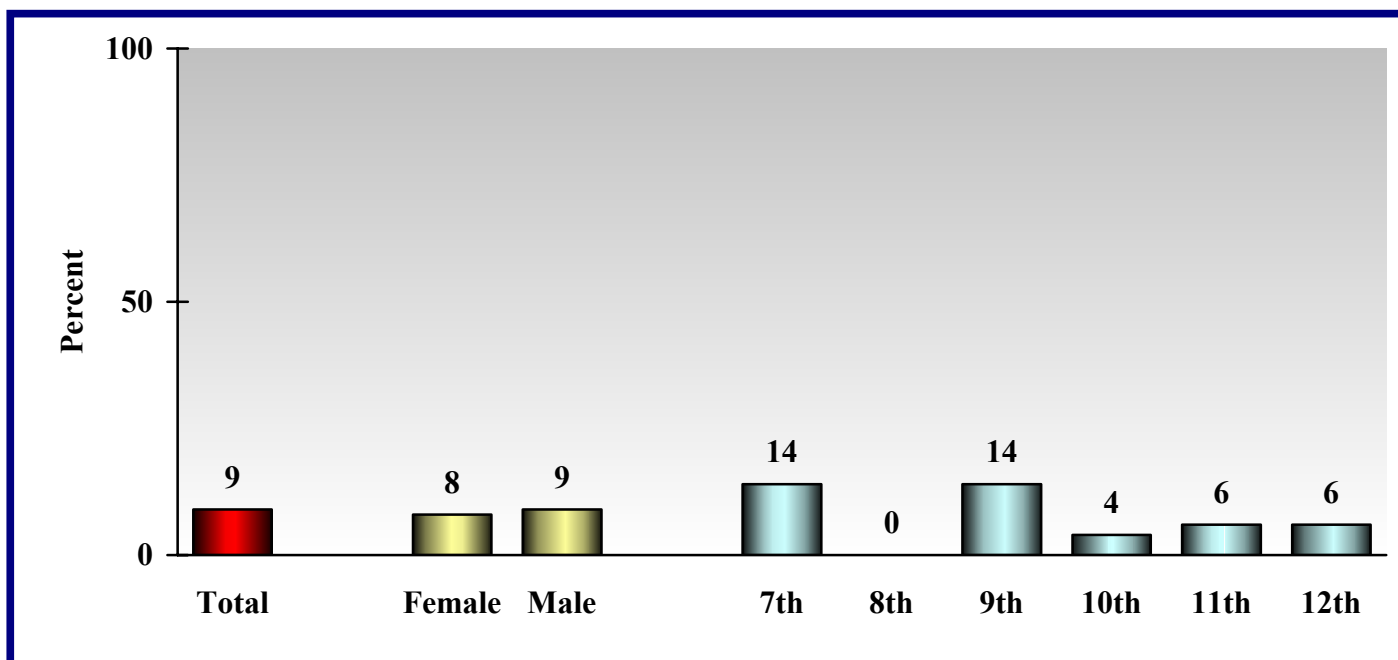
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
In a physical fight	35	29	40	39	26	45	40	30	24
Injured in a physical fight	9	8	9	14	0	14	4	6	6

Figure 12: The percentage of students who were in a physical fight one or more times during the past twelve months.



## Behaviors that Contribute to Violence (cont'd)

**Figure 13:** Of students who had been in a physical fight in the past twelve months, the percentage who had had to be treated by a doctor or nurse one or more times.



## Behaviors that Contribute to Violence (cont'd)

### Dating Violence:

- The percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.

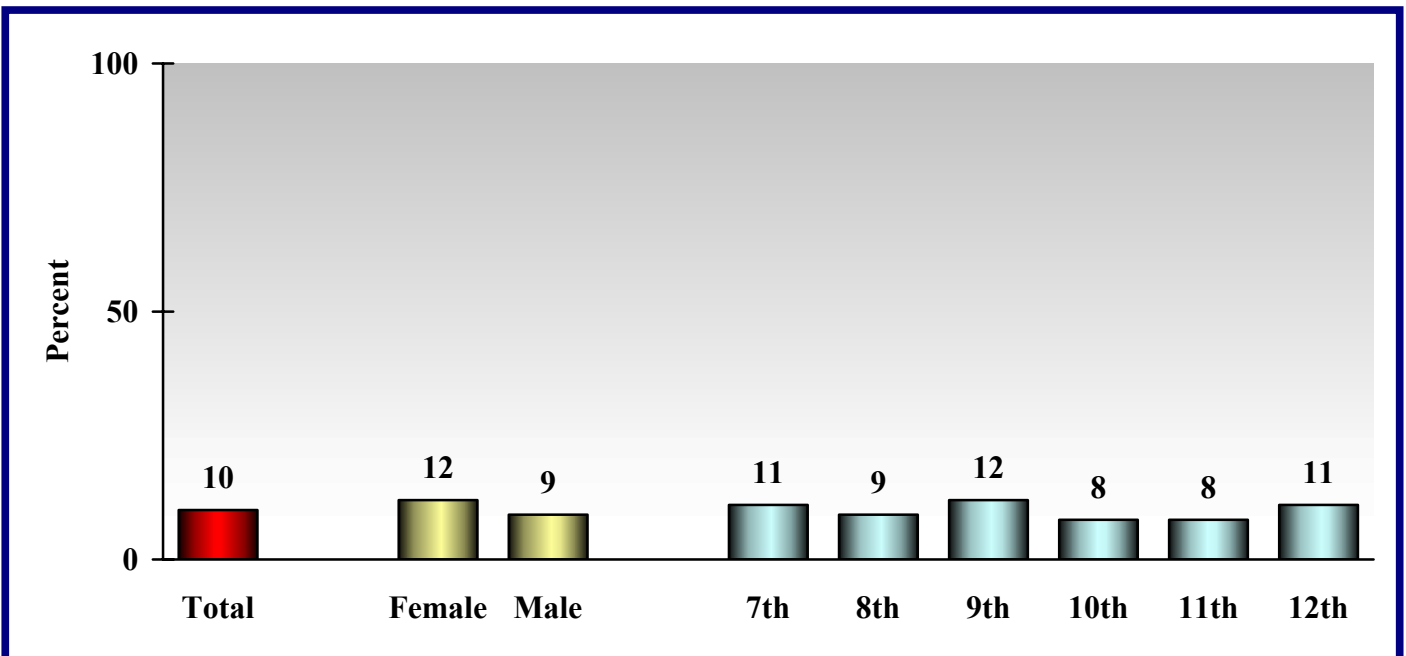
### Forced to have Sexual Intercourse:

- Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

Table 5: Behaviors that Contribute to Violence – Dating Violence and Forced Sexual Intercourse

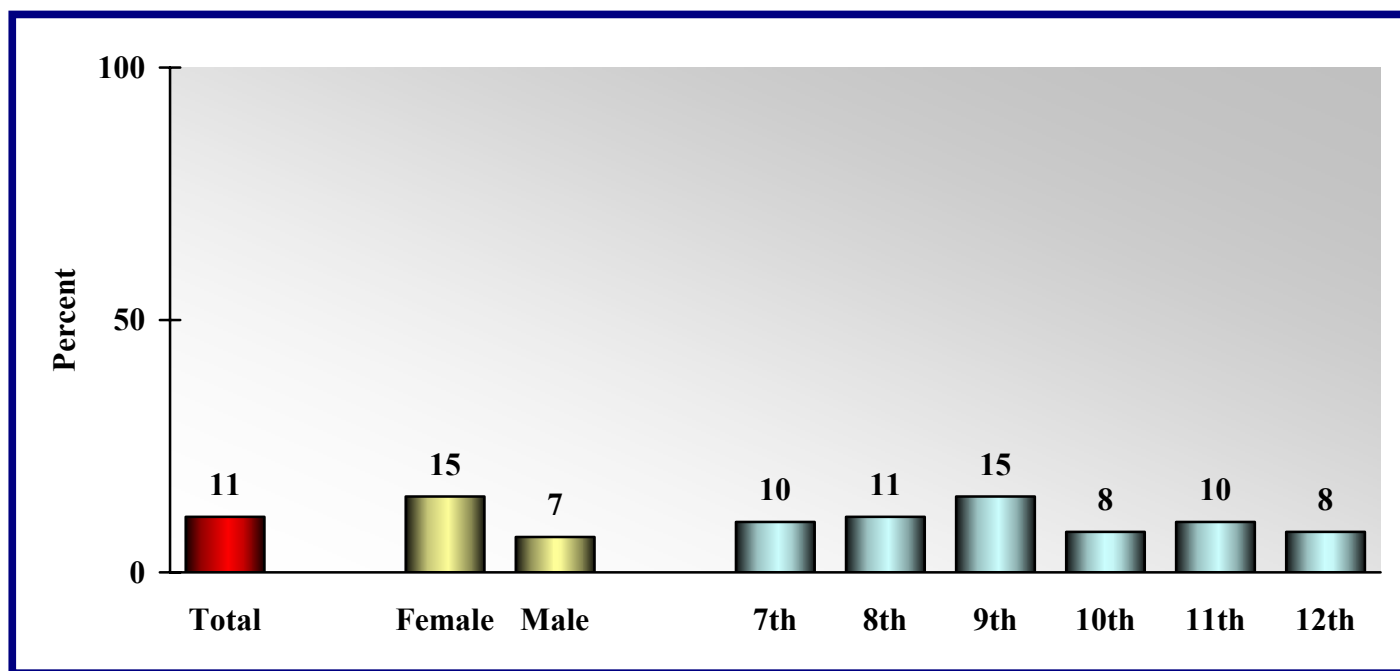
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Dating violence	10	12	9	11	9	12	8	8	11
Forced sexual intercourse	11	15	7	10	11	15	8	10	8

Figure 14: The percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend



## Behaviors that Contribute to Violence (cont'd)

**Figure 15:** Percentage of students who have ever been forced to have sexual intercourse when they did not want to.



## Depression and Suicide

### Felt Sad or Hopeless:

- The percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities during the past twelve months.

### Seriously Considered Attempting Suicide:

- Percentage of students who seriously considered attempting suicide during the past twelve months.

### Made a Suicide Plan:

- The percentage of students who made a plan about how they would attempt suicide during the past twelve months.

### Attempted Suicide:

- Percentage of students who actually attempted suicide one or more times during the past twelve months.

### Treated suicide attempt:

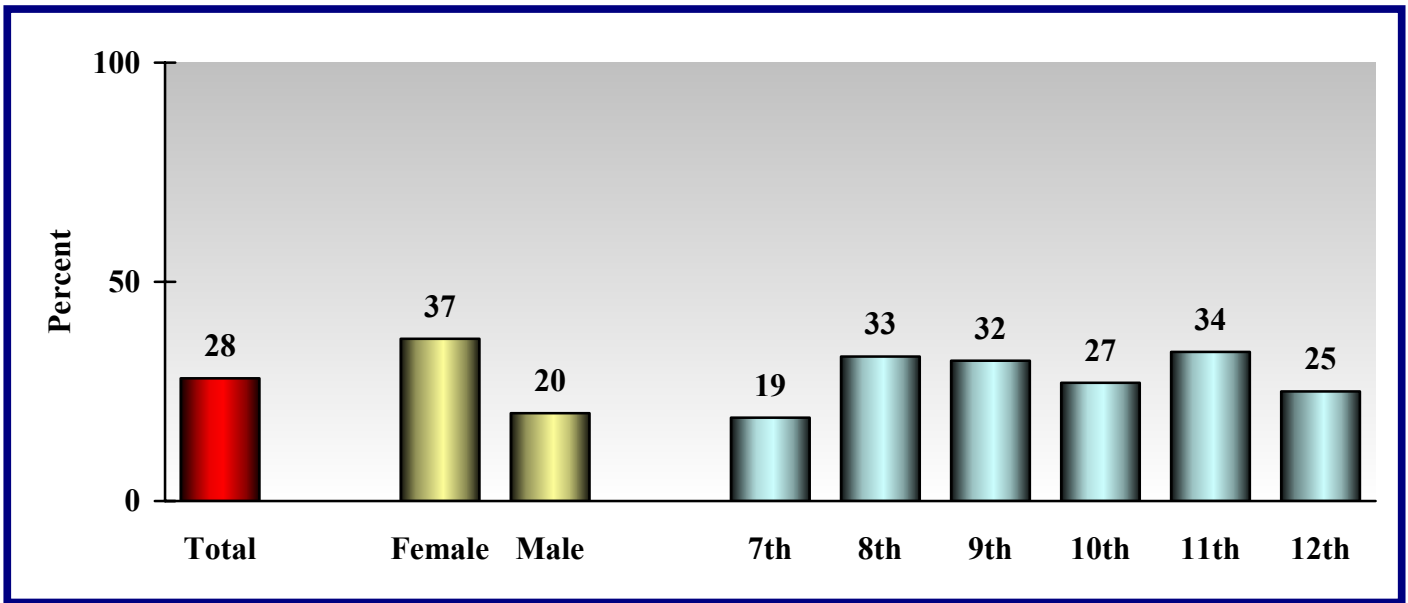
- Percentage of students who attempted suicide during the past twelve months resulting in injury, poisoning, or overdose that had to be treated by a doctor or nurse.

Table 6: Depression and Suicide

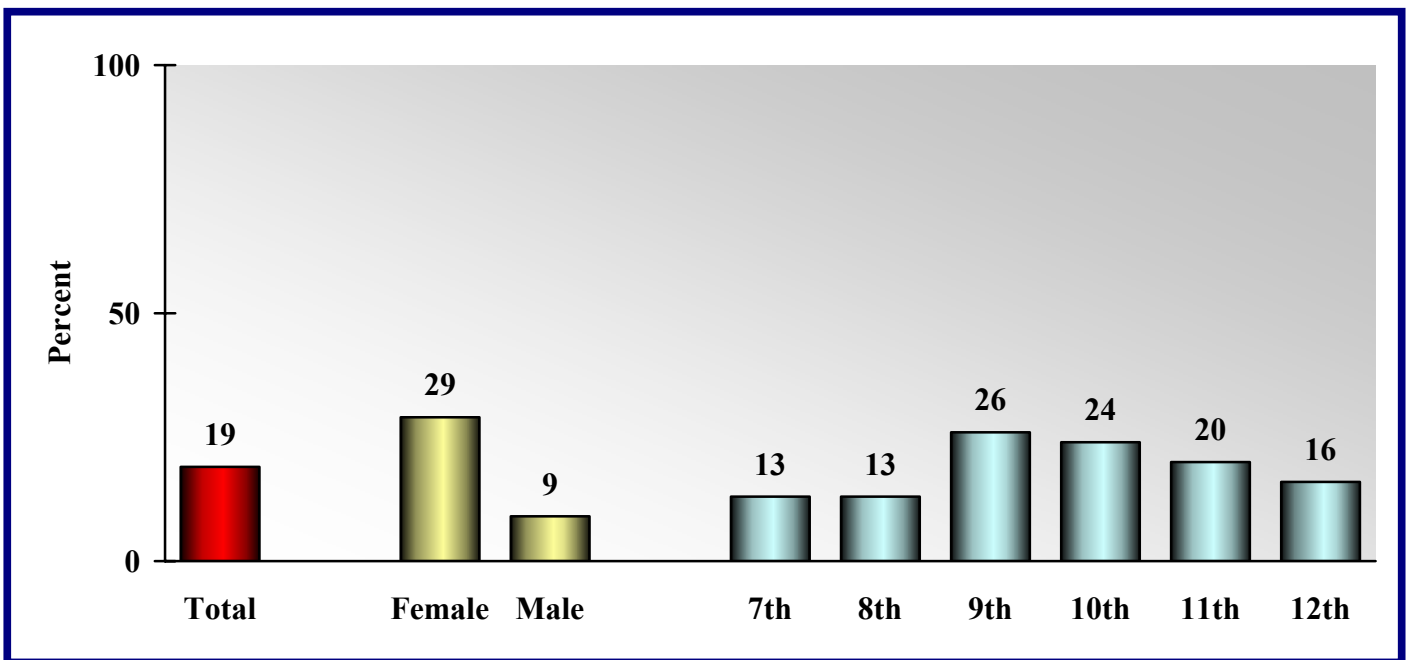
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Felt sad or hopeless	28	37	20	19	33	32	27	34	25
Seriously considered attempting suicide	19	29	9	13	13	26	24	20	16
Made a suicide plan	14	18	9	12	13	17	12	9	18
Attempted suicide	8	12	4	6	4	9	15	5	6
Treated suicide attempt	3	3	2	4	0	2	5	2	0

## Depression and Suicide (cont'd)

**Figure 16:** Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities during the past twelve months.

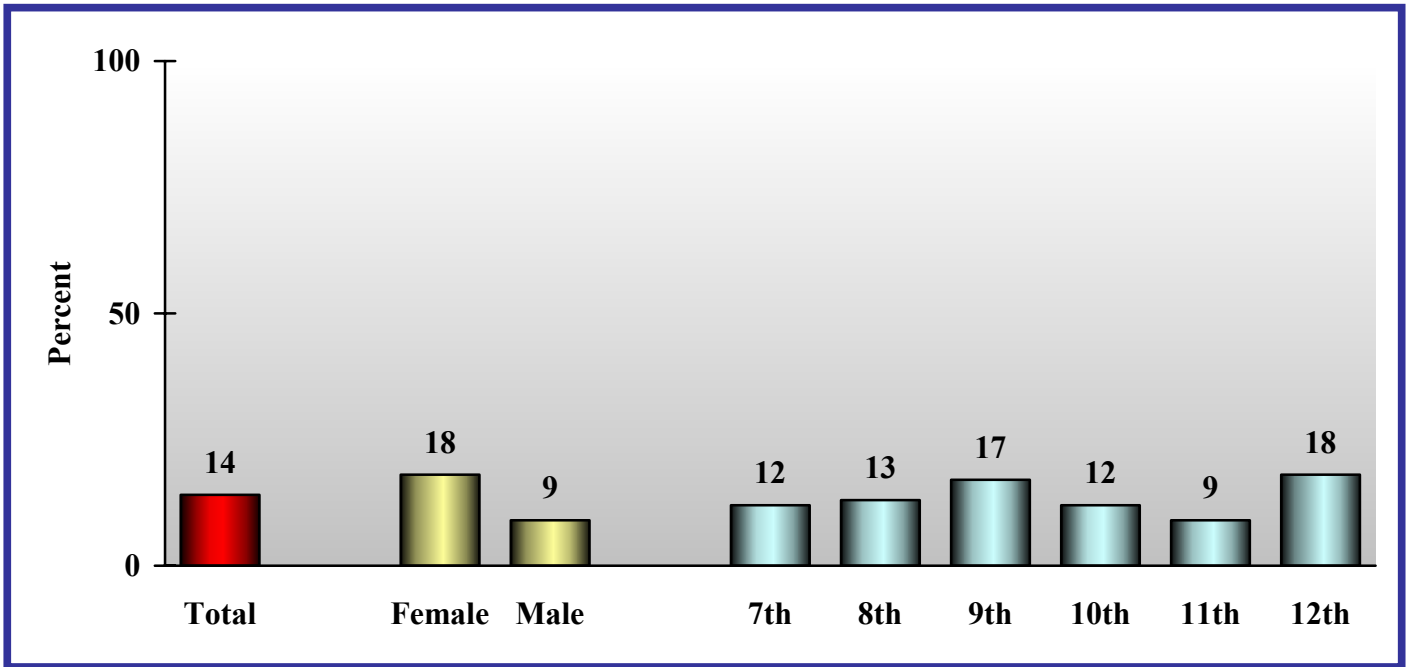


**Figure 17:** Percentage of students who seriously considered attempting suicide during the past twelve months.

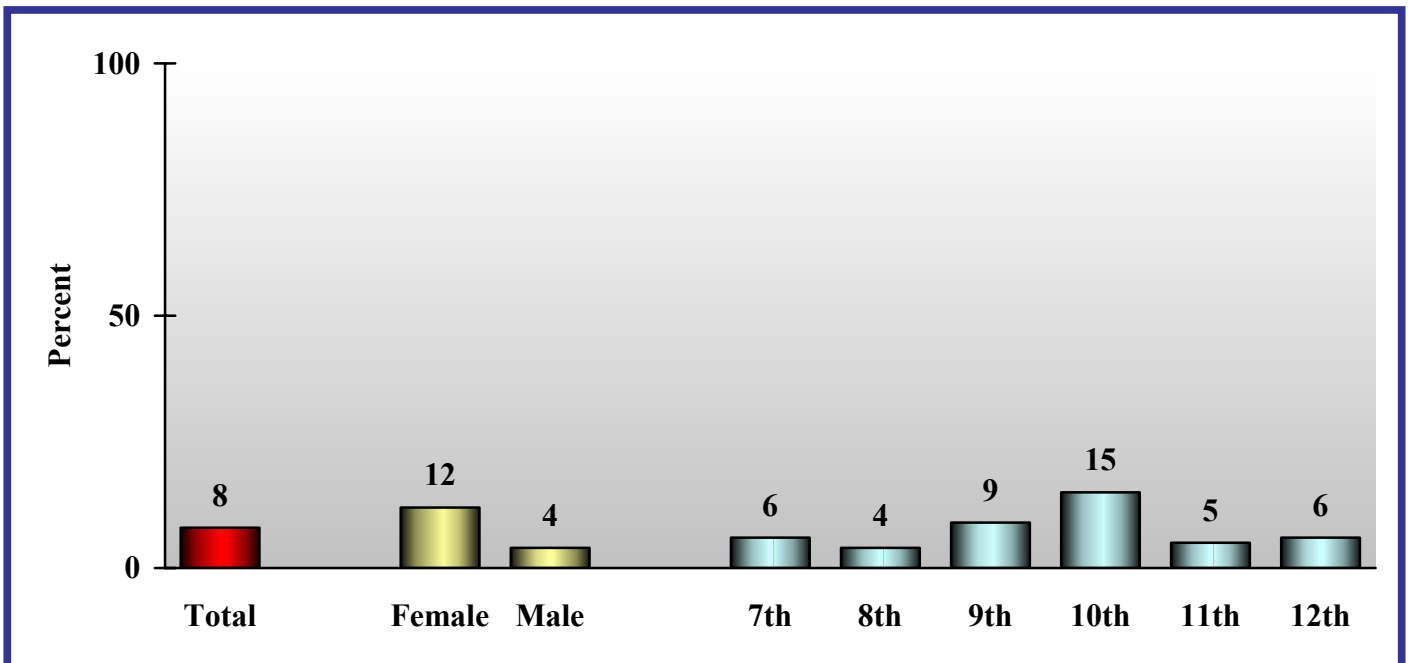


## Depression and Suicide (cont'd)

**Figure 18:** Percentage of students who made a plan about how they would attempt suicide during the past twelve months.

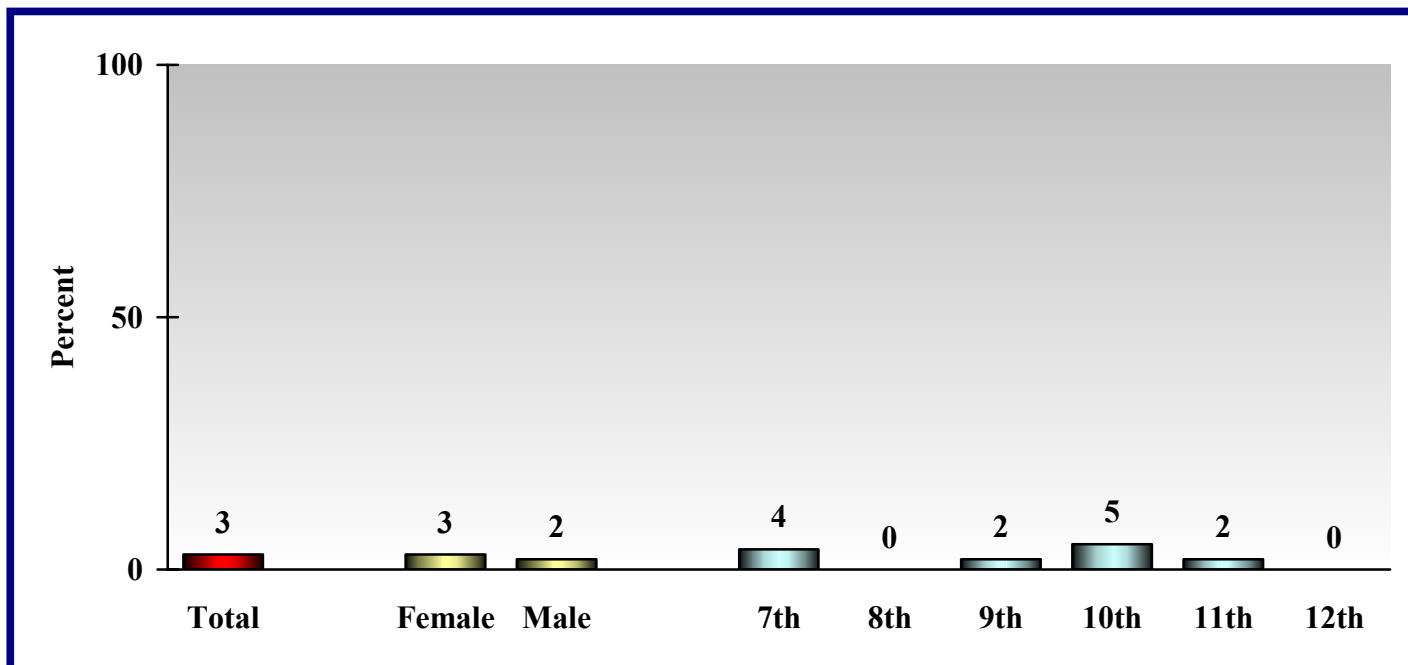


**Figure 19:** Percentage of students who actually attempted suicide one or more times during the past twelve months.



## Depression and Suicide (cont'd)

**Figure 20:** Percentage of students who attempted suicide during the past twelve months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.





## Tobacco Use – Cigarette Smoking

### Lifetime Cigarette Smoking:

- The percentage of students who ever tried cigarette smoking, even one or two puffs.

### Early Initiation – Cigarette Smoking:

- Percentage of students who smoked a whole cigarette for the first time before age thirteen.

### Current Cigarette Use:

- The percentage of students who smoked cigarettes on one or more of the past thirty days

### Smoked > 2 Cigarettes/Day:

- Of the students who smoked during the past thirty days, the percentage that smoked two or more cigarettes per day on the days they smoked.

### Personally bought Cigarettes:

- Of students who smoked during the past thirty days, the percentage who usually got their own cigarettes by buying them in a store or gas station.

### Tried to Quit Smoking Cigarettes

- Of the students who smoked regularly, the percentage who ever tried to quit smoking cigarettes.

**Table 7:** Tobacco Use – Cigarette Smoking

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime cigarette smoking	60	62	58	49	39	63	61	62	74
Early initiation – cigarette smoking	29	28	28	33	17	28	34	24	25
Current cigarette use	24	25	23	20	7	26	27	21	37
Smoked > 2 cigarettes/day	80	75	83	82	67	82	84	91	72
Personally bought cigarettes	17	2	33	0	0	6	5	18	42
Tried to quit smoking cigarettes	69	74	61	88	100	56	65	50	75

## Tobacco Use – Cigarette Smoking (cont'd)

Figure 21: Percentage of students who ever tried cigarette smoking, even one or two puffs.

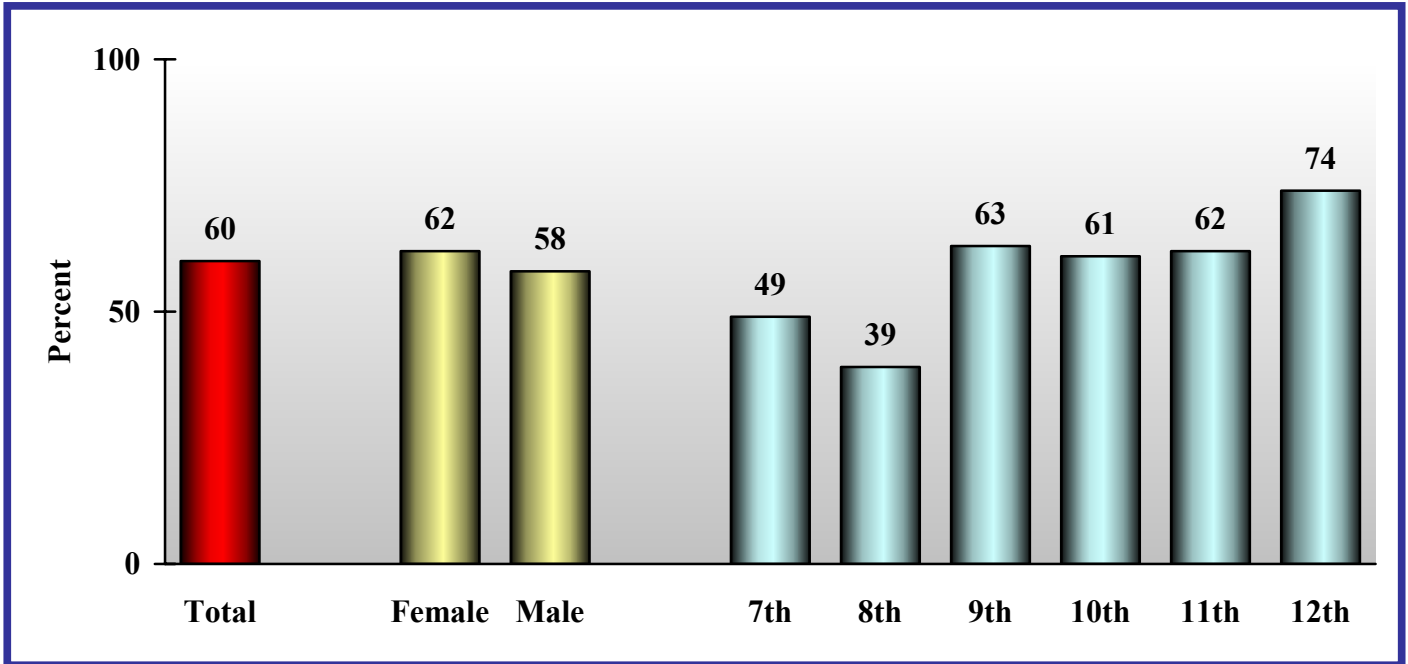
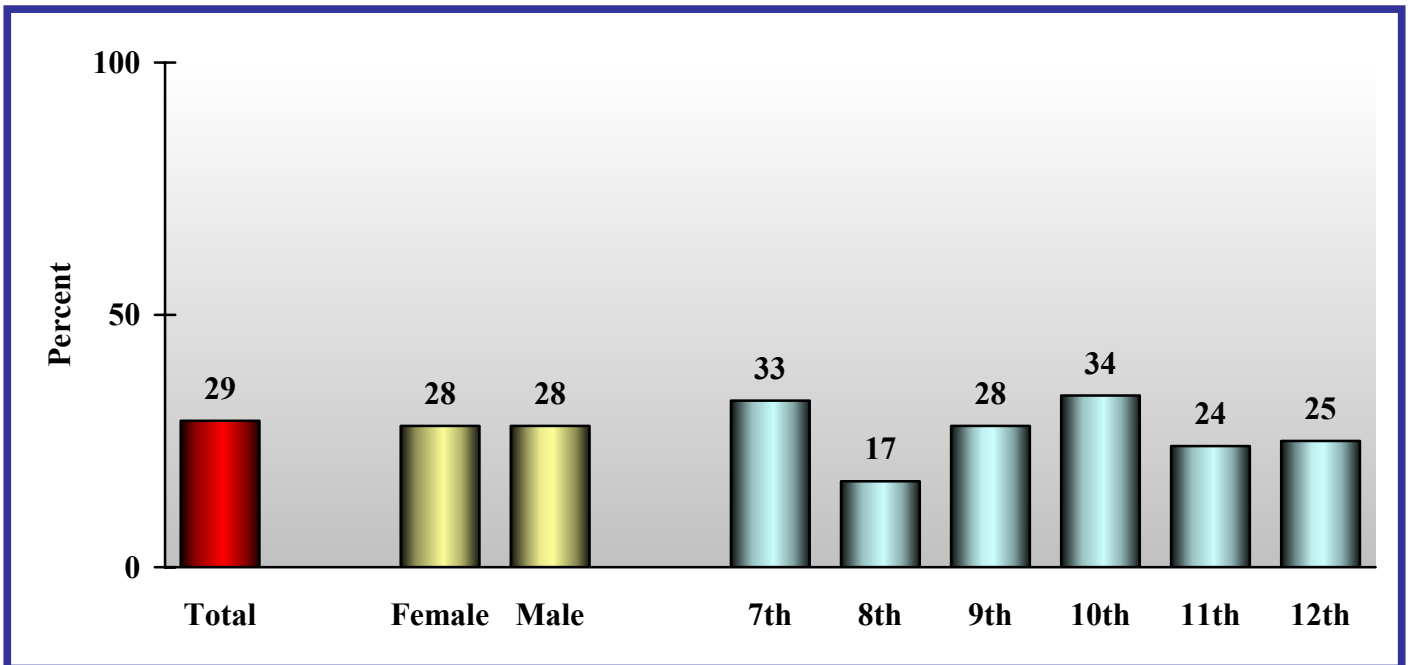
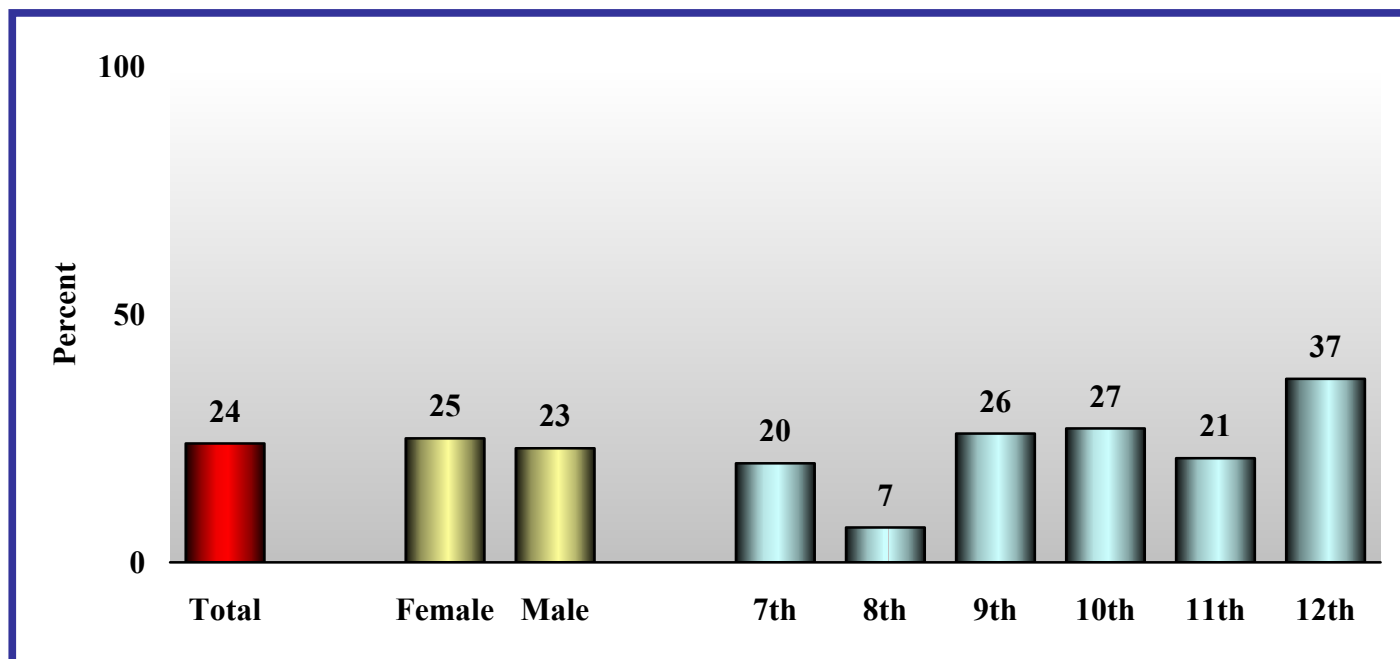


Figure 22: Percentage of students who smoked a whole cigarette for the first time before age thirteen.

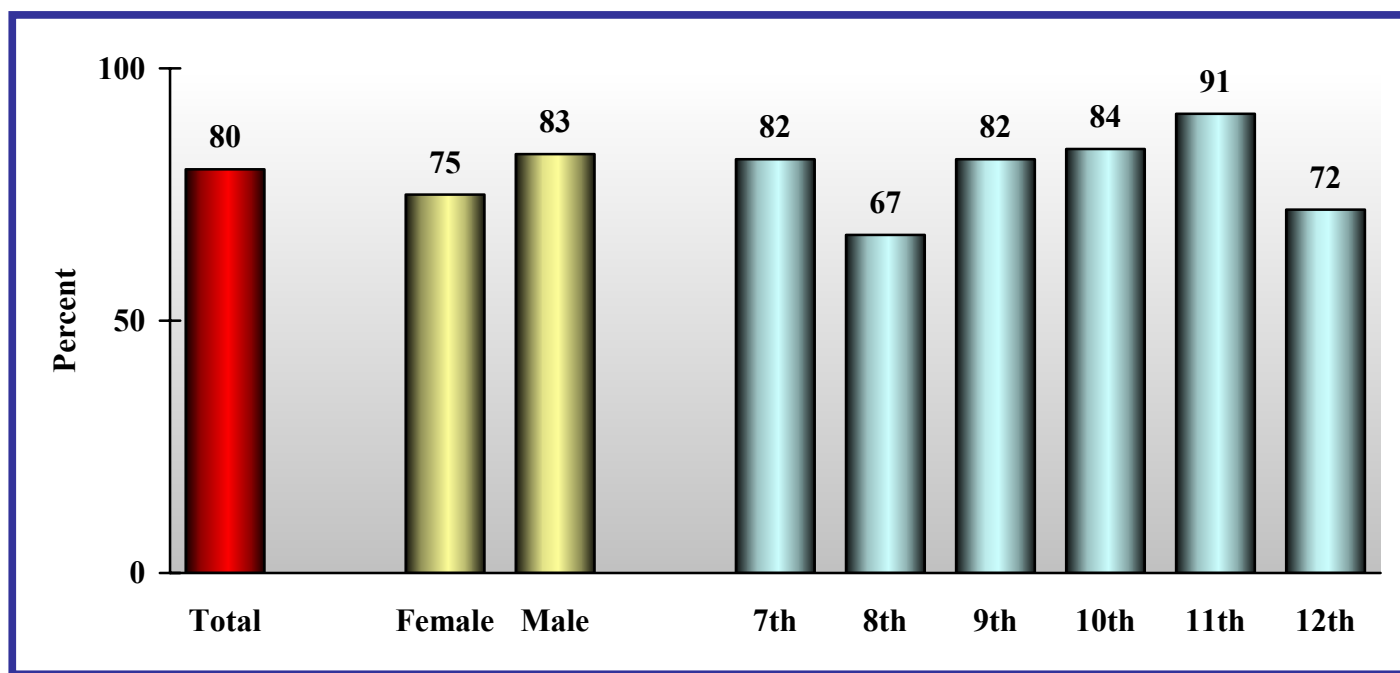


## Tobacco Use – Cigarette Smoking (cont'd)

**Figure 23:** Percentage of students who smoked cigarettes on one or more of the past thirty days.

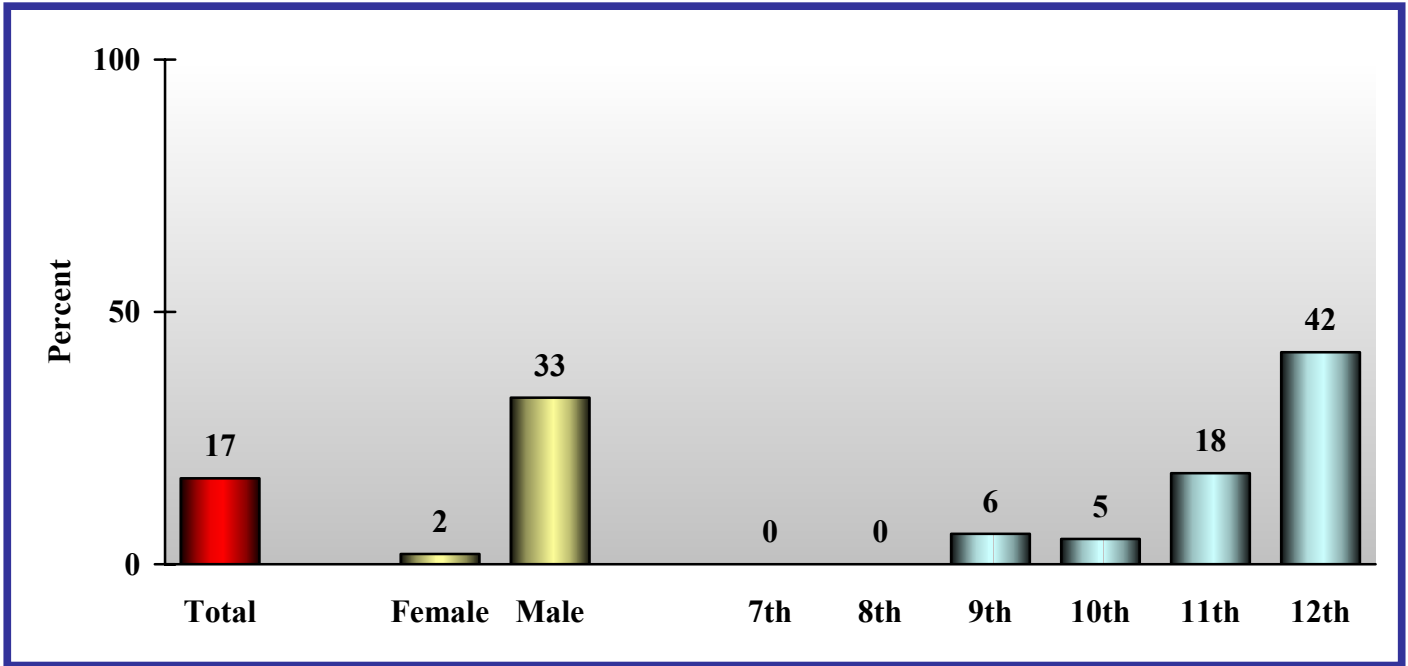


**Figure 24:** Of the students who smoked during the past thirty days, the percentage that smoked two or more cigarettes per day on the days they smoked.

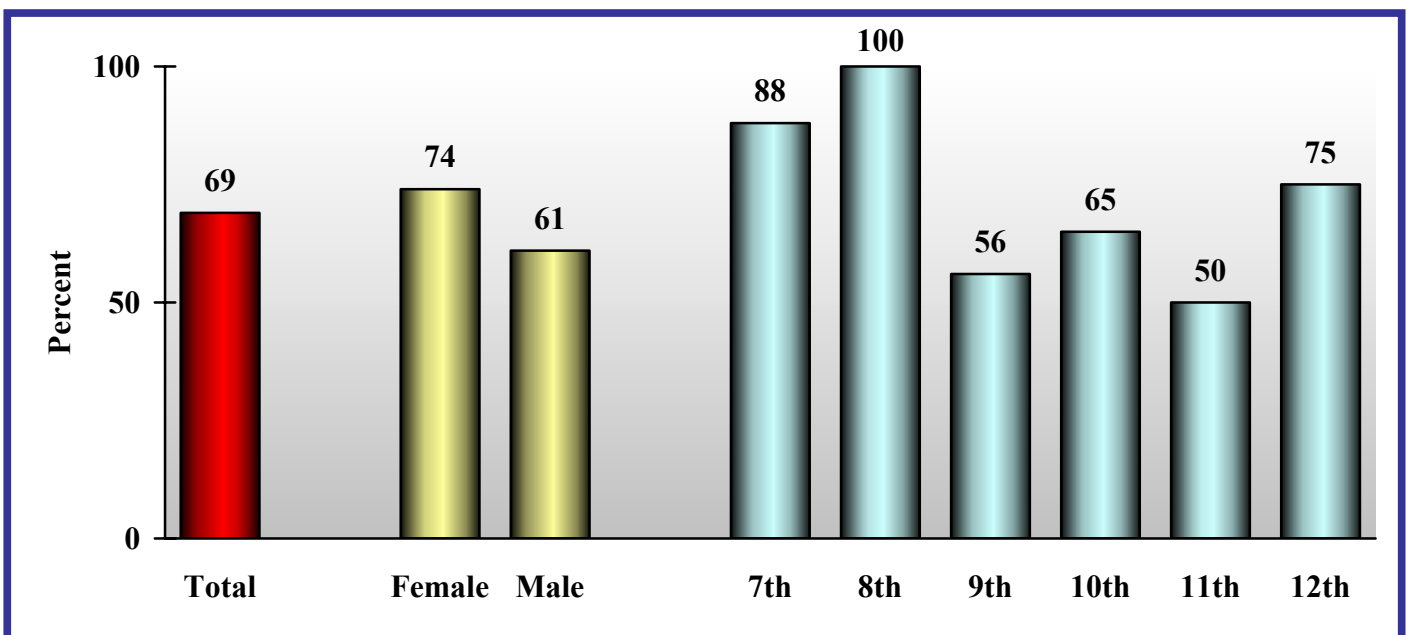


## Tobacco Use – Cigarette Smoking (cont'd)

**Figure 25:** Of students who smoked during the past thirty days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past thirty days.



**Figure 26:** Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes during the past twelve months.



## Tobacco Use – Other Uses

### Current Smokeless Tobacco Use:

- Percentage of students who used chewing tobacco or snuff on one or more of the past thirty days.

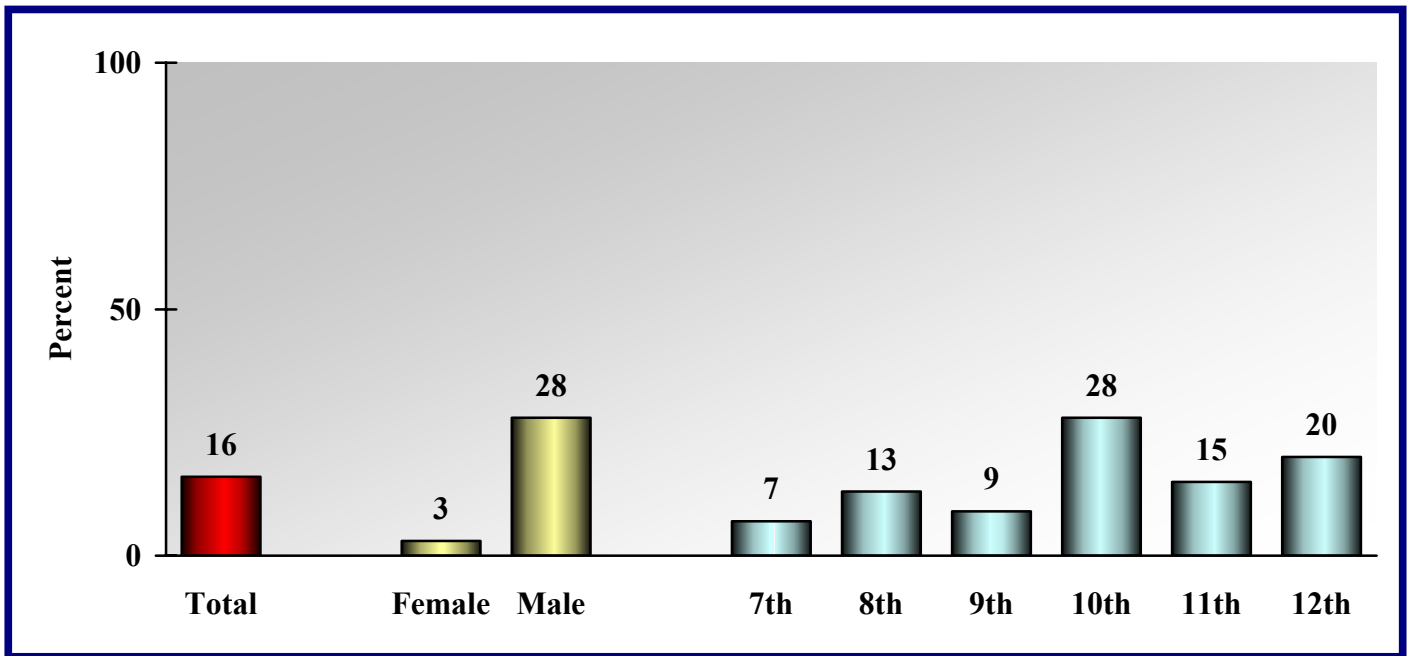
### Current Cigar Use:

- Percentage of students who smoked cigars, cigarillos, or little cigars during the past thirty days.

Table 8: Other Tobacco Uses

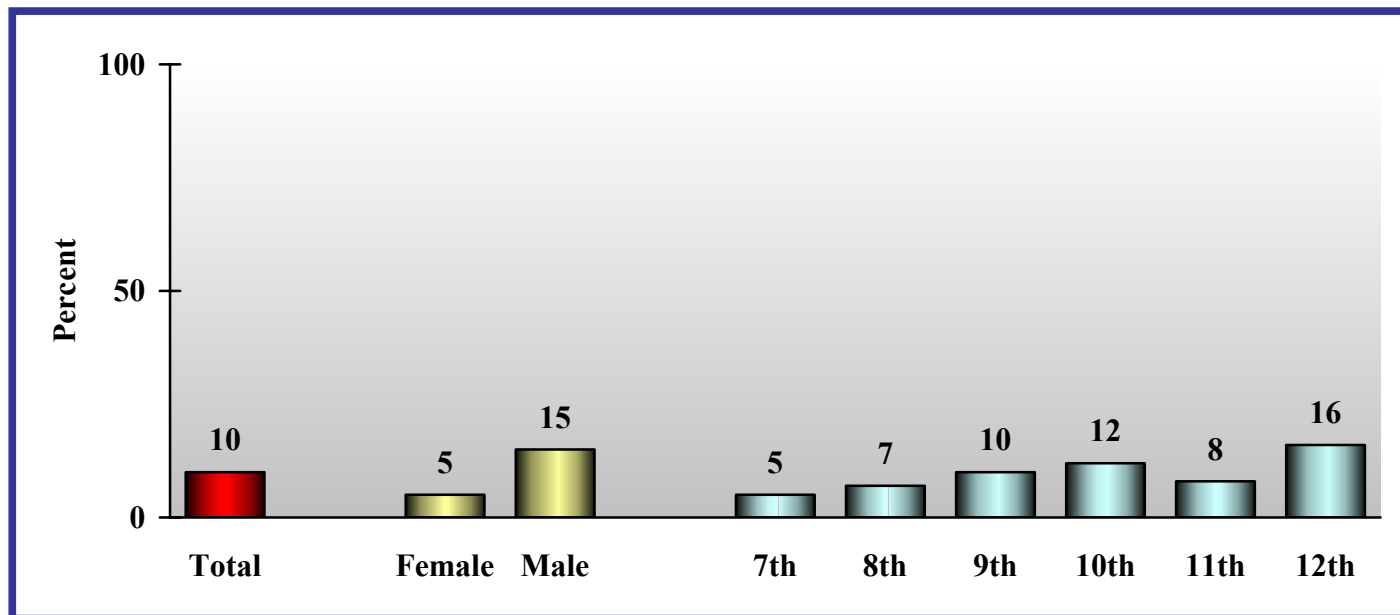
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current smokeless tobacco use	16	3	28	7	13	9	28	15	20
Current cigar use	10	5	15	5	7	10	12	8	16

Figure 27: Percentage of students who used chewing tobacco or snuff on one or more of the past thirty days.



## Tobacco Use – Other Uses (cont'd)

**Figure 28:** Percentage of students who smoked cigars, cigarillos, or little cigars during the past thirty days.



## Alcohol Use

### Lifetime Alcohol Use:

- The percentage of students who had at least one drink of alcohol on one or more days during their life.

### Early Initiation – Alcohol Use:

- Percentage of students who had their first drink of alcohol other than a few sips before age thirteen.

### Current Alcohol Use:

- Percentage of students who had at least one drink of alcohol on one or more of the past thirty days.

### Heavy Alcohol Use:

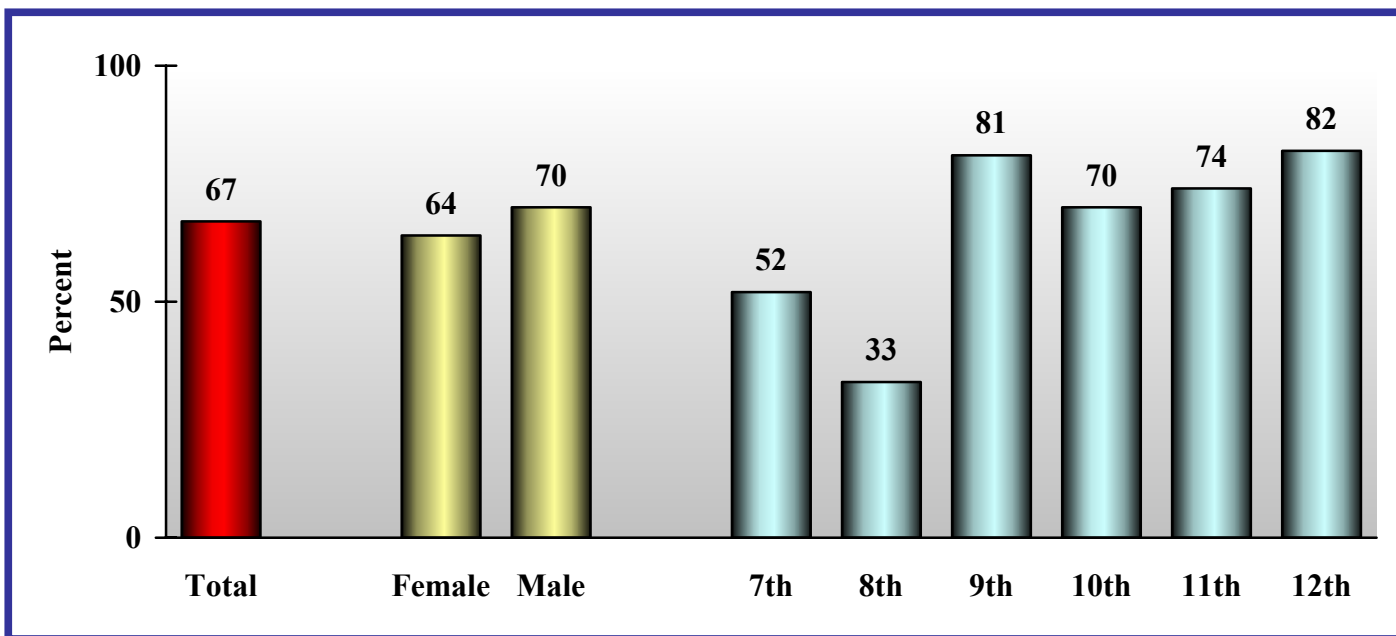
- Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past thirty days.

Table 9: Alcohol Use

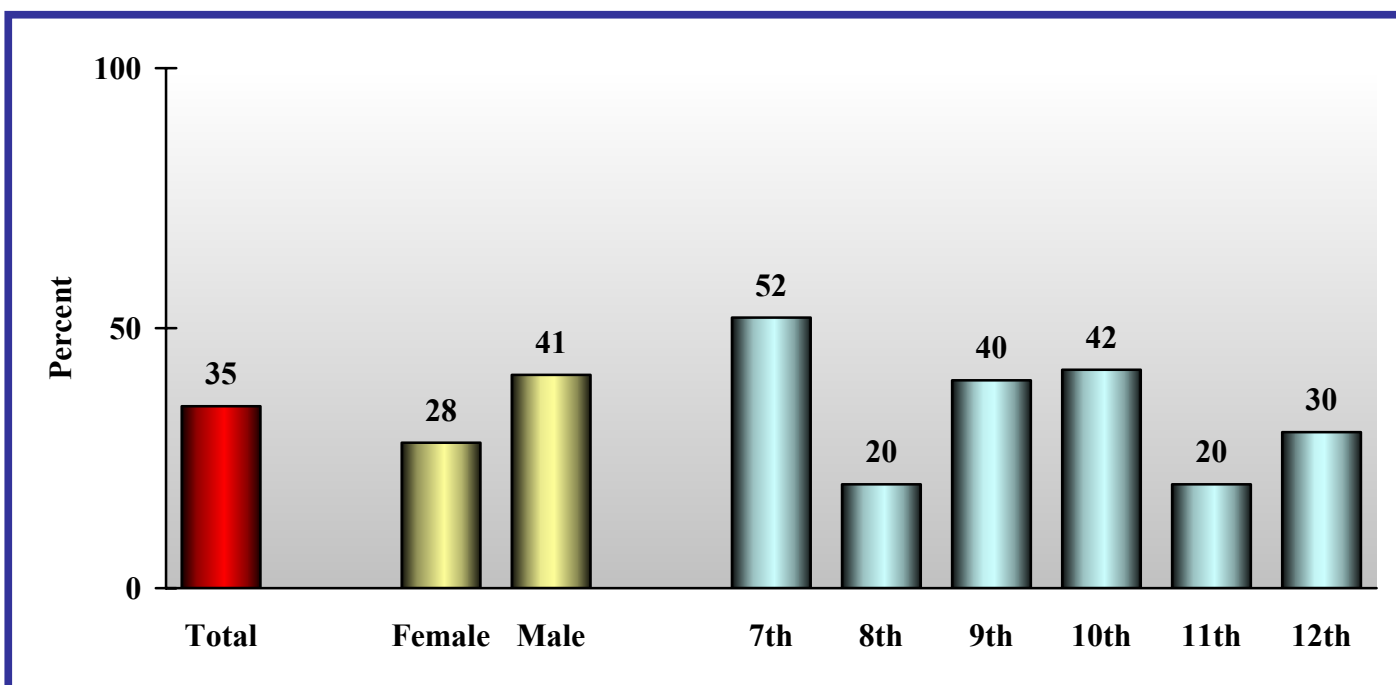
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime alcohol use	67	64	70	52	33	81	70	74	82
Early initiation – alcohol use	35	28	41	52	20	40	42	20	30
Current alcohol use	38	42	34	20	14	42	42	50	51
Heavy alcohol use	26	28	23	12	7	25	26	35	43

## Alcohol Use (cont'd)

**Figure 29:** Percentage of students who had at least one drink of alcohol on one or more days during their life.



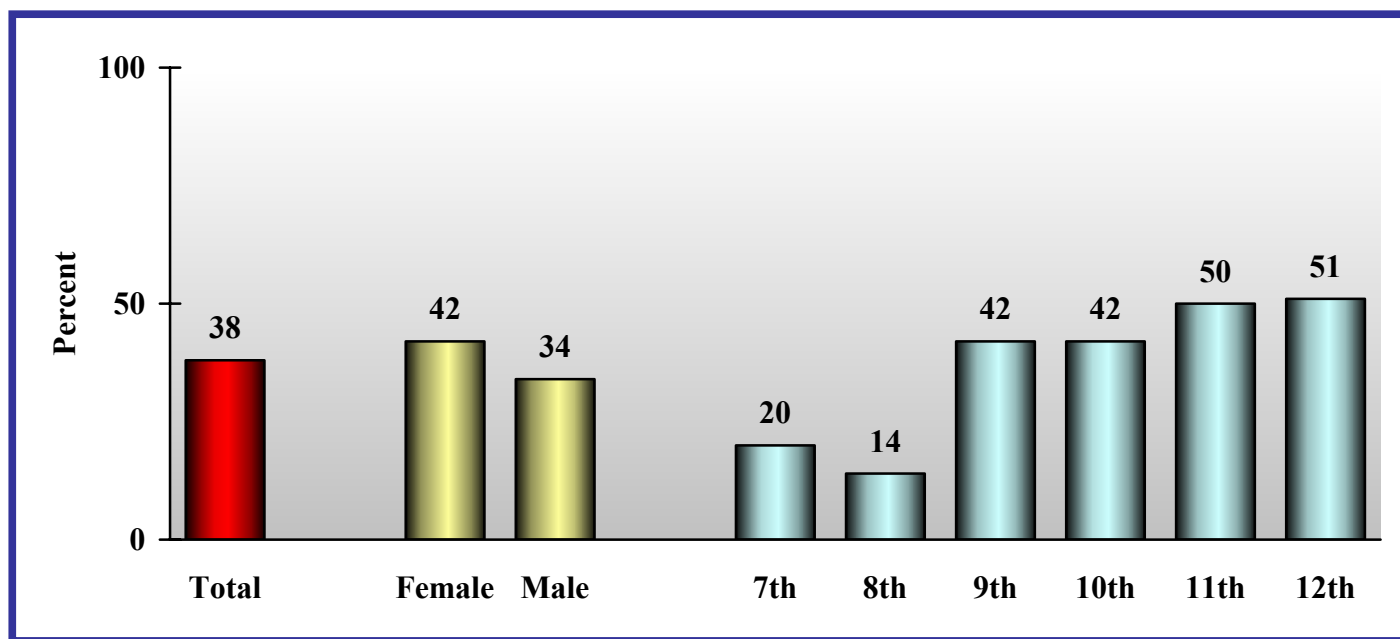
**Figure 30:** Percentage of students who had their first drink of alcohol other than a few sips before age thirteen.



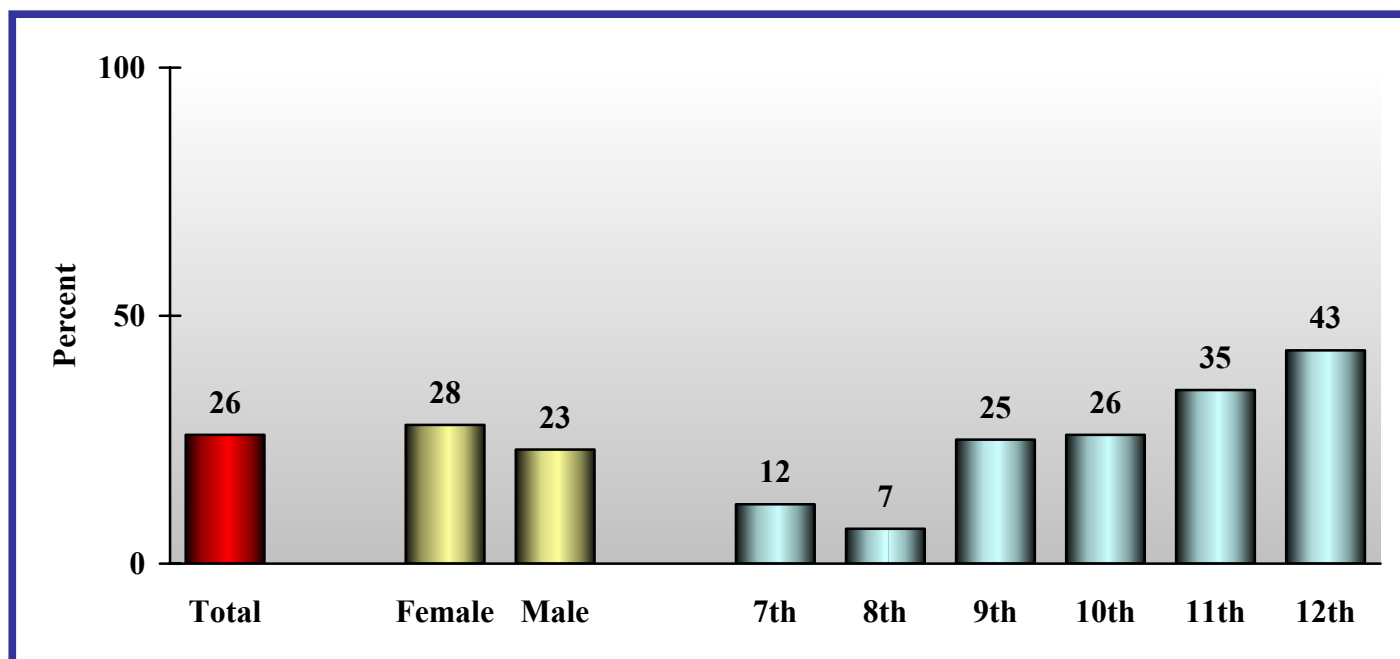


## Alcohol Use (cont'd)

**Figure 31:** Percentage of students who had at least one drink of alcohol on one or more of the past thirty days.



**Figure 32:** Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past thirty days.



## Drug Use - Marijuana

### Lifetime Marijuana Use:

- Percentage of students who used marijuana one or more times during their life.

### Early Initiation Age – Marijuana Use:

- Percentage of students who tried marijuana for the first time before age thirteen.

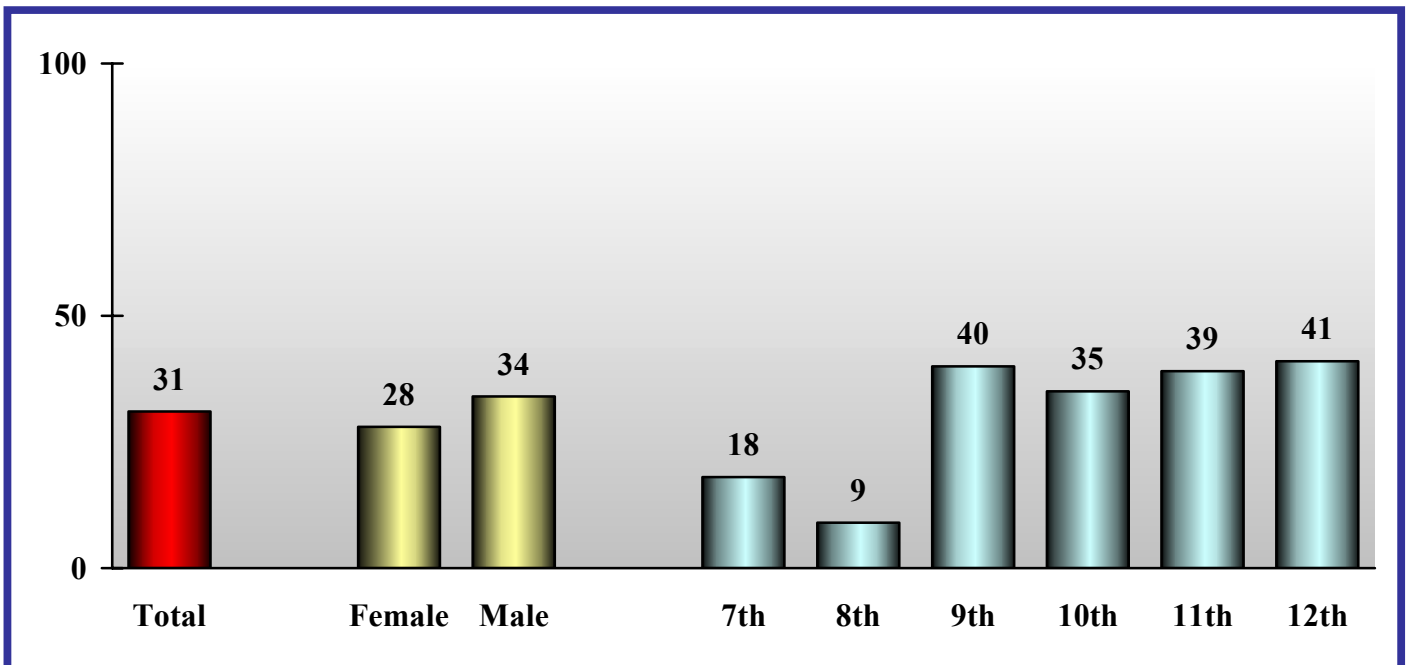
### Current Marijuana Use:

- Percentage of students who used marijuana one or more times during the past thirty days.

Table 10: Marijuana Use

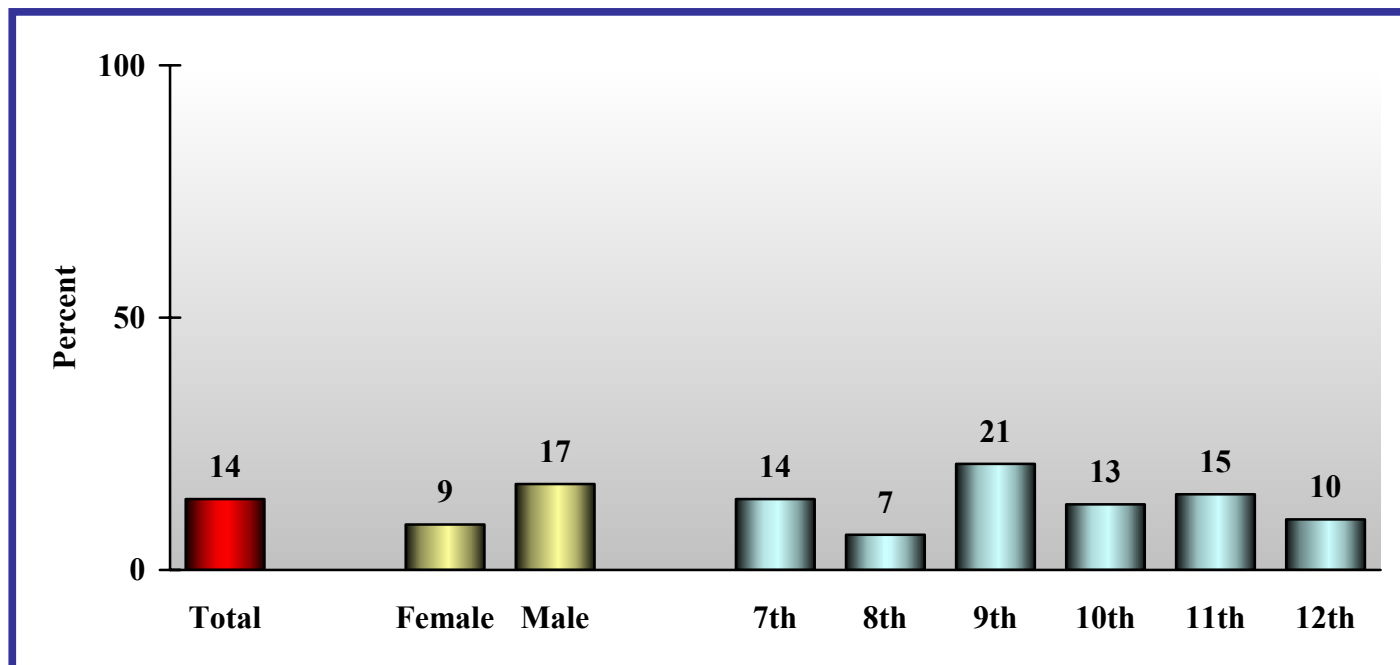
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime marijuana use	31	28	34	18	9	40	35	39	41
Early initiation age – marijuana use	14	9	17	14	7	21	13	15	10
Current marijuana use	12	12	12	7	2	18	15	15	15

Figure 33: Percentage of students who used marijuana one or more times during their life.

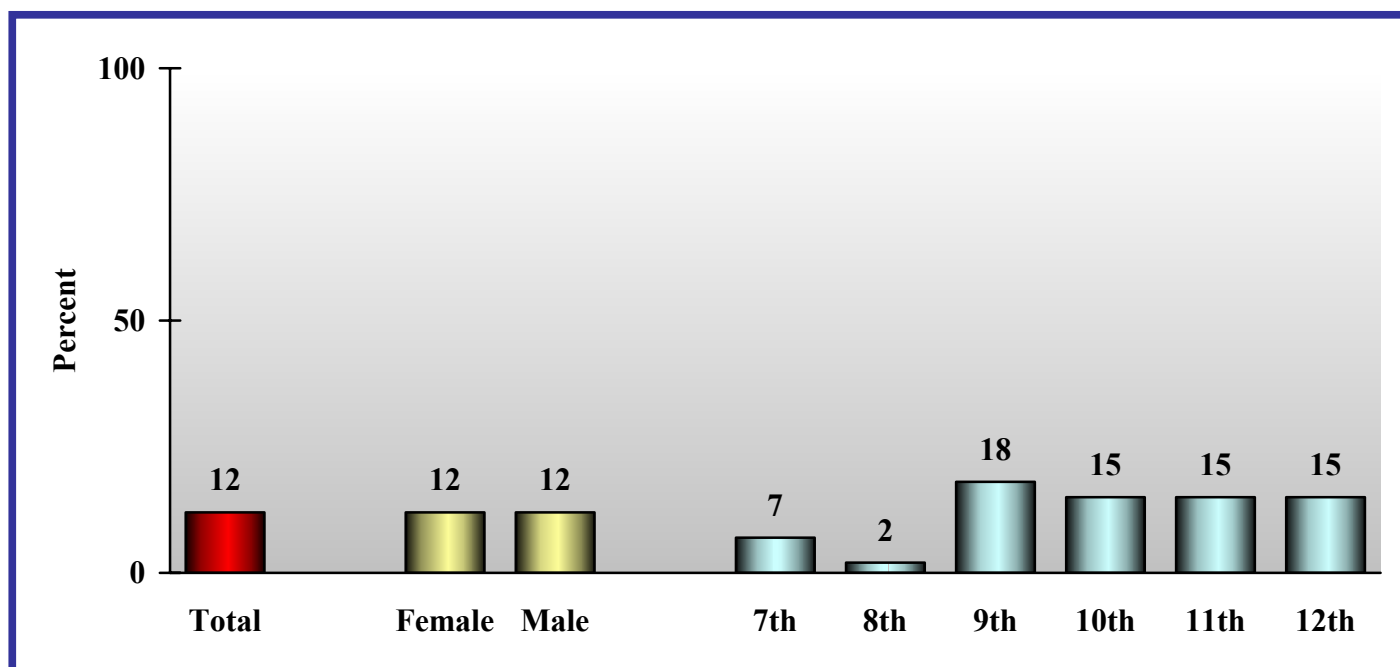


## Drug Use – Marijuana (cont'd)

**Figure 34:** Percentage of students who tried marijuana for the first time before age thirteen.



**Figure 35:** Percentage of students who used marijuana one or more times during the past thirty days.



## Other Illegal Drug Use

### Lifetime Inhalant Use:

- Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

### Lifetime Methamphetamines Use:

- Percentage of students who used methamphetamines one or more times during their life.

### Lifetime Ecstasy Use:

- Percentage of students who used ecstasy one or more times during life.

### Lifetime Heroin Use:

- Percentage of students who used heroin one or more times during their life.

### Lifetime Illegal Steroid Use:

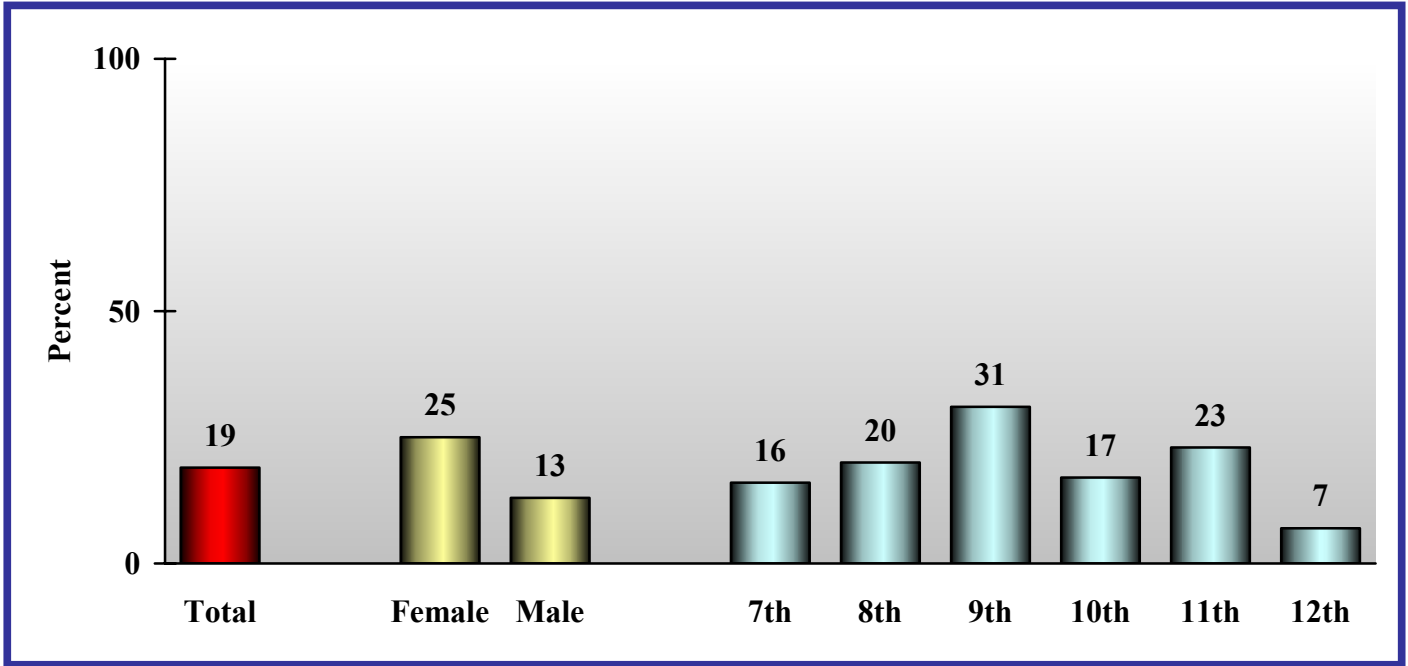
- Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

Table 11: Other Illegal Drug Use

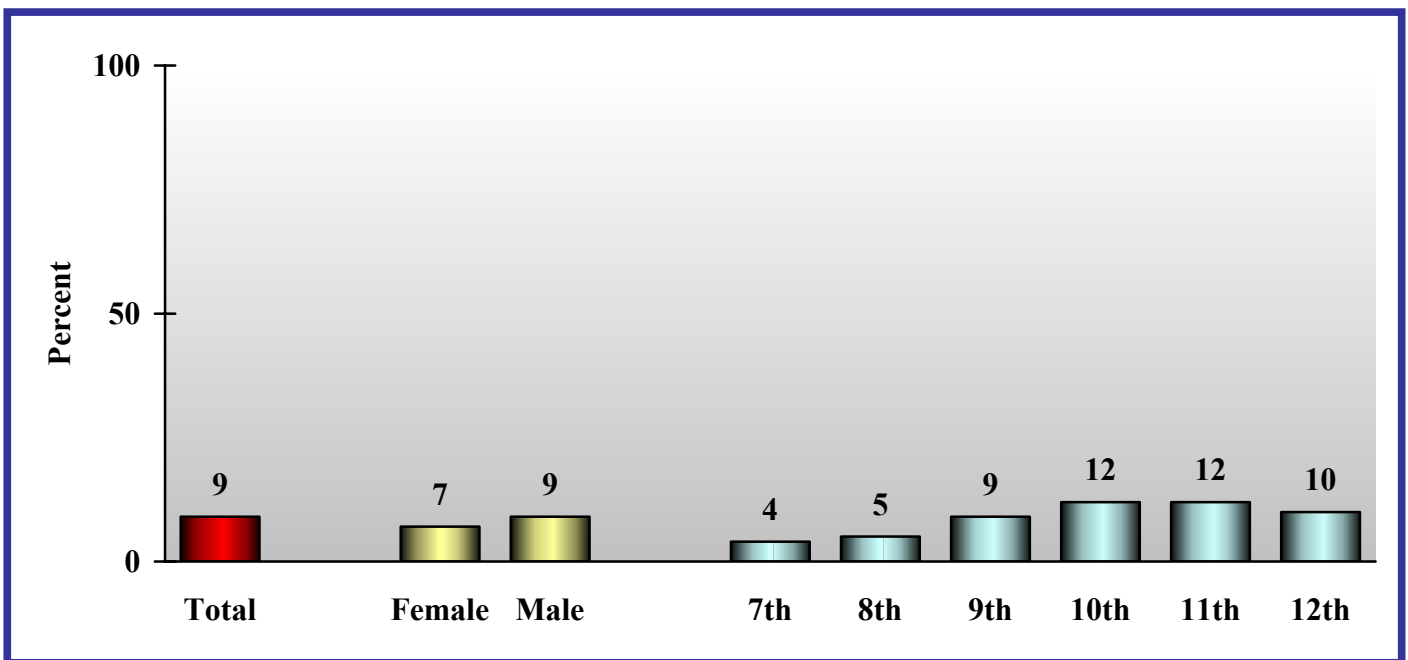
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime inhalant use	19	25	13	16	20	31	17	23	7
Lifetime methamphetamines use	9	7	9	4	5	9	12	12	10
Lifetime ecstasy use	6	5	5	2	2	10	4	6	7
Lifetime heroin use	3	3	3	2	2	3	4	2	3
Lifetime illegal steroid use	3	4	2	2	2	7	3	4	3

## Other Illegal Drug Use (cont'd)

**Figure 36:** Percentage of students, who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



**Figure 37:** Percentage of students who used methamphetamines one or more times during their life.



## Other Illegal Drug Use (cont'd)

Figure 38: Percentage of students who used ecstasy one or more times during their life.

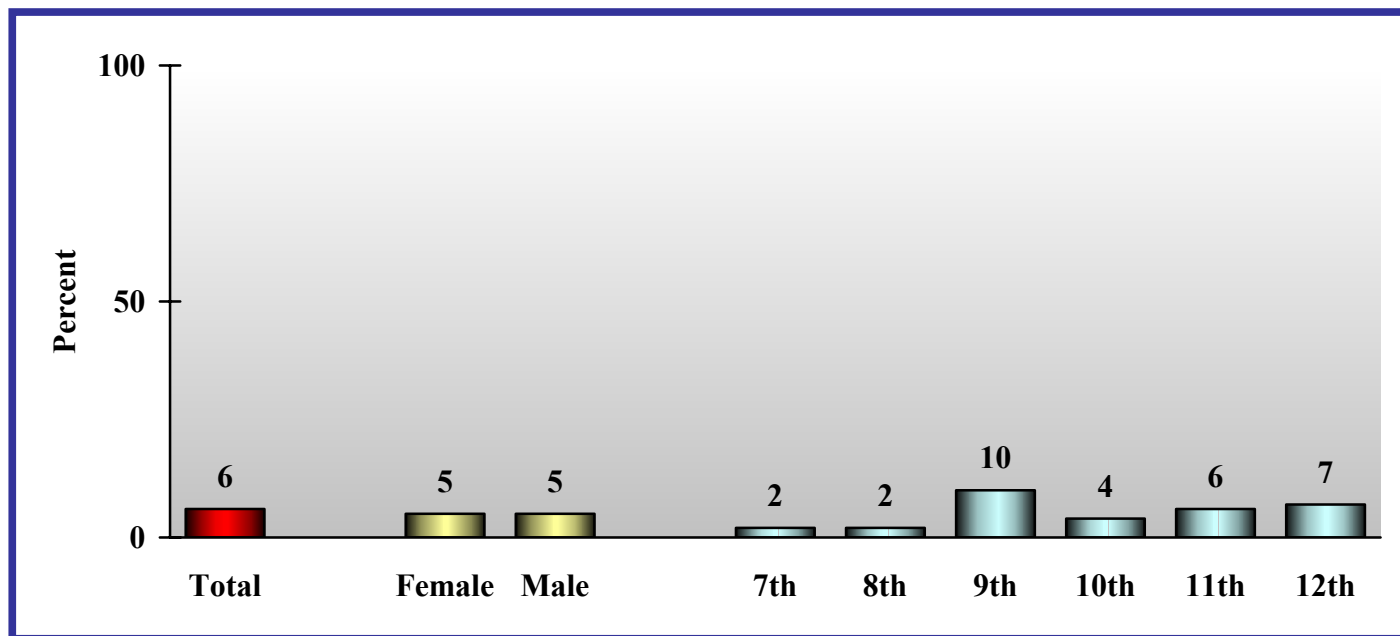
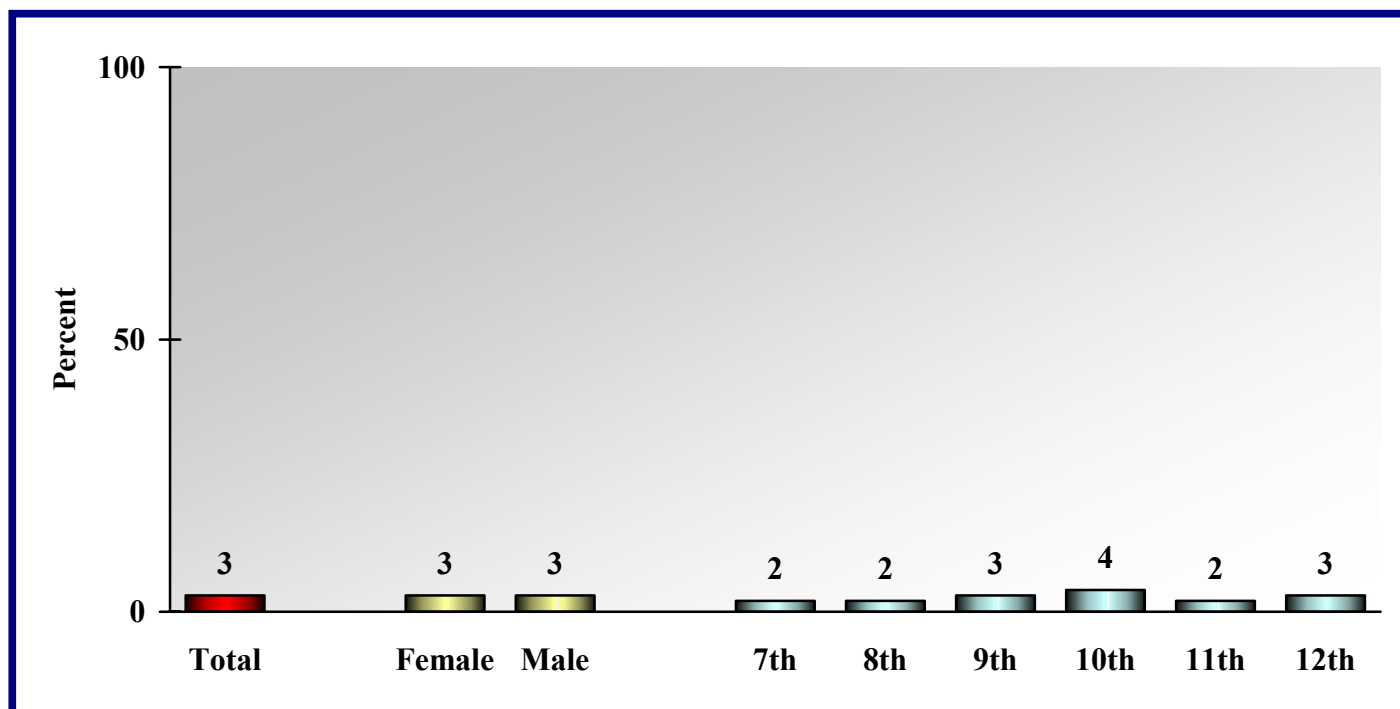
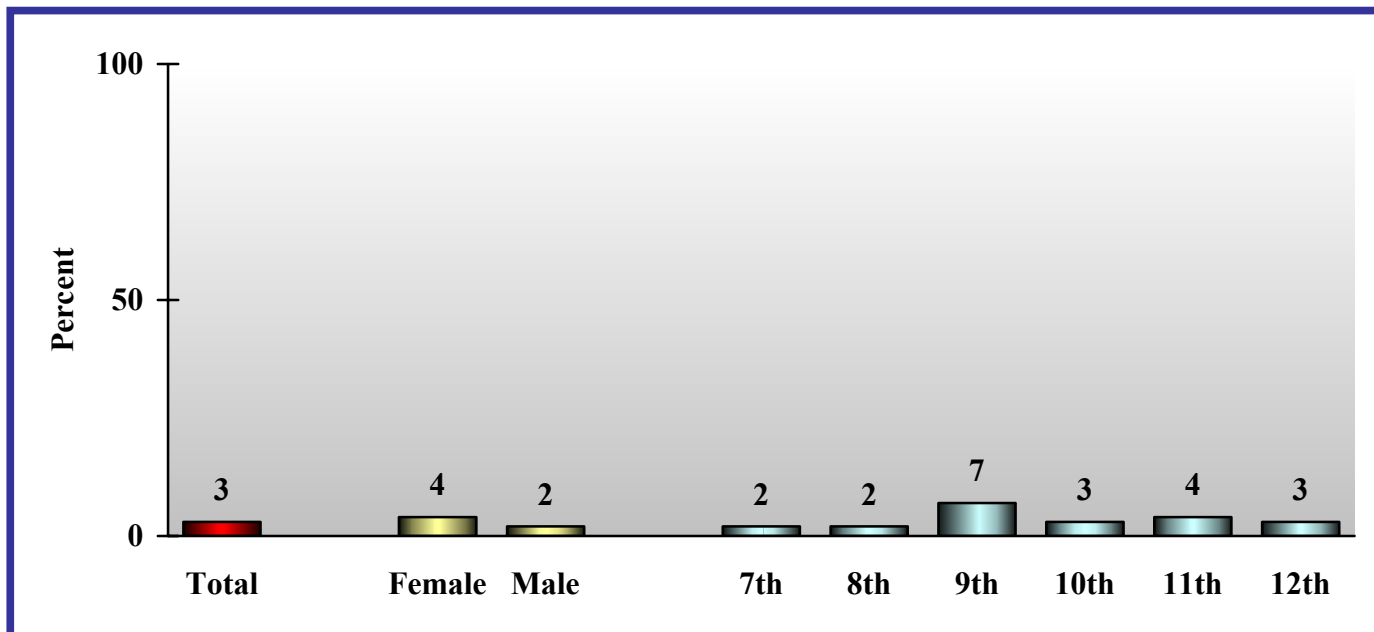


Figure 39: Percentage of students who used heroin one or more times during their life.



## Other Illegal Drug Use (cont'd)

**Figure 40:** Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



## Sexual Behaviors

Ever had Sexual Intercourse:

- Percentage of students who have had sexual intercourse.

Early Initiation Age – Sexual Intercourse:

- Percentage of students who had sexual intercourse for the first time before age thirteen.

Sexual Partners > 4:

- Percentage of students who had sexual intercourse with four or more people during their life.

Currently Sexually Active:

- Percentage of students who had sexual intercourse during the past three months.

Drug use before last Sexual Intercourse:

- Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.

Condom Use:

- Of those students who had sexual intercourse, the percentage who used a condom during the last sexual encounter

Table 12: Sexual Behaviors

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ever had sexual intercourse	46	46	45	20	15	44	46	62	74
Early initiation age – sexual intercourse	8	6	10	14	12	10	6	4	6
Sexual partners >4	16	15	18	16	10	8	14	17	28
Currently sexually active	34	35	33	16	13	25	32	46	63
Drug use before last sexual intercourse	19	23	16	30	00	11	19	17	23
Condom use	59	53	64	56	50	68	50	52	65



## Sexual Behaviors (cont'd)

Figure 41: Percentage of students who have had sexual intercourse.

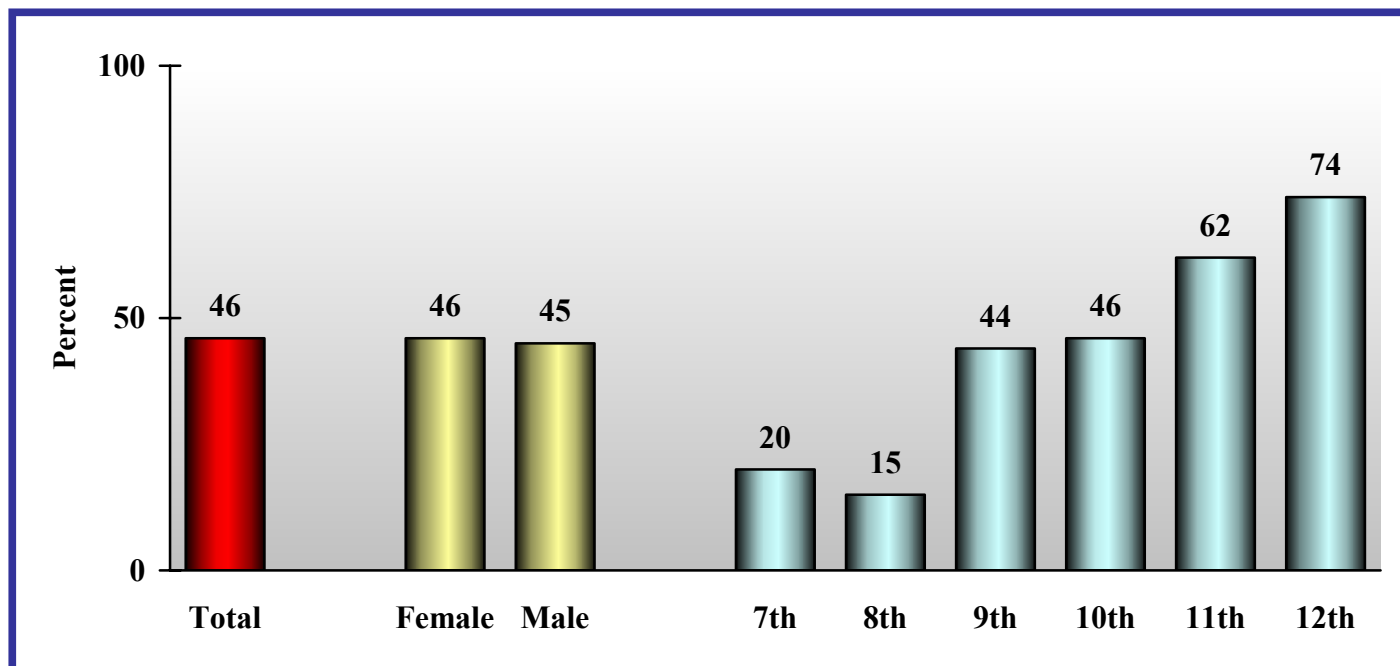
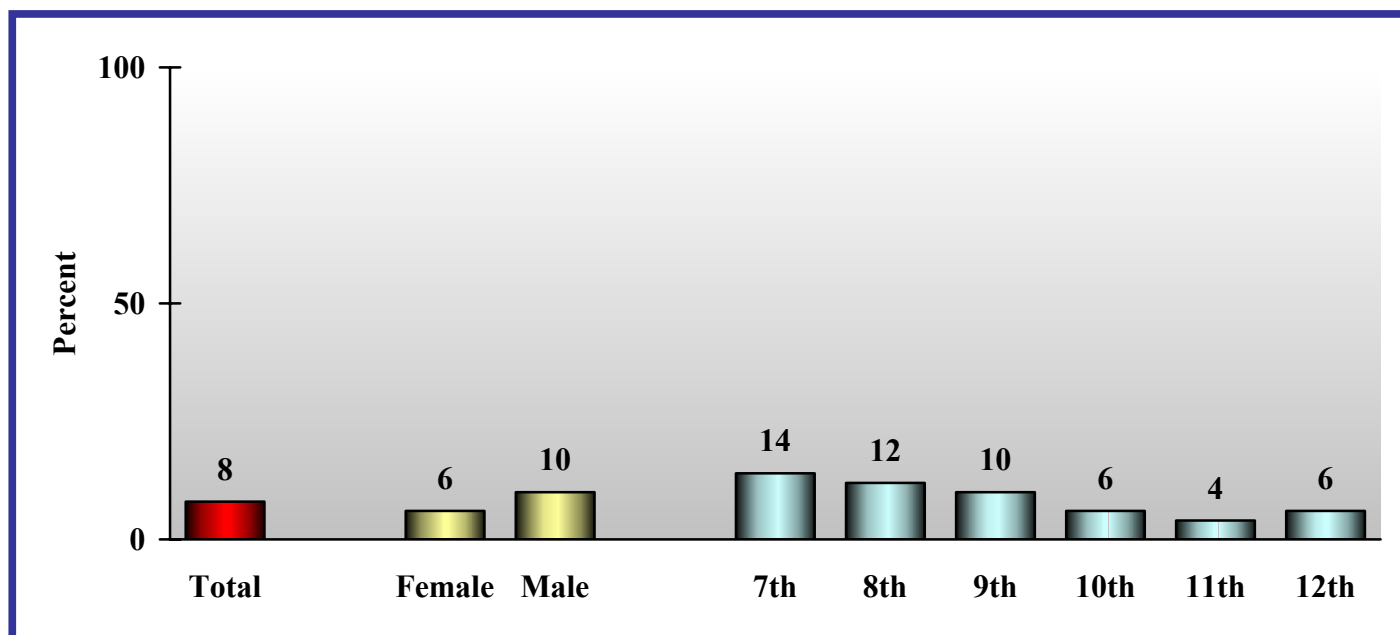
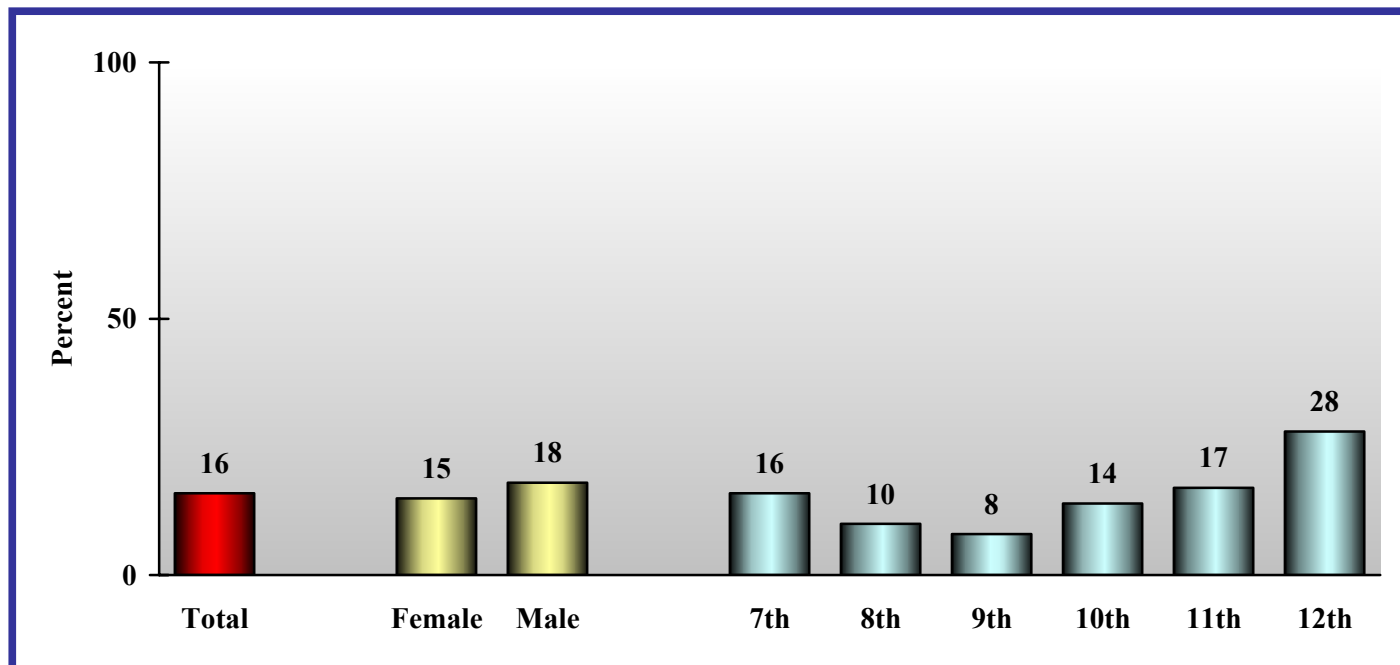


Figure 42: Percentage of students who had sexual intercourse for the first time before age thirteen.

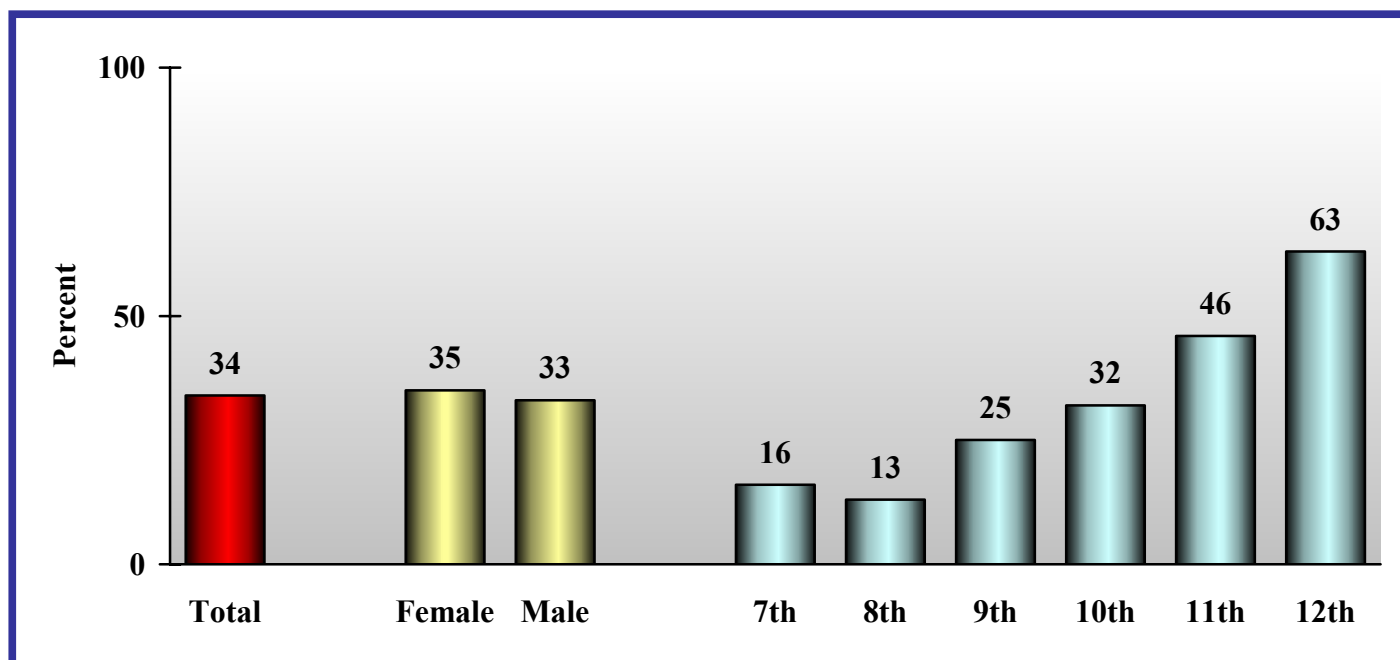


## Sexual Behaviors (cont'd)

**Figure 43:** Percentage of students who had sexual intercourse with four or more people during their life.

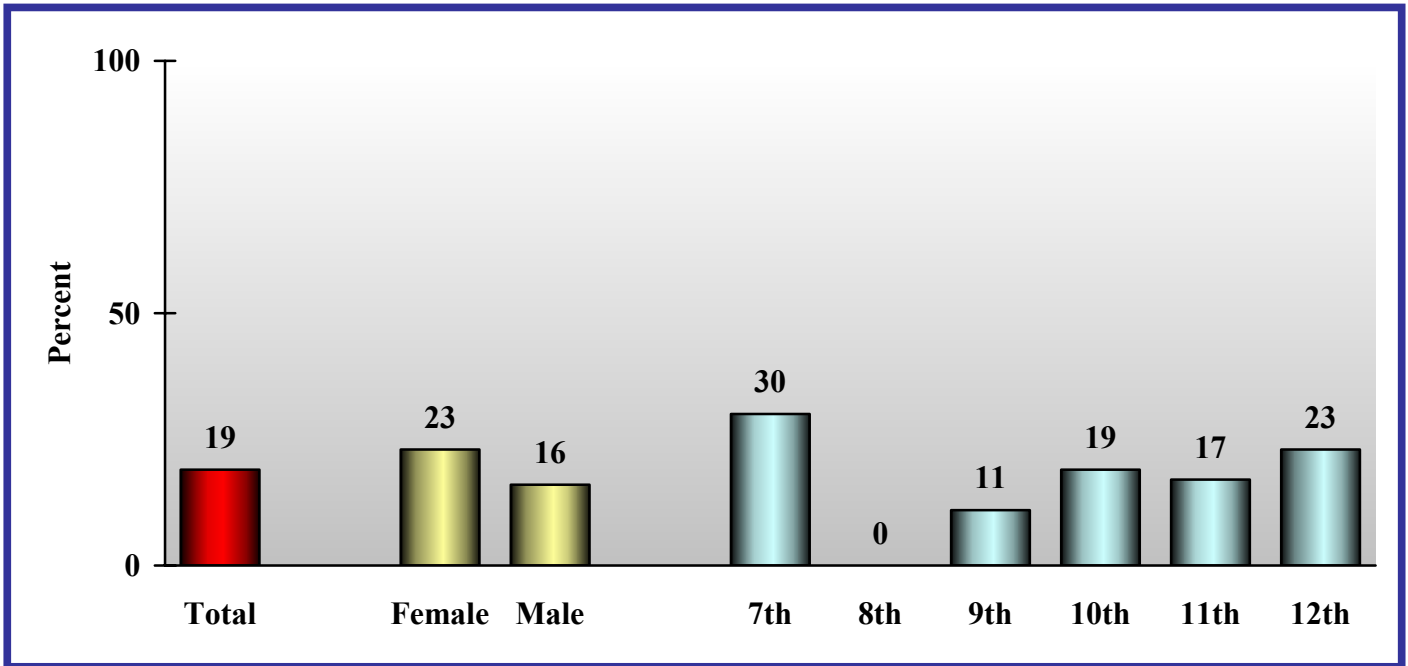


**Figure 44:** Percentage of students who had had sexual intercourse during the past three months.

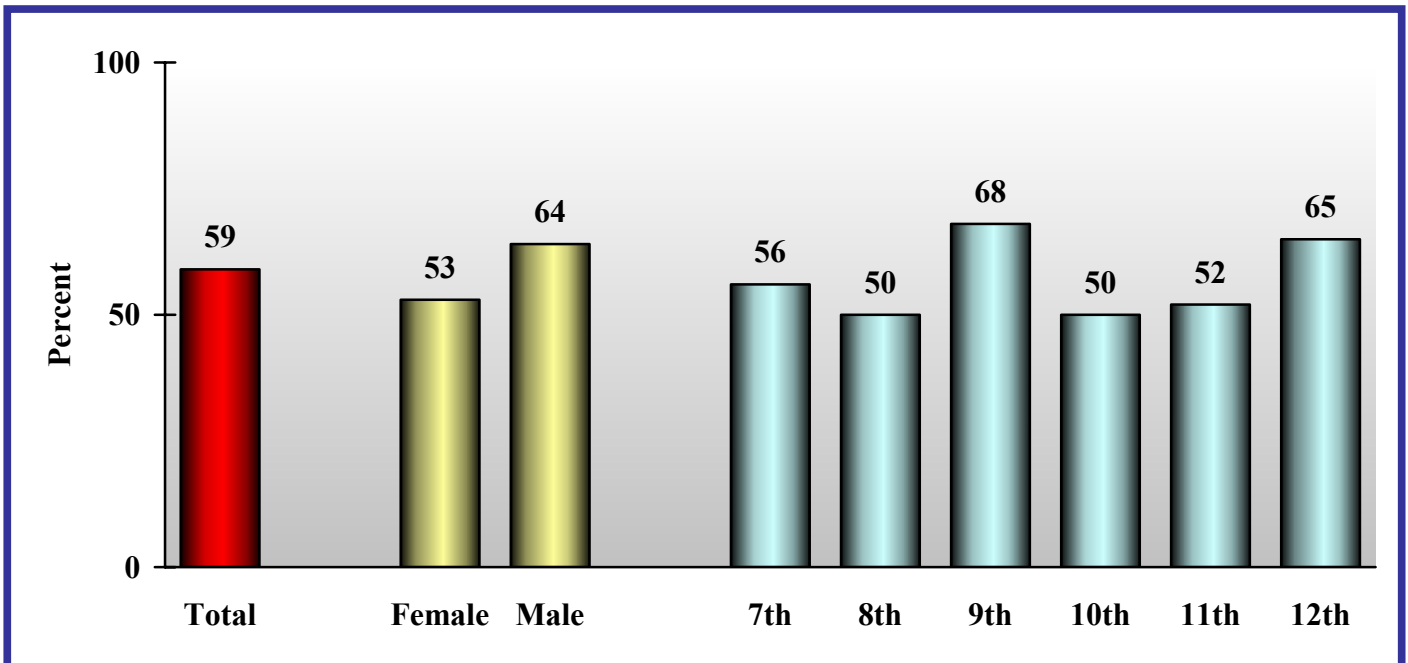


## Sexual Behaviors (cont'd)

**Figure 45:** Of those who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse.



**Figure 46:** Of those students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## AIDS/HIV Information

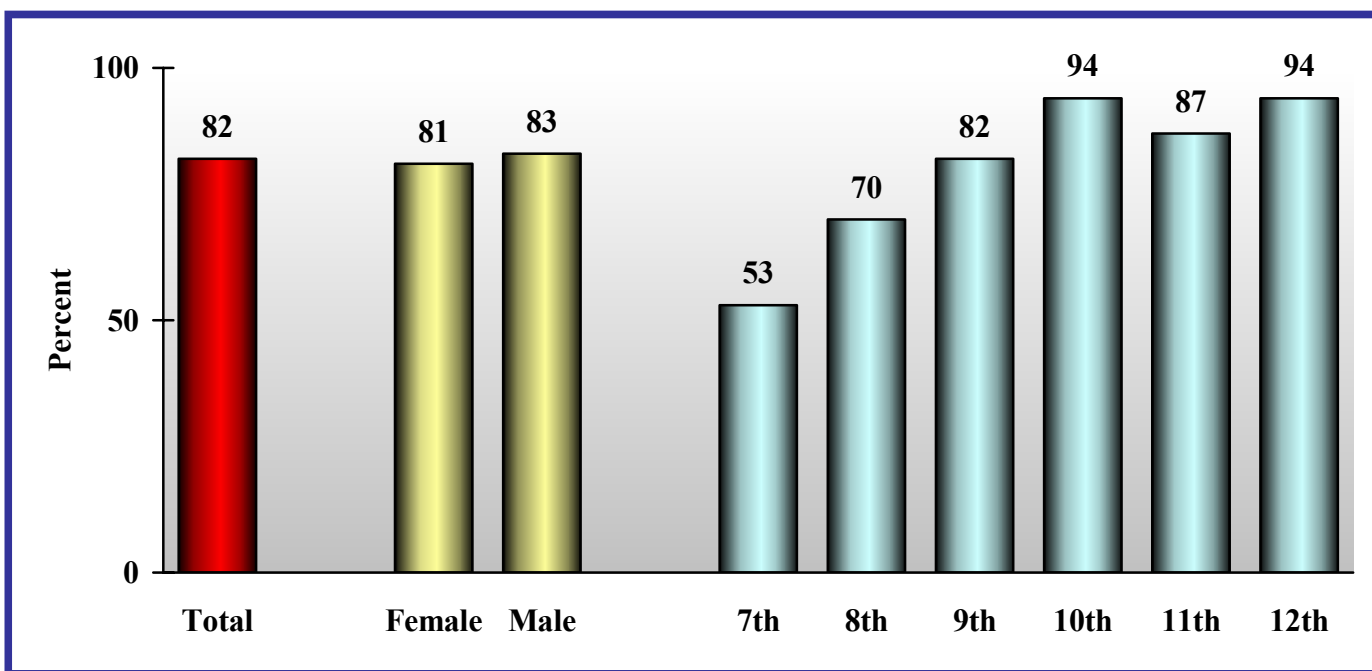
AIDS/HIV Information:

- Percentage of students who were taught about AIDS or HIV infection in school.

Table 13: AIDS/HIV Information

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
AIDS/HIV Information	82	81	83	53	70	82	94	87	94

Figure 47: Percentage of students who were ever taught about AIDS or HIV infection in school.



## Overweight and Weight Control

Overweight:

- Percentage of students who were overweight, as calculated by Body Mass Index.

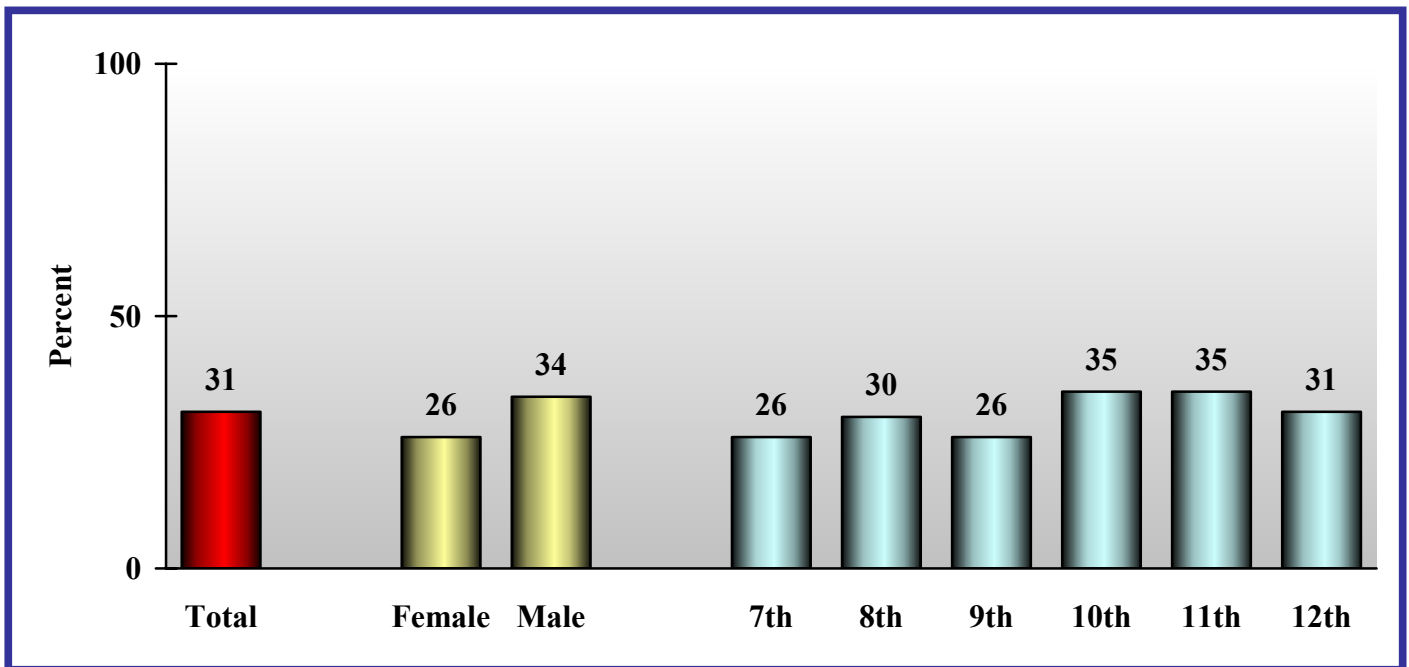
Described themselves as Overweight:

- Percentage of students who described themselves as slightly or very overweight.

Table 14: Overweight

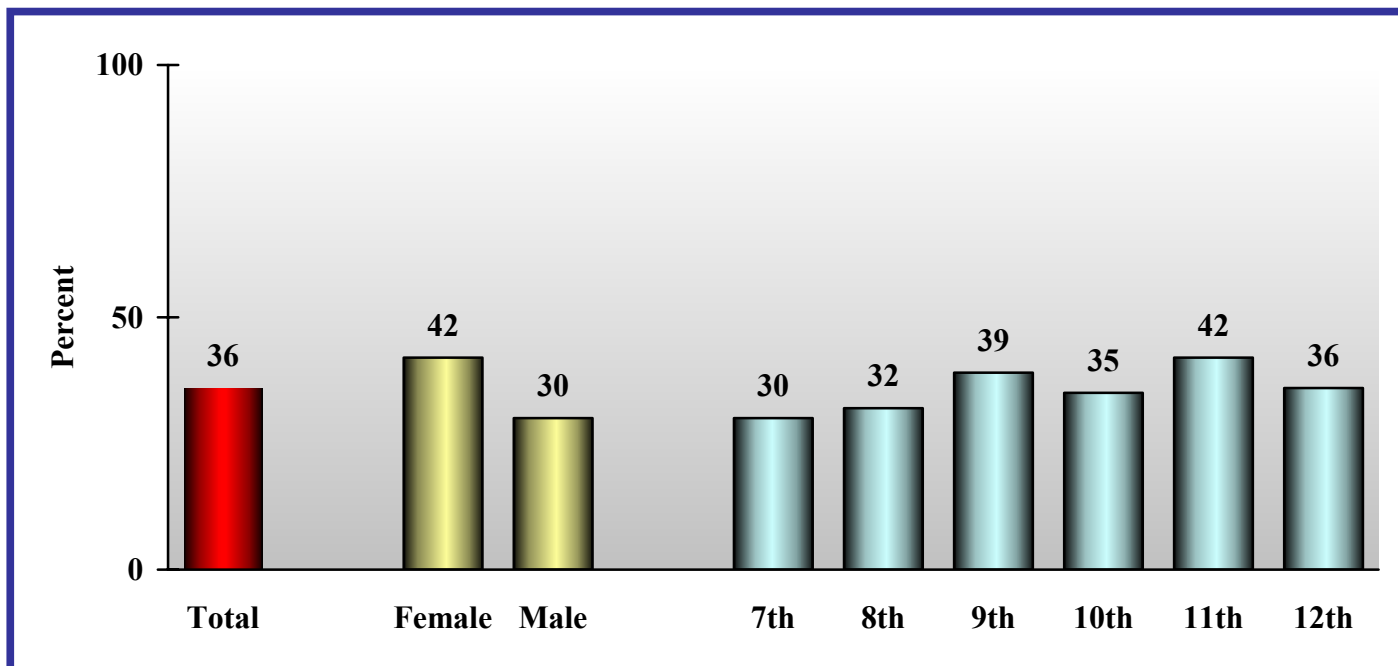
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Overweight	31	26	34	26	30	26	35	35	31
Described themselves as overweight	36	42	30	30	32	39	35	42	36

Figure 48: Percentage of students who are overweight, as calculated by Body Mass Index.



## Overweight and Weight Control (cont'd)

Figure 49: Percentage of students who describe themselves as slightly or very overweight.



## Overweight and Weight Control (cont'd)

Were trying to Lose Weight:

- Percentage of students who were trying to lose weight.

Ate Less Food to Lose Weight:

- Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past thirty days.

Exercised to Lose Weight:

- Percentage of students who exercised to lose weight or to keep from gaining weight during the past thirty days.

Vomited or Took Laxatives to Lose Weight:

- Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past thirty days.

Took Diet Pills to Lose Weight:

- Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past thirty days.

Went Without Eating to Lose Weight:

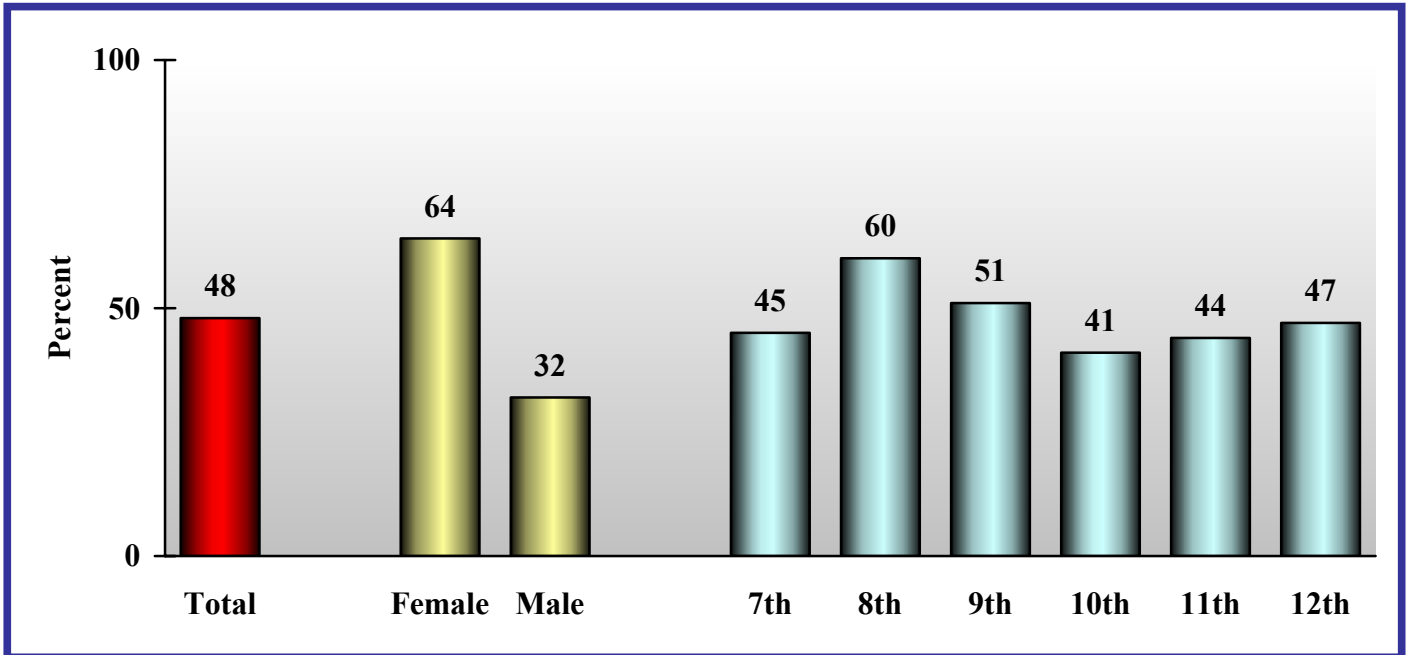
- Percentage of students who fasted, or went without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the past thirty days.

Table 15: Weight Control

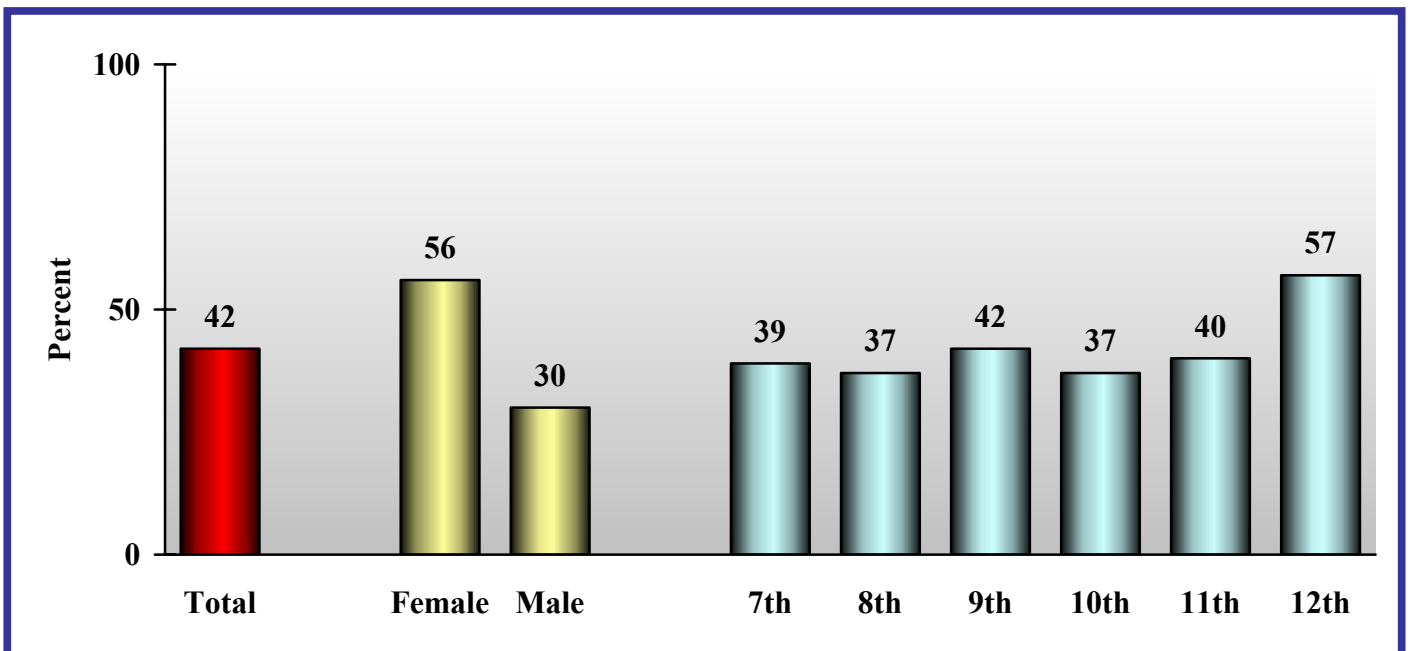
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Were trying to lose weight	48	64	32	45	60	51	41	44	47
Ate less food to lose weight	42	56	30	39	37	42	37	40	57
Exercised to lose weight	62	66	59	55	72	66	64	58	63
Vomited or took laxatives to lose weight	6	11	2	5	7	12	3	4	7
Took diet pills to lose weight	7	9	5	4	2	9	12	11	4
Went without eating to lose weight	14	21	7	7	14	18	13	15	14

## Overweight and Weight Control (cont'd)

**Figure 50:** Percentage of students who were trying to lose weight.



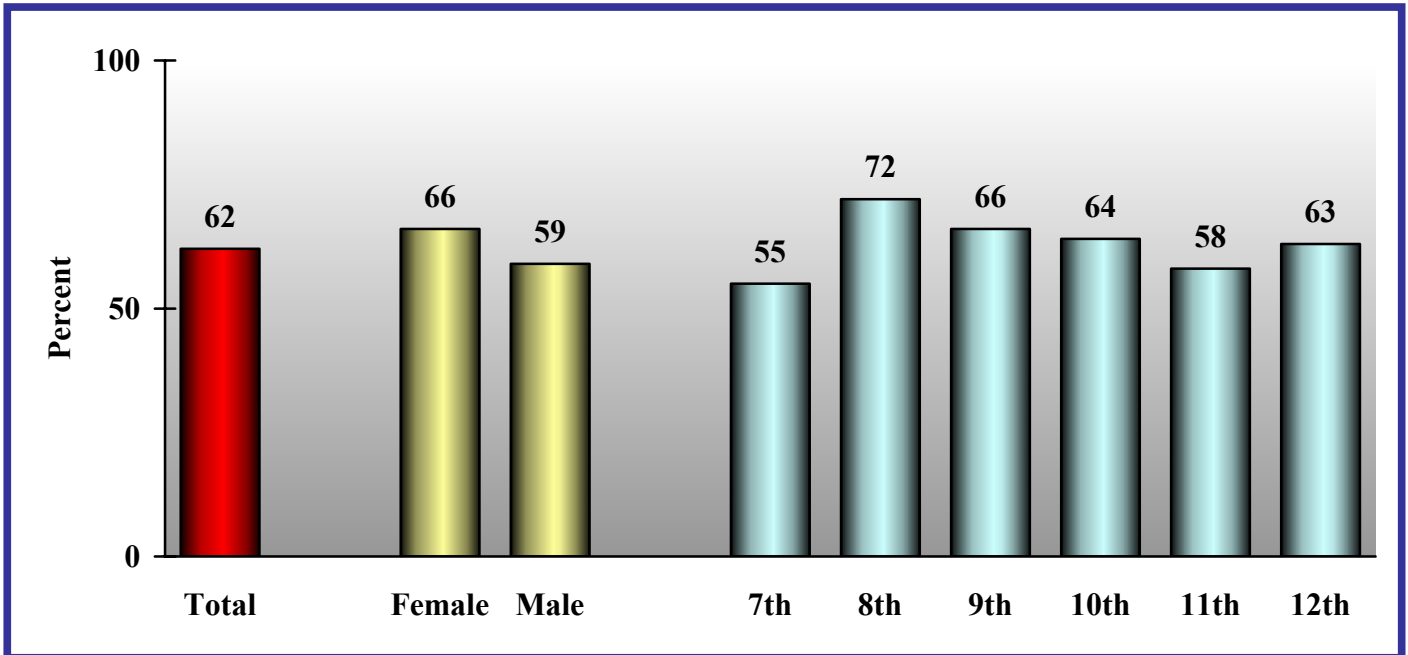
**Figure 51:** Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past thirty days.



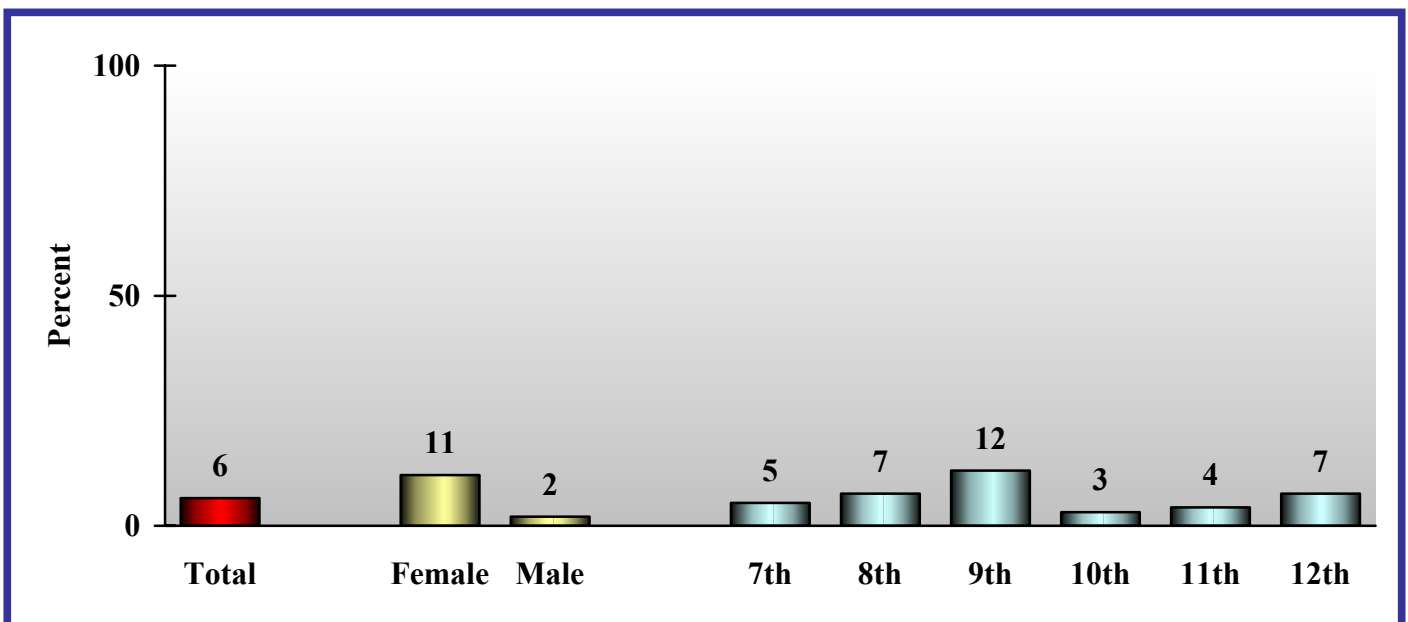


## Overweight and Weight Control (cont'd)

**Figure 52:** Percentage of students who exercised to lose weight or to keep from gaining weight during the past thirty days.

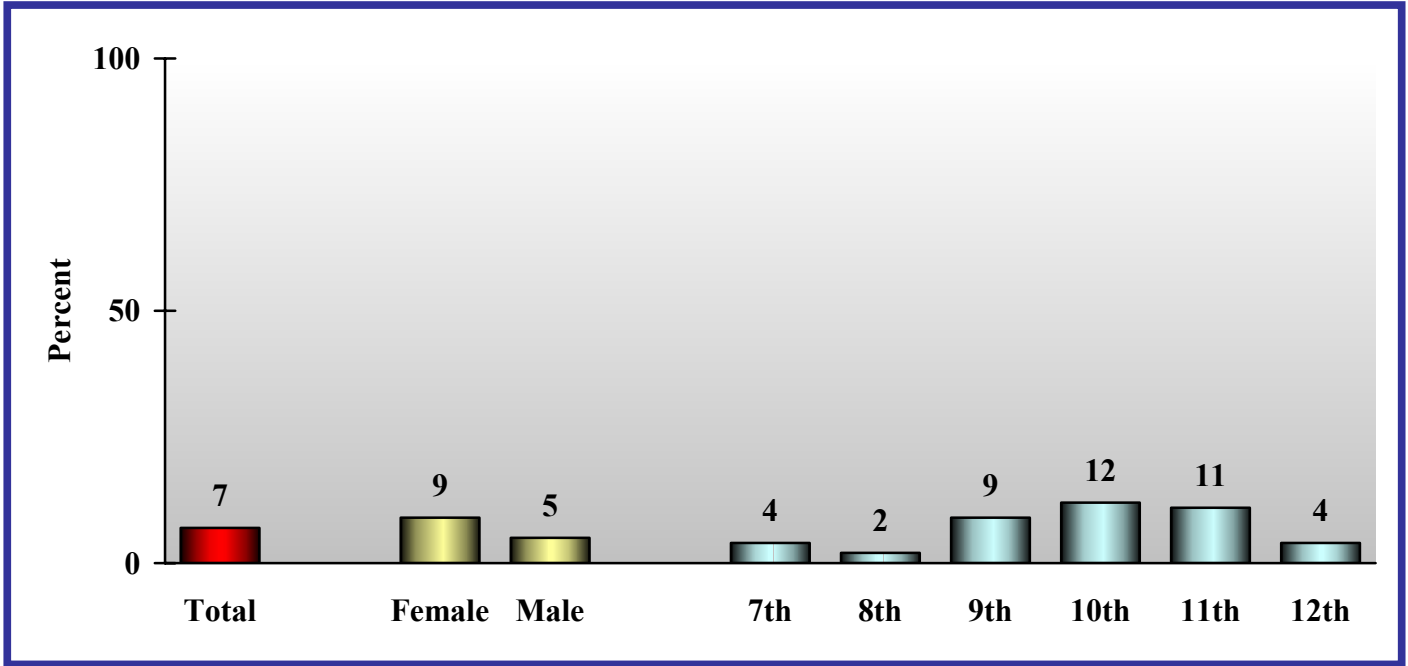


**Figure 53:** Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past thirty days.

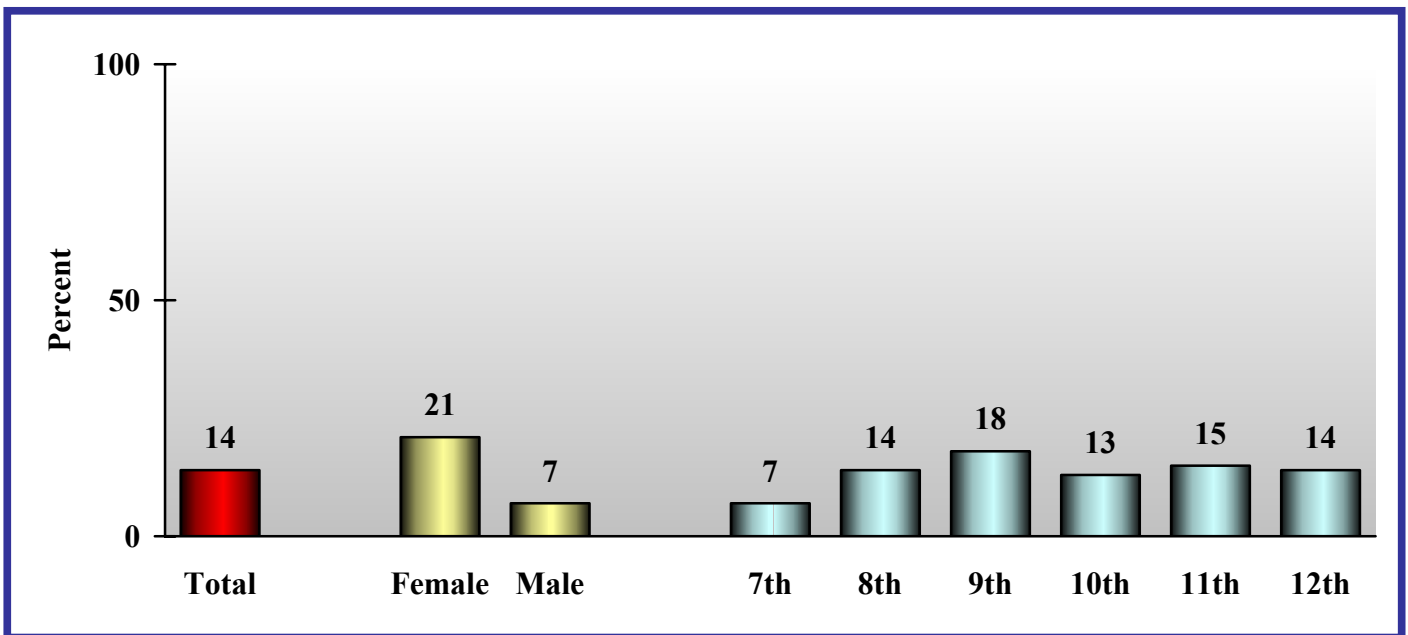


## Overweight and Weight Control (cont'd)

**Figure 54:** Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past thirty days.



**Figure 55:** Percentage of students who fasted, or went without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the past thirty days.



## Dietary Behaviors

### Ate Fruit:

- Percentage of students who ate fruit four or more times during the past seven days.

### Drank Fruit Juices:

- Percentage of students who drank fruit juices four or more times during the past seven days.

### Ate Green Salad:

- Percentage of students who ate green salad four or more times during the past seven days.

### Ate Potatoes:

- Percentage of students who ate potatoes four or more times during the past seven days.

### Ate Carrots:

- Percentage of students who ate carrots four or more times during the past seven days.

### Ate Other Vegetables:

- Percentage of students who ate other vegetables four or more times during the past seven days.

### Drank Milk

- Percentage of students who drank milk four or more times during the past seven days.

**Table 16:** Dietary Behaviors

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate fruit	41	41	39	43	55	34	41	42	34
Drank fruit juices	40	42	38	42	35	30	49	42	39
Ate green salad	22	24	20	25	14	29	20	13	32
Ate potatoes	24	23	25	18	16	24	18	36	31
Ate carrots	10	5	13	9	14	9	7	10	11
Ate other vegetables	42	45	39	32	36	49	41	38	46
Drank milk	70	61	77	54	61	77	74	73	71

## Dietary Behaviors (cont'd)

Figure 56: Percentage of students who ate fruit four or more times during the past seven days.

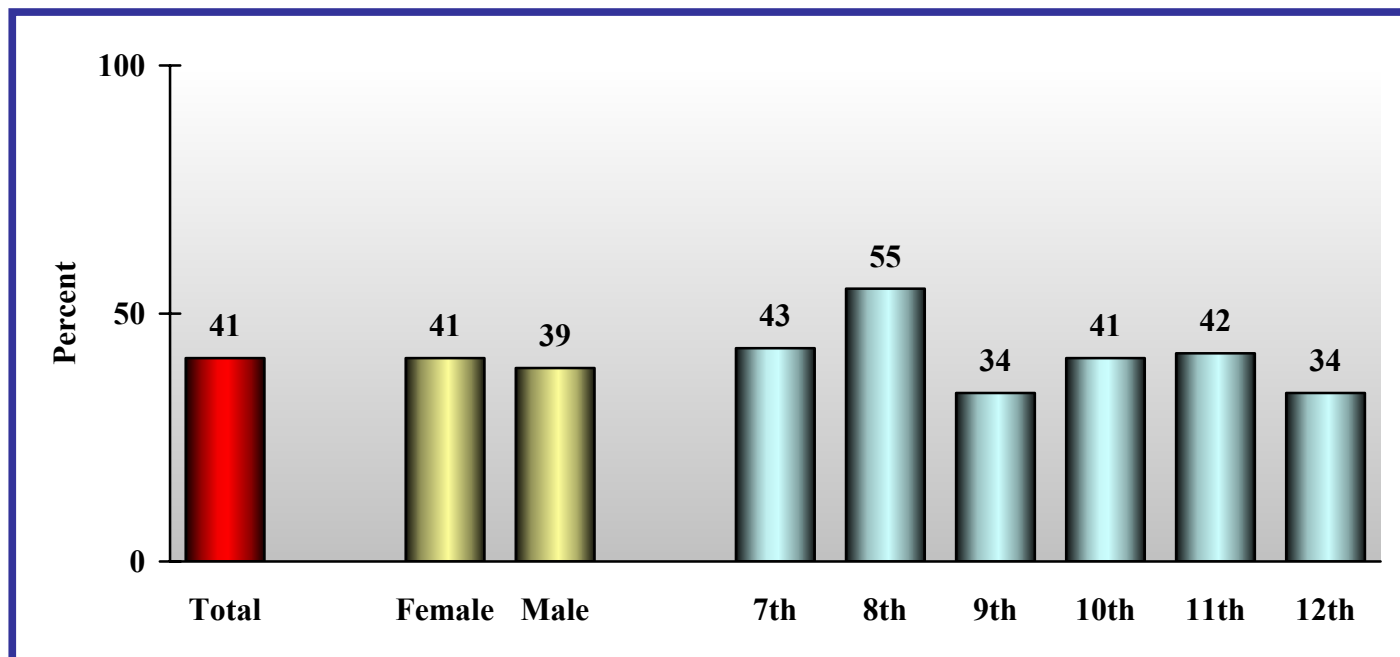
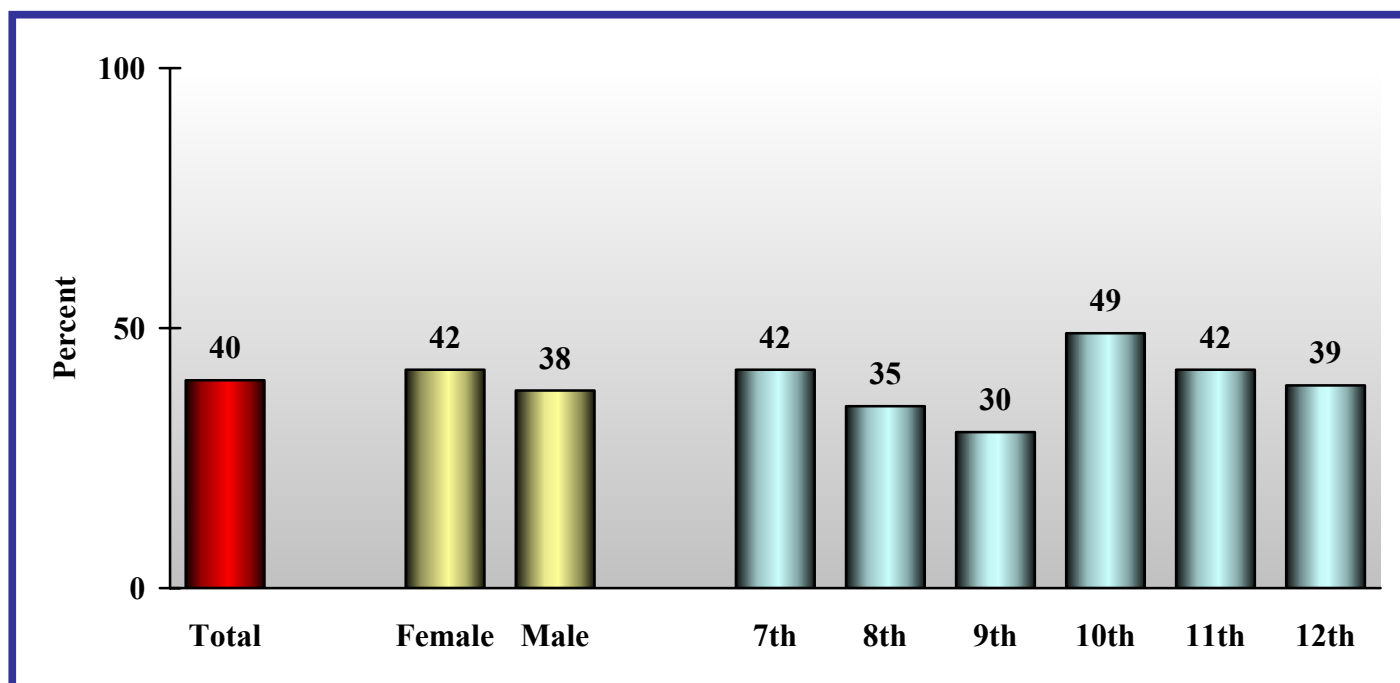
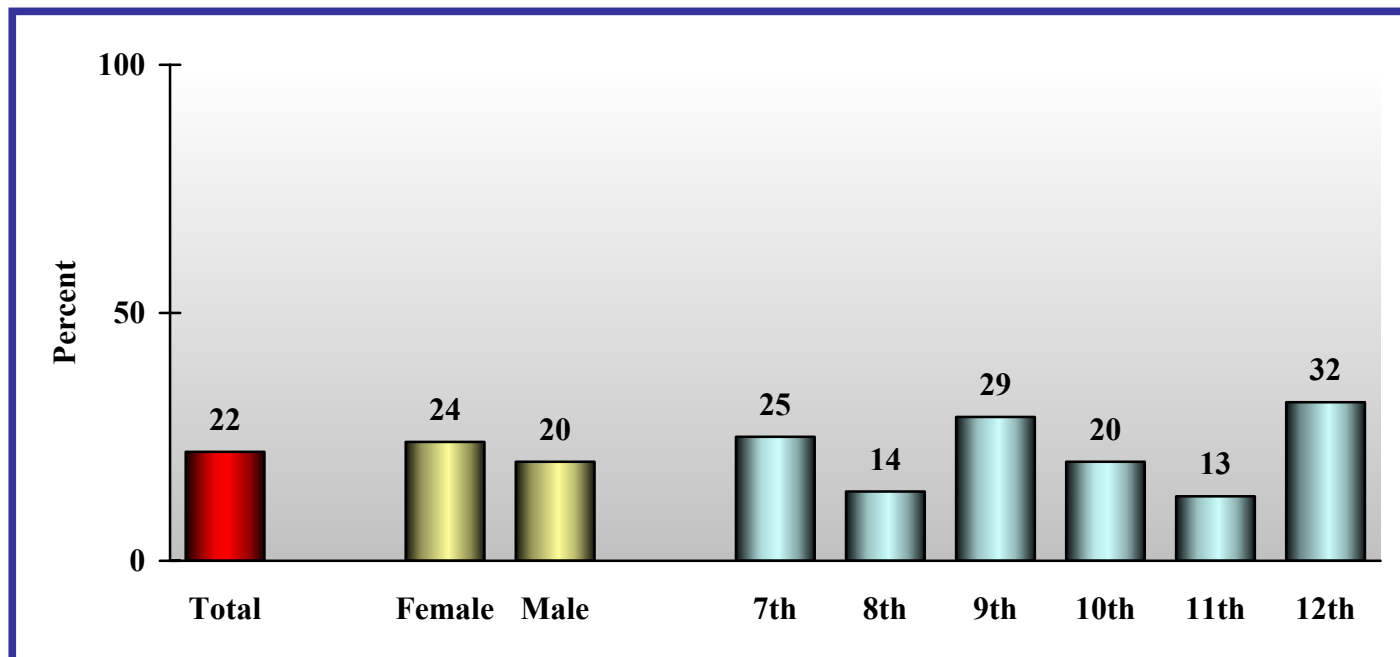


Figure 57: Percentage of students who drank fruit juices four or more times during the past seven days.

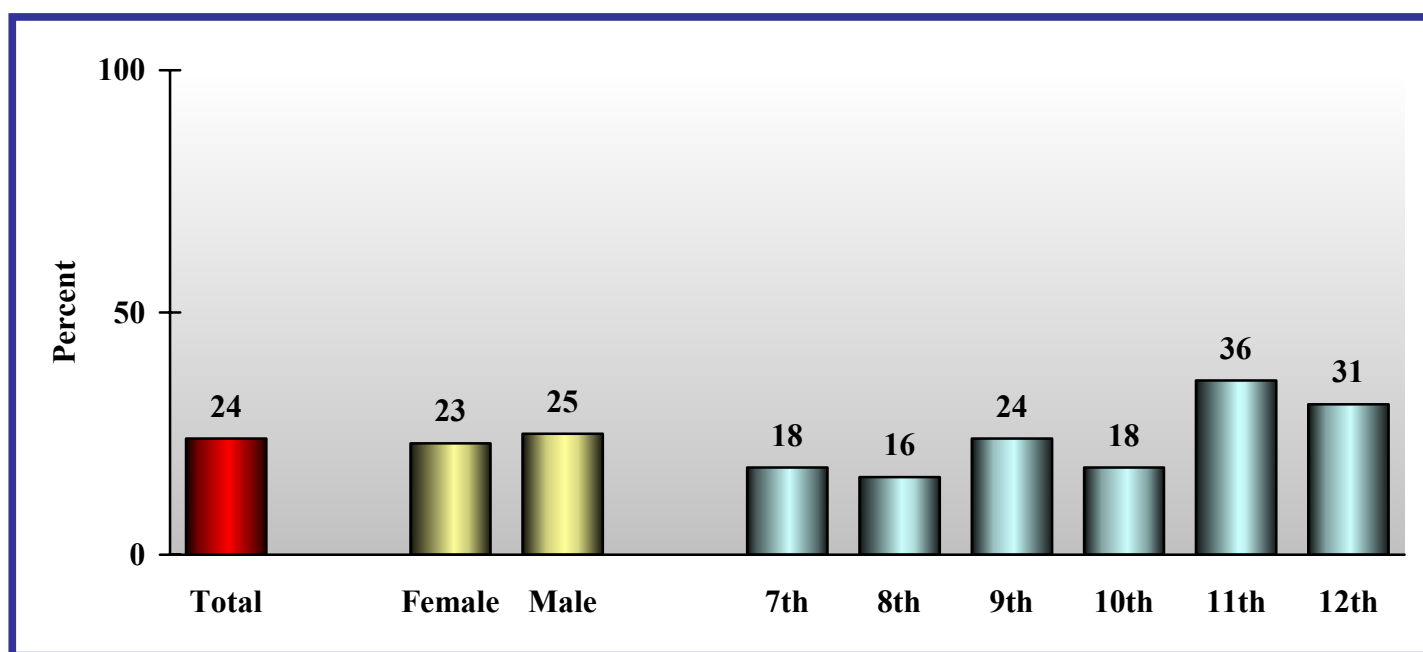


## Dietary Behaviors (cont'd)

**Figure 58:** Percentage of students who ate green salad four or more times during the past seven days.



**Figure 59:** Percentage of students who ate potatoes four or more times during the past seven days.



## Dietary Behaviors (cont'd)

Figure 60: Percentage of students who ate carrots four or more times during the past seven days.

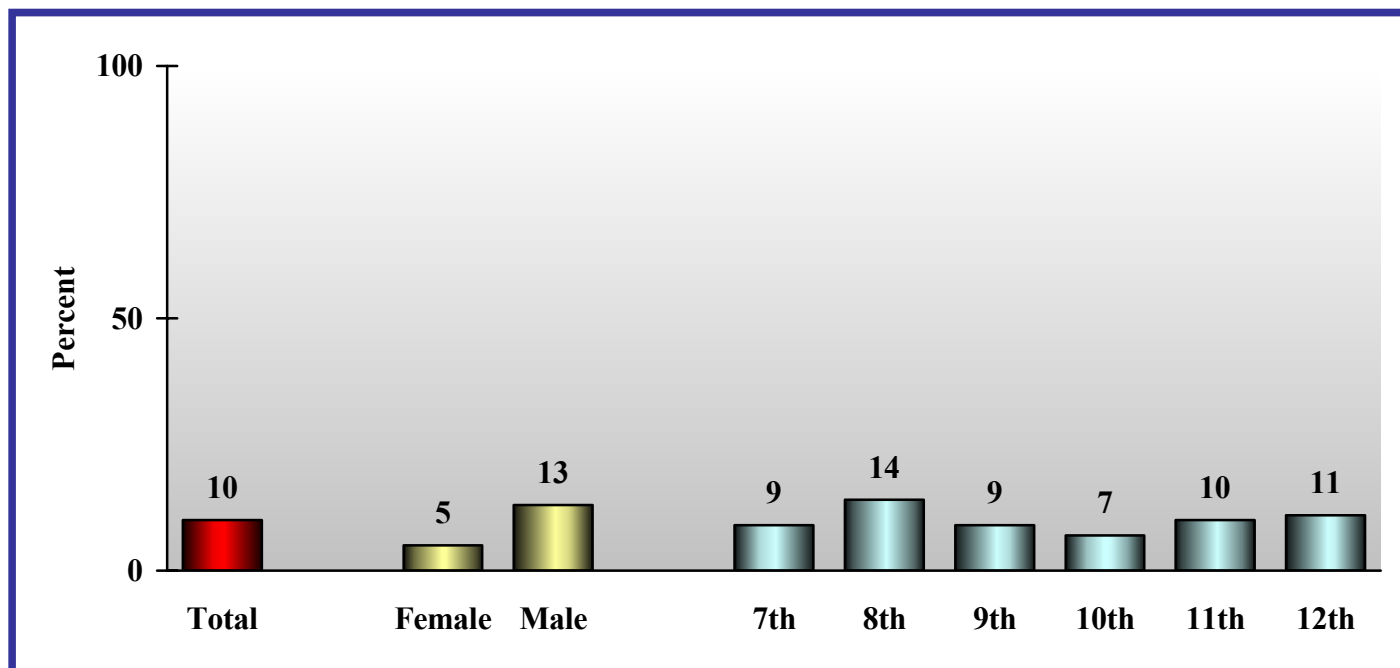
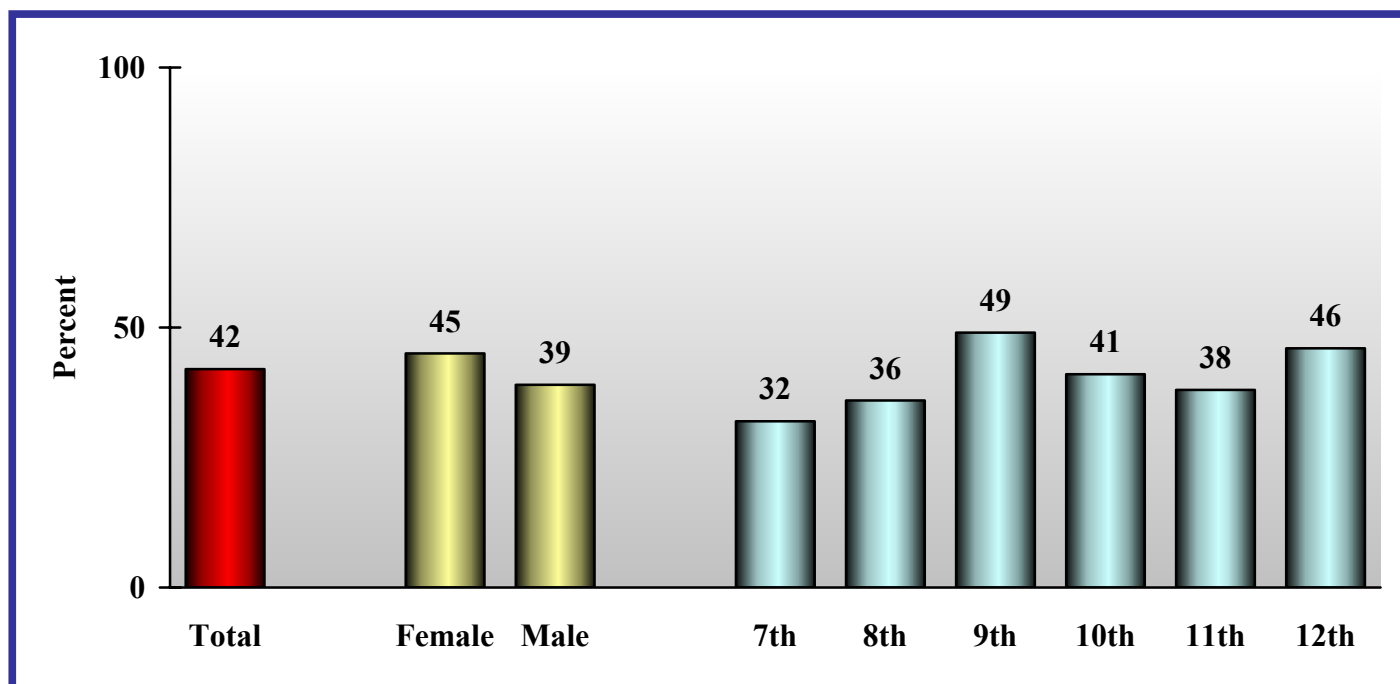
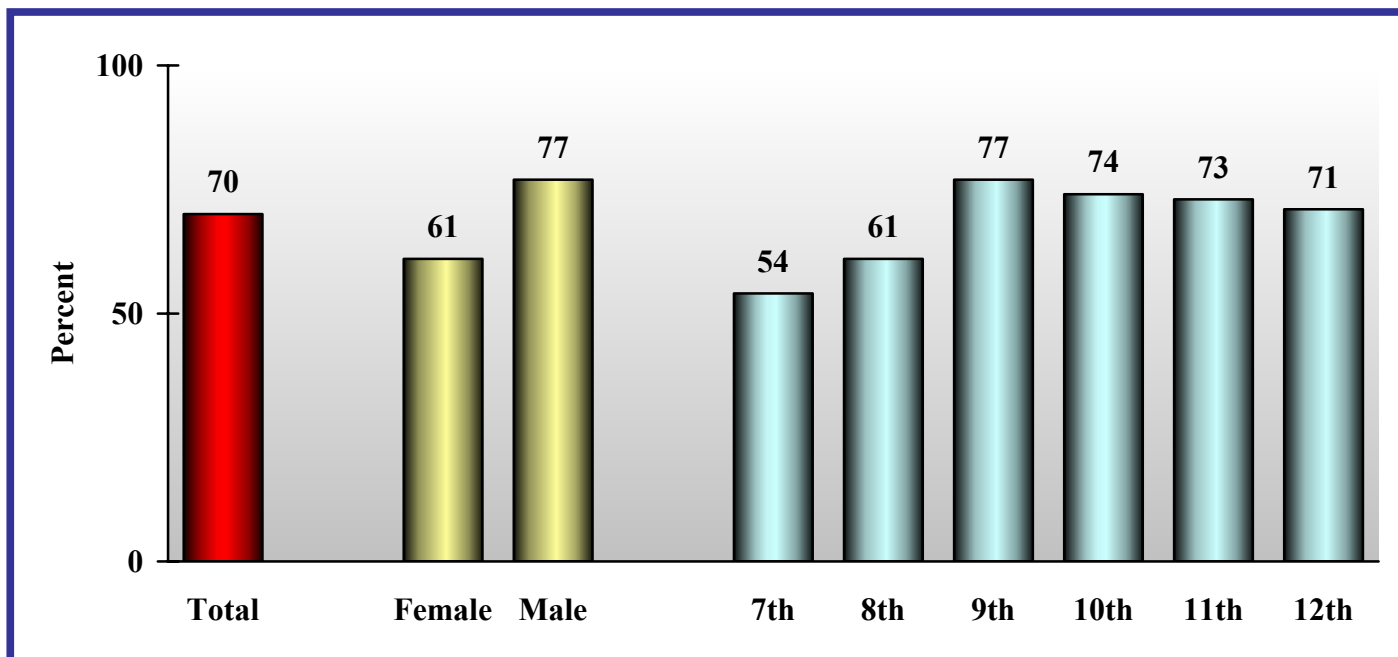


Figure 61: Percentage of students who ate other vegetables four or more times during the past seven days.



## Dietary Behaviors (cont'd)

Figure 62: Percentage of students who drank milk four or more times during the past seven days.



## Physical Activity

### Physical Activity With Sweat:

- Percentage of students who participated in physical activity for at least thirty minutes that made them sweat or breathe hard on three or more of the past seven days.

### Physical Activity Without Sweat:

- Percentage of students who participated in physical activity for at least thirty minutes that did not make them sweat or breathe hard on three or more of the past seven days.

### Physical Education Class:

- Percentage of students who attended physical education (PE) class on one or more of the past seven days.

### Played on Sports Teams:

- Percentage of students who played on one or more sports teams during the past twelve months.

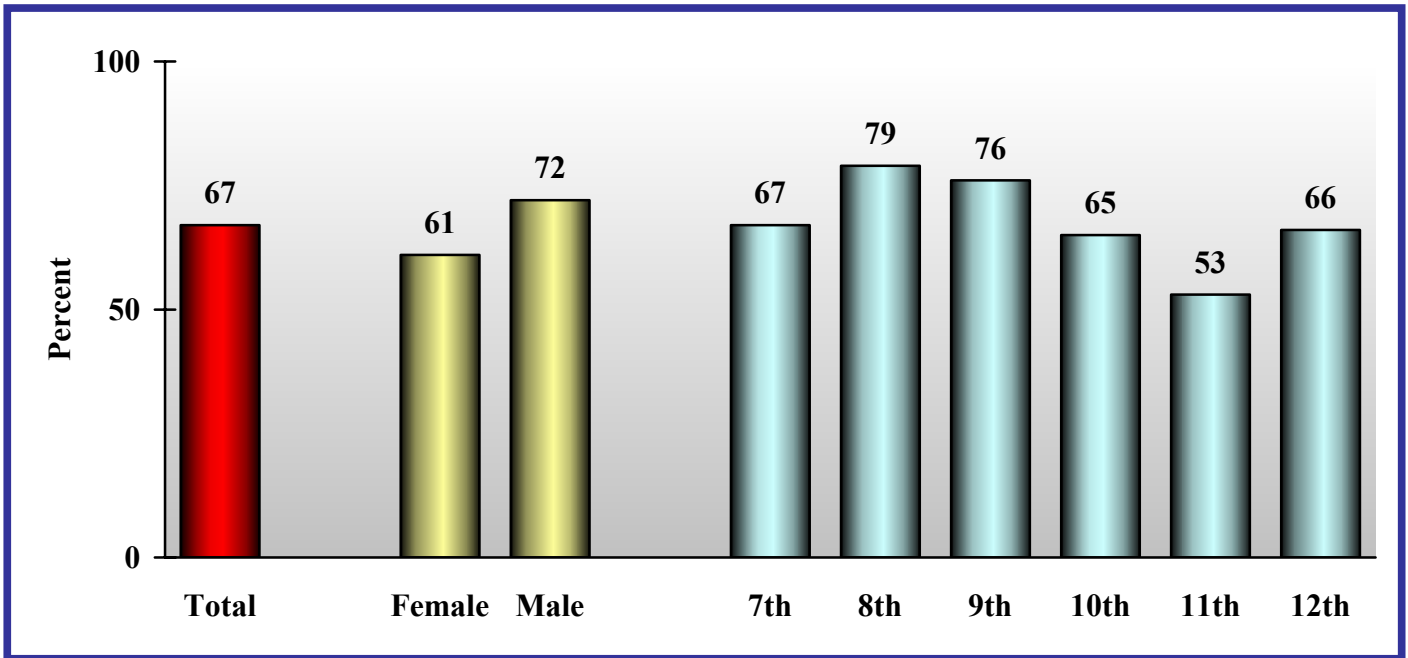
Table 17: Physical Activity

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Physical activity with sweat	67	61	72	67	79	76	65	53	66
Physical activity without sweat	49	46	51	50	44	60	44	45	46
Physical education class	50	50	50	69	26	71	54	29	41
Played on sports teams	65	64	66	76	67	74	56	49	66

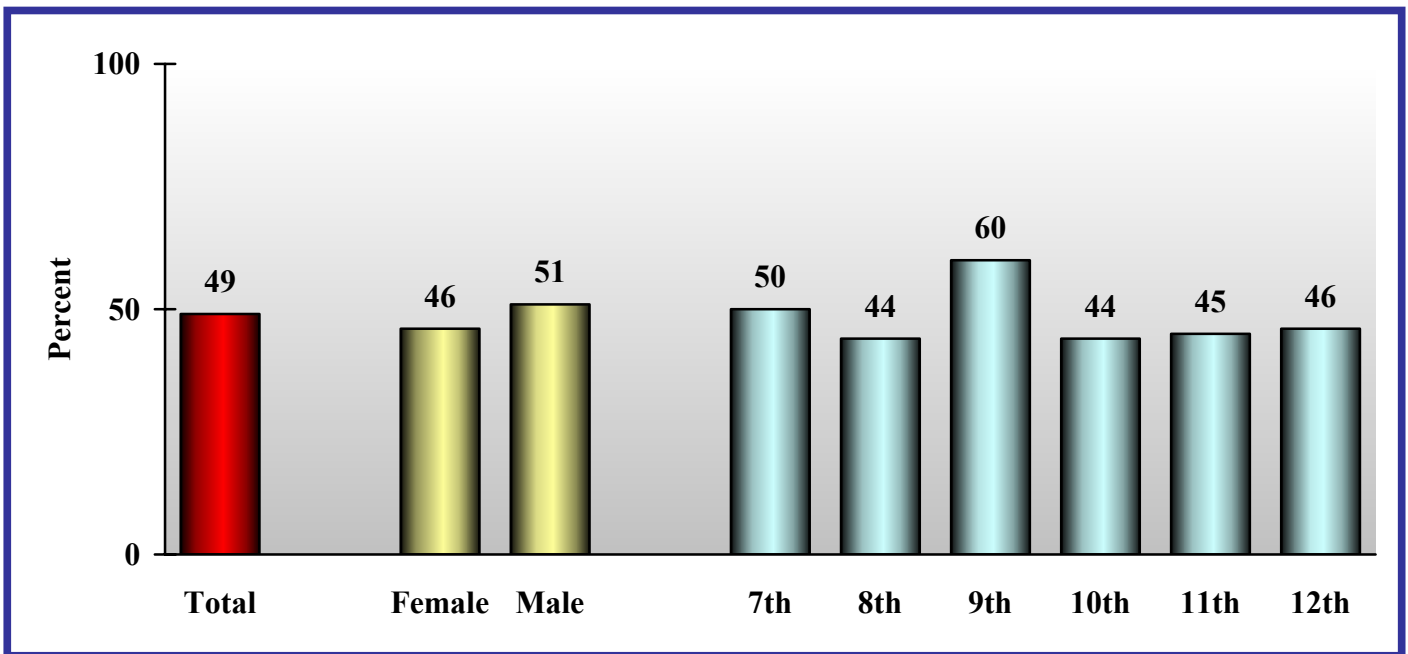


## Physical Activity (cont'd)

**Figure 63:** Percentage of students who participated in a physical activity for at least thirty minutes that made them sweat and breathe hard on three or more of the past seven days.

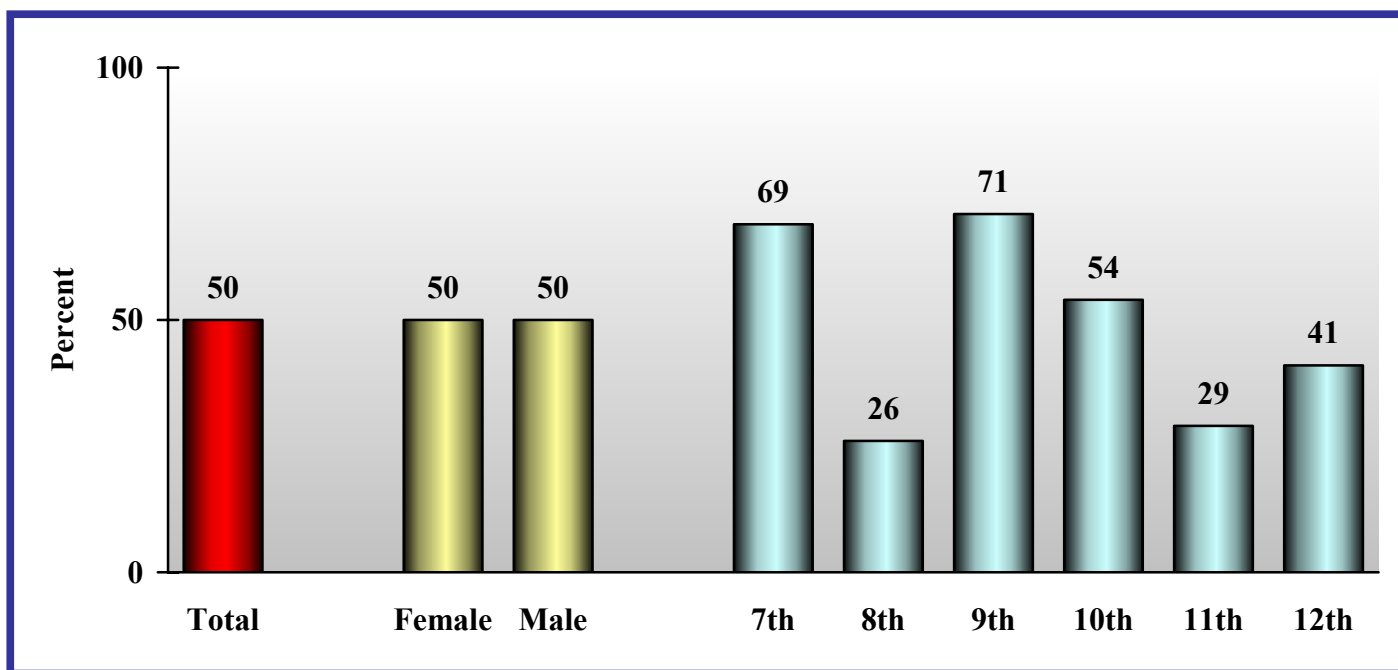


**Figure 64:** Percentage of students who participated in a physical activity for at least thirty minutes that did not make them sweat or breathe hard three or more of the past seven days.

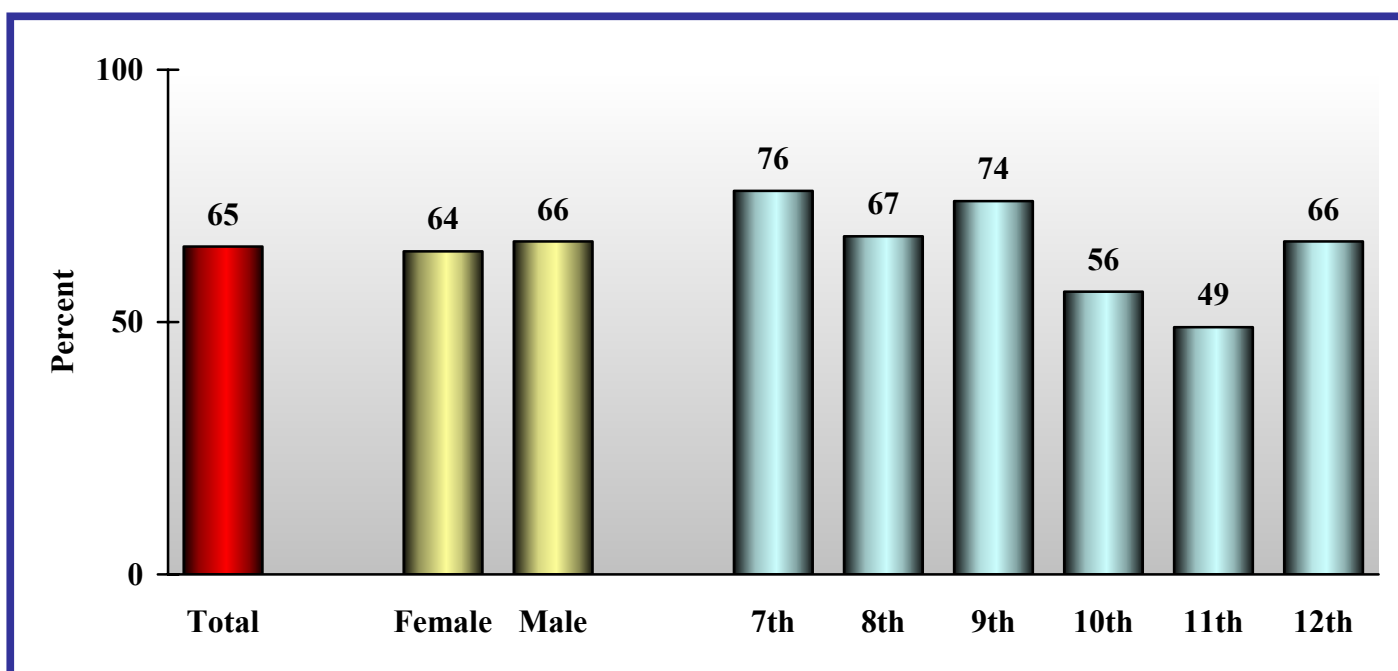


## Physical Activity (cont'd)

**Figure 65:** Percentage of students who attended physical education (PE) class one or more days during an average school week.



**Figure 66:** Percentage of students who played on one or more sports teams during the past twelve months.



## Violence-Related Behaviors on School Property

### Carried a Weapon on School Property:

- Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past thirty days.

### Had Property Stolen or Damaged:

- Percentage of students who had their property stolen or deliberately damaged during past twelve months.

### Felt Unsafe on the Way or At School:

- Percentage of students who did not go to school on one or more of the past thirty days because they felt unsafe at school or on their way to or from school.

### Threatened or Injured on School Property:

- Percentage of students who had been threatened or injured with weapon on school property one or more times during the past twelve months.

### Involved in Physical Fight on School Property:

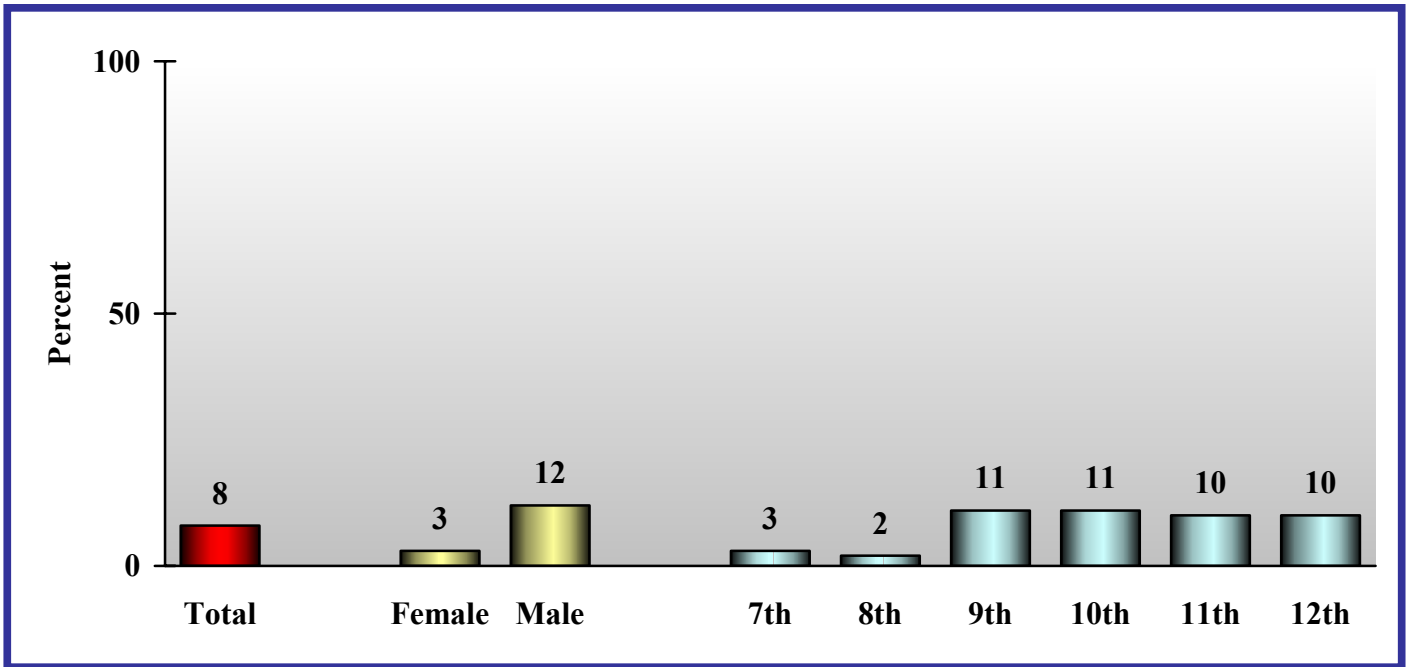
- Percentage of students who were in a physical fight on school property one or more times during the past twelve months.

**Table 18: Violence-Related Behaviors on School Property**

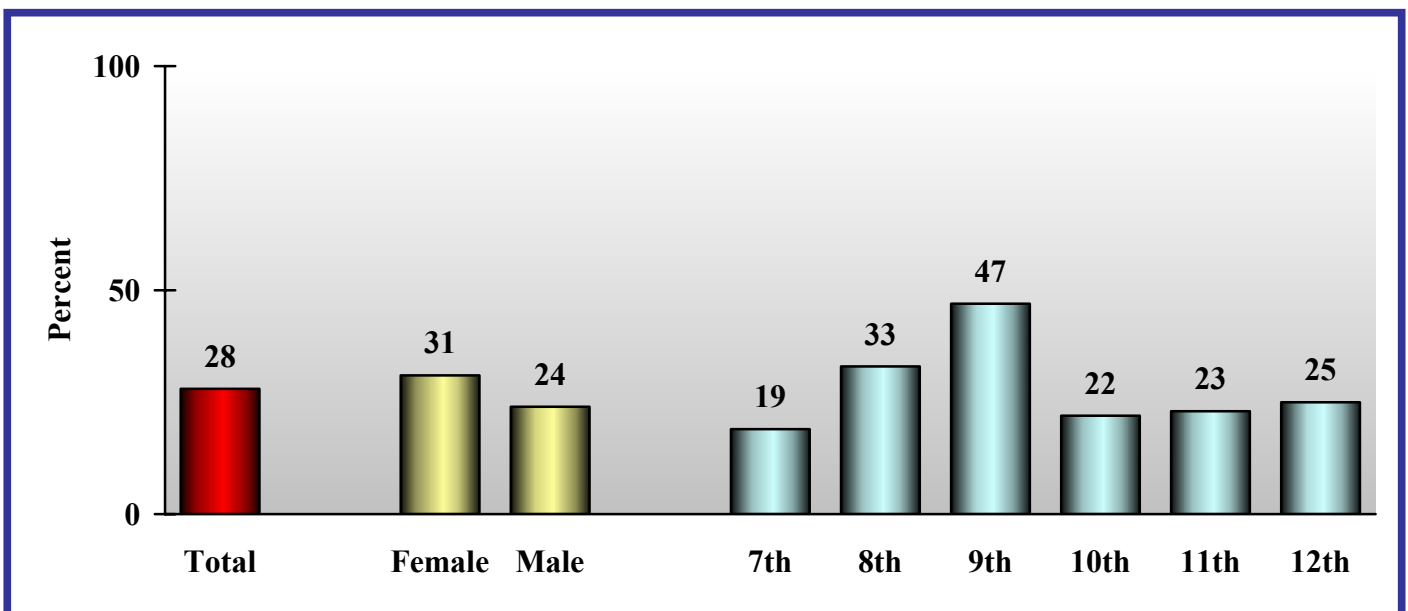
Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon on school property	8	3	12	3	2	11	11	10	10
Had property stolen or damaged	28	31	24	19	33	47	22	23	25
Felt unsafe on the way or at school	5	4	5	5	0	9	4	6	6
Threatened or injured on school property	7	5	9	2	7	21	5	4	4
Involved in physical fight on school property	17	10	23	19	18	24	19	9	8

## Violence-Related Behaviors on School Property (cont'd)

**Figure 67:** Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past thirty days.

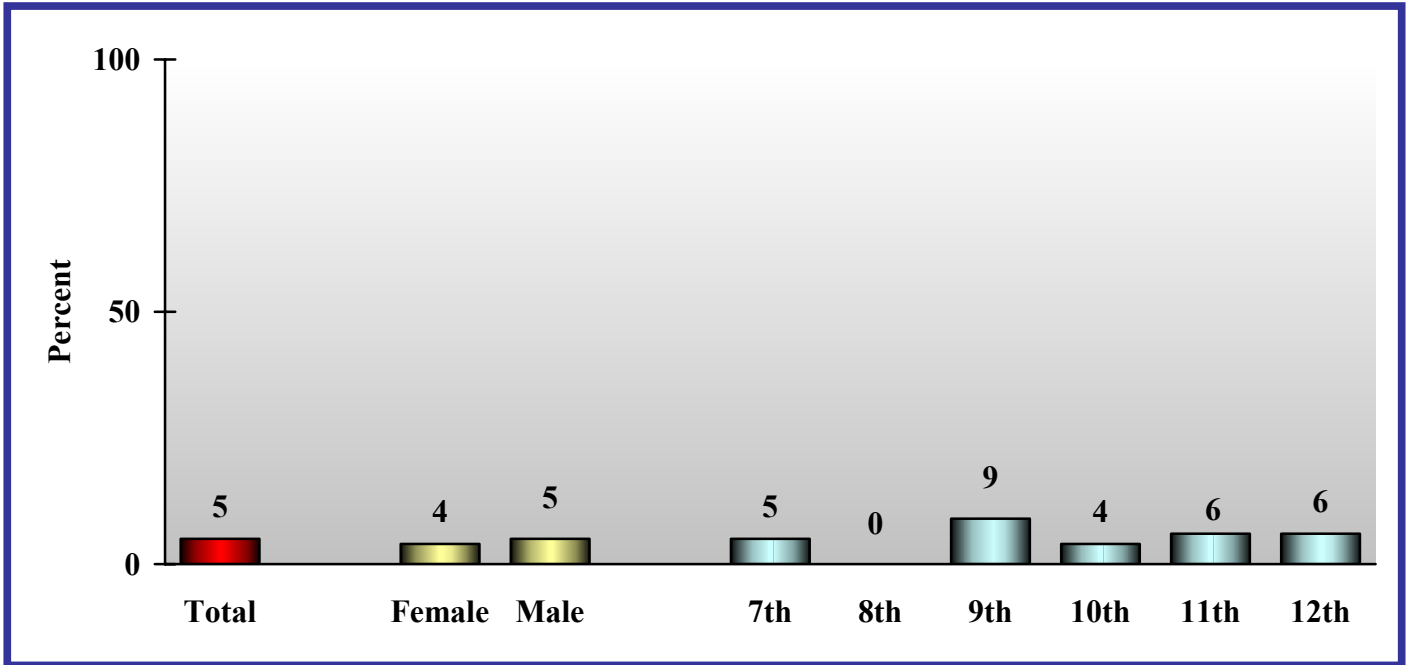


**Figure 68:** Percentage of students who have had their property stolen or deliberately damaged during the past twelve months.

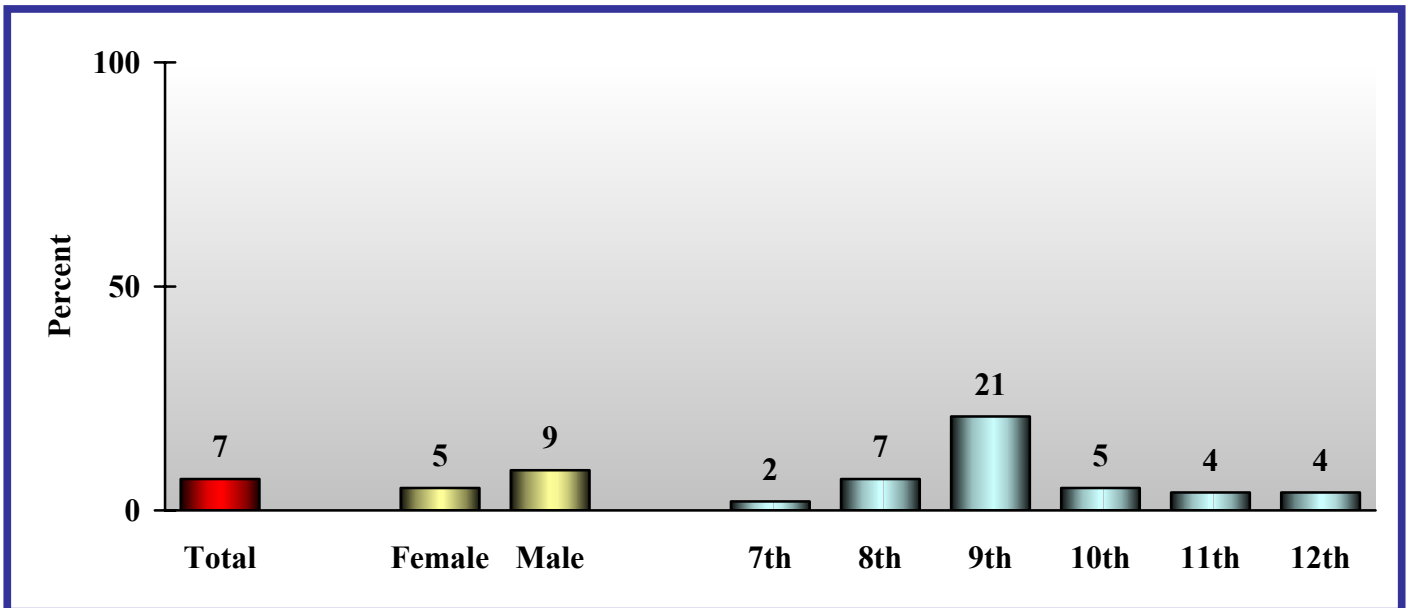


## Violence-Related Behaviors on School Property (cont'd)

**Figure 69:** Percentage of students who did not go to school on one or more of the past thirty days because they felt unsafe at school or on their way to or from school.

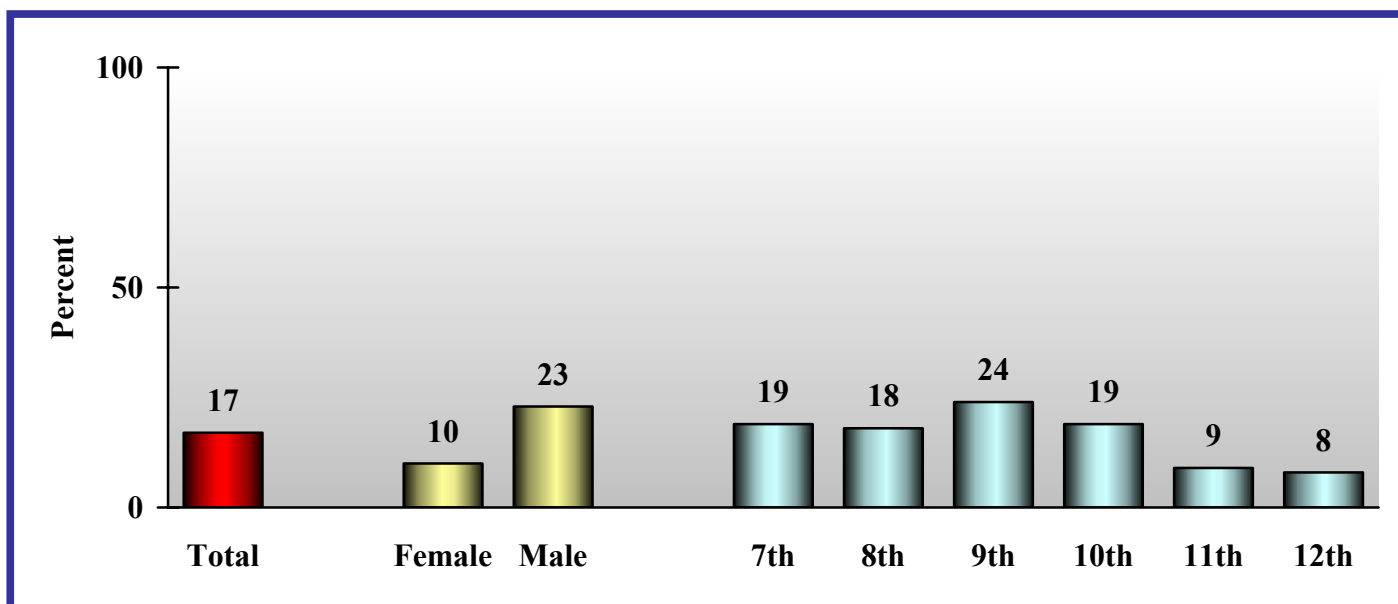


**Figure 70:** Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past twelve months.



## Violence-Related Behaviors on School Property (cont'd)

**Figure 71:** Percentage of students who were in a physical fight on school property one or more times during the past twelve months.



## Tobacco Use on School Property

### Smoked Cigarettes on School Property:

- The percentage of students who smoked cigarettes on school property on one or more of the past thirty days.

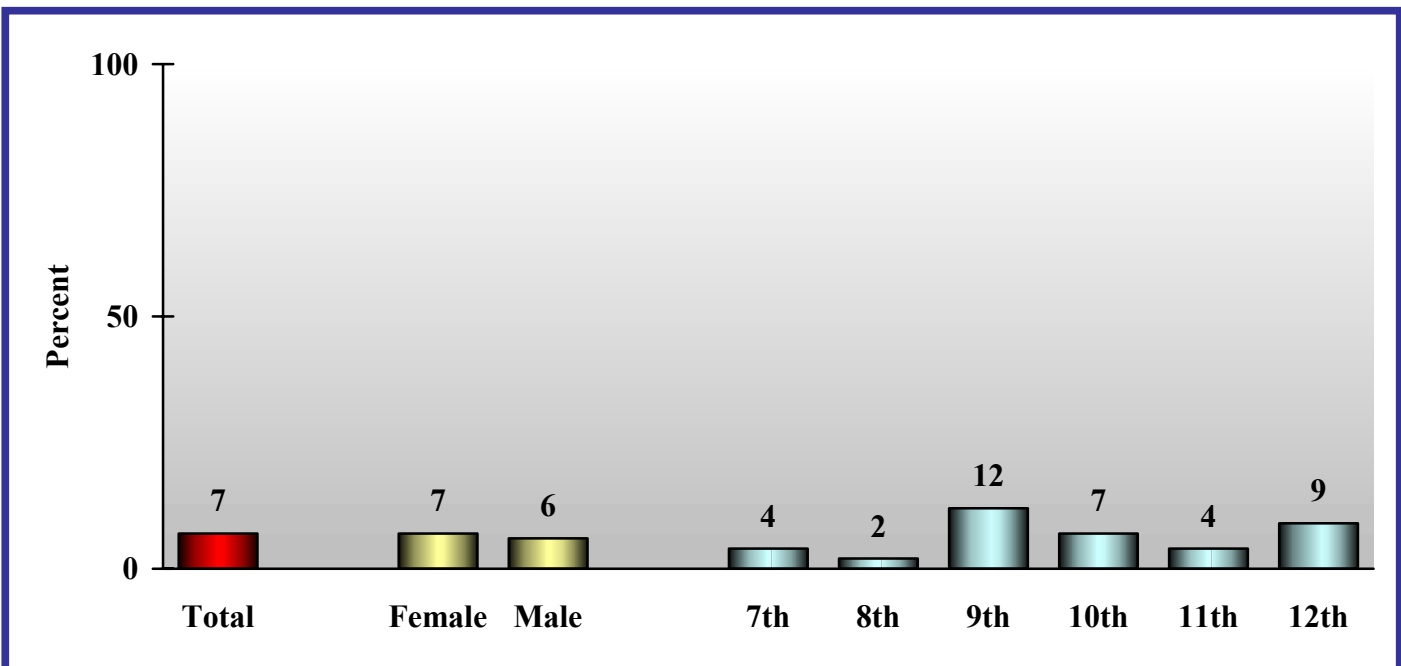
### Chewed Tobacco on School Property:

- Percentage of students who used chewing tobacco or snuff on school property on one or more of the past thirty days.

Table 19: Tobacco Use on School Property

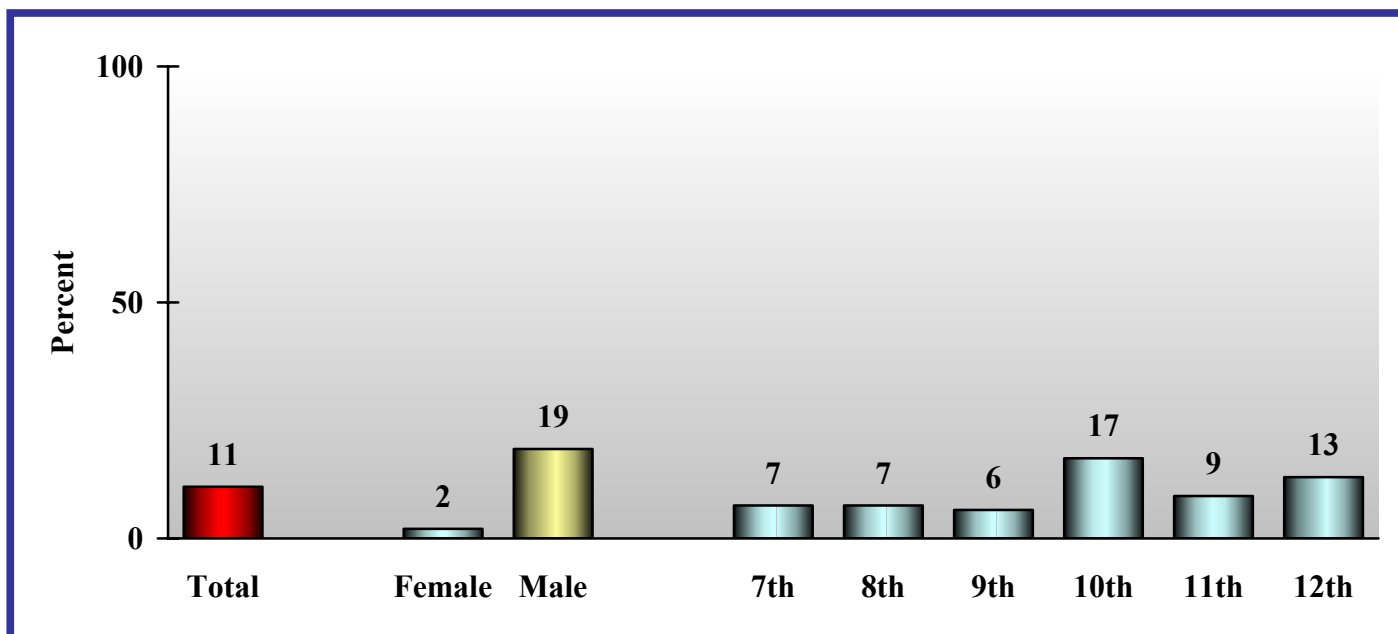
Question	Total	Percent							
		Gender		Grade					
		Female	Male	7	8	9	10	11	12
Smoked cigarettes on school property	7	7	6	4	2	12	7	4	9
Chewed tobacco on school property	11	2	19	7	7	6	17	9	13

Figure 72: Percentage of students who smoked cigarettes on school property on one or more of the past thirty days.



## Tobacco Use on School Property (cont'd)

**Figure 73:** Percentage of students who used chewing tobacco or snuff on school property on one or more of the past thirty days.





## Alcohol Use on School Property

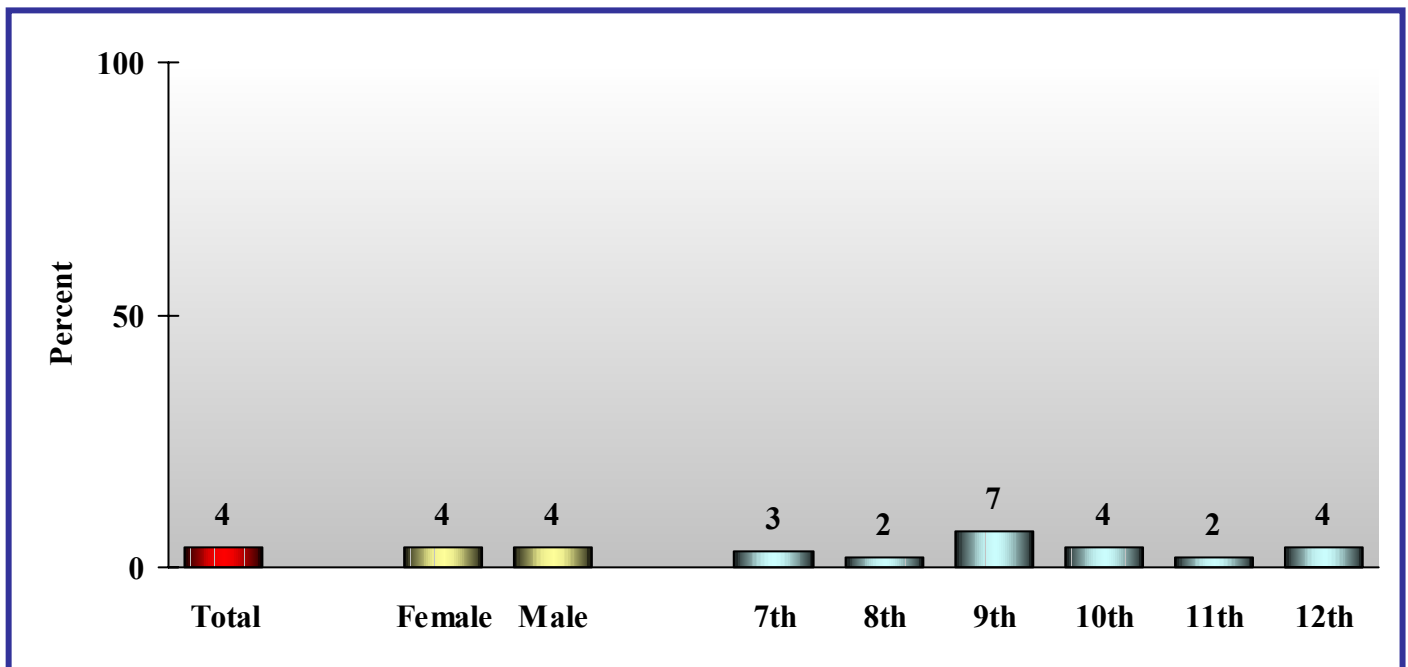
Alcohol Use on School Property:

- Percentage of students who had at least one drink of alcohol on school property on one or more of the past thirty days.

Table 20: Alcohol Use on School Property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Alcohol use on school property	4	4	4	3	2	7	4	2	4

Figure 74: Percentage of students who had at least one drink of alcohol on school property on one or more of the past thirty days.



## Drug Use on School Property

### Marijuana Use on School Property:

- The percentage of students who used marijuana on school property during one or more of the past thirty days.

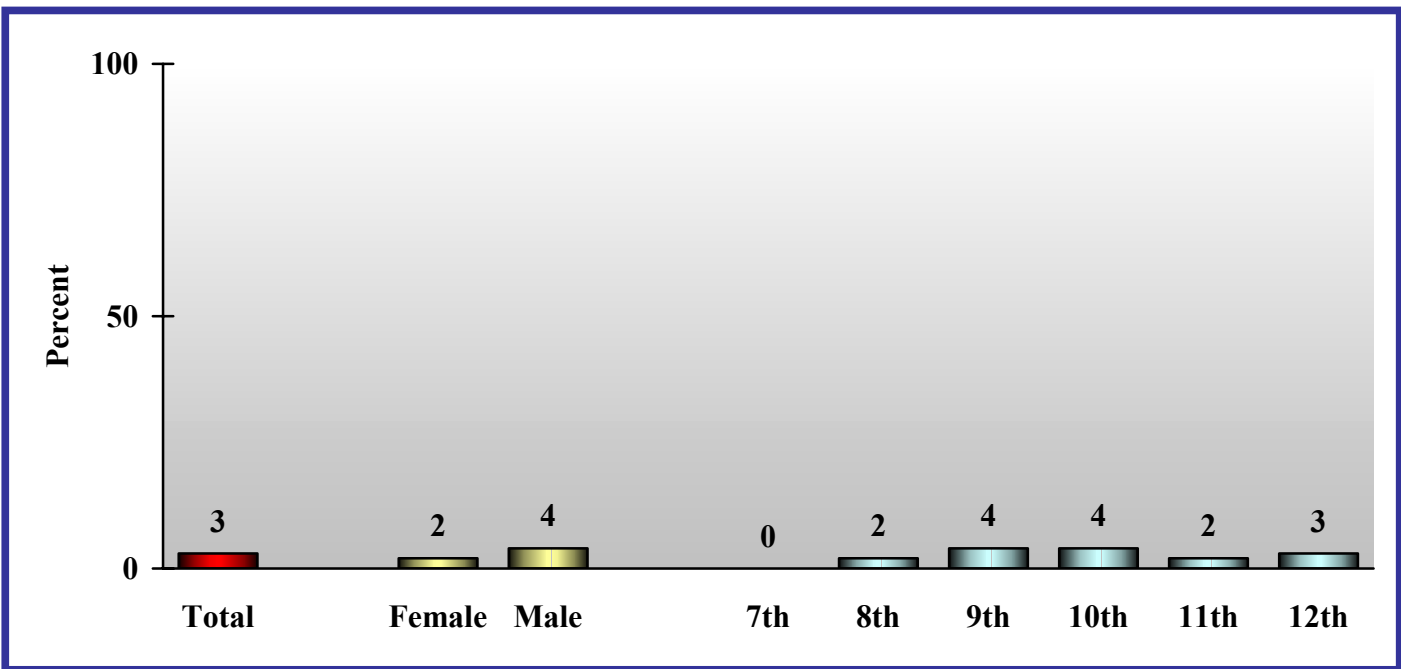
### Offer or Sale of Illegal Drugs on School Property:

- Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past twelve months.

Table 21: Drug Use on School Property

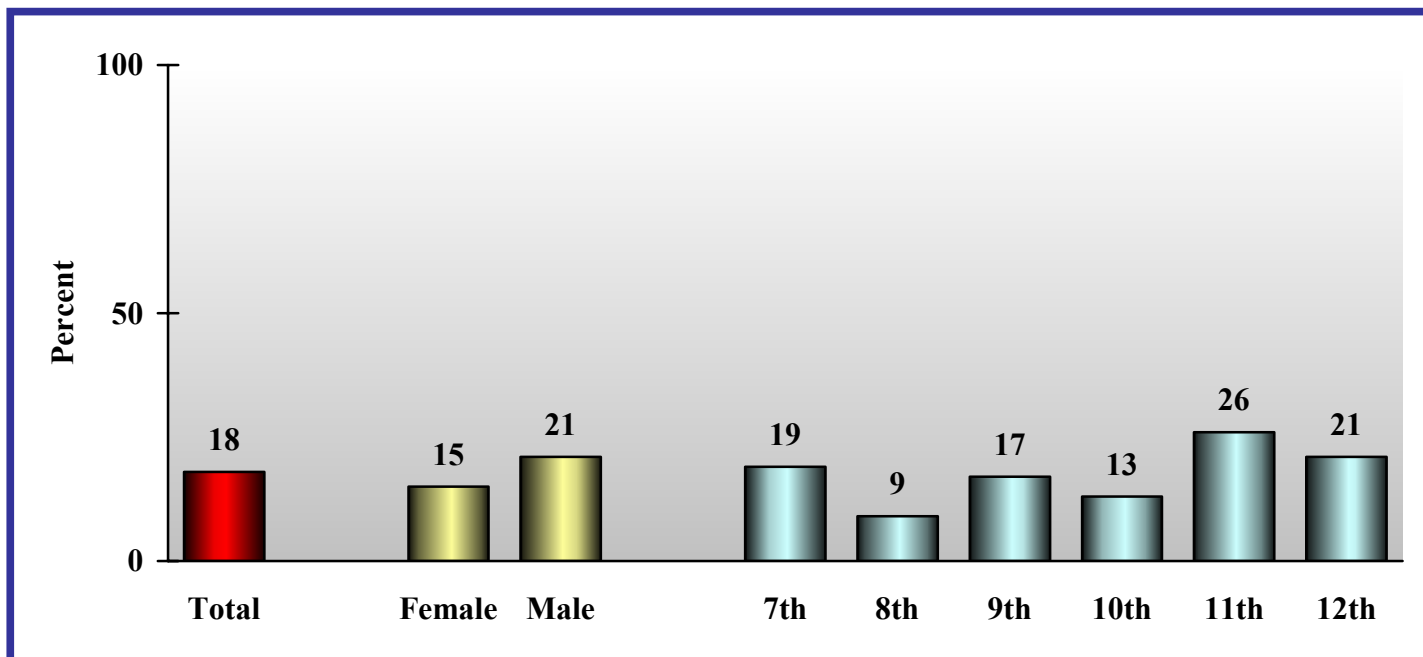
Question	Total	Percent							
		Gender		Grade					
		Female	Male	7	8	9	10	11	12
Marijuana Use on School Property	3	2	4	0	2	4	4	2	3
Offer or Sale of Illegal Drugs on School Property	18	15	21	19	9	17	13	26	21

Figure 75: Percentage of students who used marijuana on school property on one or more of the past thirty days.



## Drug Use on School Property (cont'd)

Figure 76: Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



# SEARCY COUNTY 2006 YOUTH HEALTH SURVEY QUESTIONNAIRE

## The FREQ Procedure

1. How old are you?		
	Number of Students	Percent of Total
<b>12 OR YOUNGER</b>	20	5
<b>13</b>	58	15
<b>14</b>	54	14
<b>15</b>	73	19
<b>16</b>	73	19
<b>17</b>	73	19
<b>18 OR OLDER</b>	30	8

Frequency Missing = 1

2. What is your sex?		
	Number of Students	Percent of Total
<b>FEMALE</b>	179	47
<b>MALE</b>	199	53

Frequency Missing = 4

## 2006 Searcy County Youth Health Survey

<b>3. In what grade are you?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>7TH</b>	59	16
<b>8TH</b>	45	12
<b>9TH</b>	68	18
<b>10TH</b>	76	20
<b>11TH</b>	53	14
<b>12TH</b>	71	19

Frequency Missing = 10

<b>5. How do you describe your health in general?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>EXCELLENT</b>	62	16
<b>VERY GOOD</b>	122	32
<b>GOOD</b>	145	38
<b>FAIR</b>	44	12
<b>POOR</b>	4	1

Frequency Missing = 5

**8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?**

	Number of Students	Percent of Total
<b>DID NOT RIDE</b>	170	45
<b>NEVER WORE</b>	188	49
<b>RARELY WORE</b>	9	2
<b>SOMETIMES WORE</b>	3	1
<b>WORE MOST OF THE TIME</b>	5	1
<b>ALWAYS WORE</b>	5	1

Frequency Missing = 2

**9. How often do you wear a seat belt when riding in a car driven by someone else?**

	Number of Students	Percent of Total
<b>NEVER</b>	19	5
<b>RARELY</b>	53	14
<b>SOMETIMES</b>	91	24
<b>MOST OF THE TIME</b>	120	32
<b>ALWAYS</b>	96	25

Frequency Missing = 3

## 2006 Searcy County Youth Health Survey

<b>10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	275	73
<b>1 TIME</b>	35	9
<b>2-3 TIMES</b>	42	11
<b>4-5 TIMES</b>	9	2
<b>6+ TIMES</b>	15	4

Frequency Missing = 6

<b>11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	324	88
<b>1 TIME</b>	18	5
<b>2-3 TIMES</b>	16	4
<b>4-5 TIMES</b>	3	1
<b>6+ TIMES</b>	9	2

Frequency Missing = 12

## 2006 Searcy County Youth Health Survey

<b>12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	258	72
<b>1 TIME</b>	11	3
<b>2-3 TIMES</b>	29	8
<b>4-5 TIMES</b>	9	3
<b>6+ TIMES</b>	51	14

Frequency Missing = 24

<b>13. During the past 30 days, on how many days did you carry a gun?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	312	85
<b>1 TIME</b>	13	4
<b>2-3 TIMES</b>	17	5
<b>4-5 TIMES</b>	6	2
<b>6+ TIMES</b>	17	5

Frequency Missing = 17



## 2006 Searcy County Youth Health Survey

<b>14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	343	92
<b>1 TIME</b>	7	2
<b>2-3 TIMES</b>	6	2
<b>4-5 TIMES</b>	3	1
<b>6+ TIMES</b>	15	4

Frequency Missing = 8

<b>15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	362	95
<b>1 TIME</b>	8	2
<b>2-3 TIMES</b>	8	2
<b>6+ TIMES</b>	3	1

Frequency Missing = 1

## 2006 Searcy County Youth Health Survey

<b>16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	350	93
<b>1 TIME</b>	11	3
<b>2-3 TIMES</b>	6	2
<b>4-5 TIMES</b>	1	0
<b>6-7 TIMES</b>	1	0
<b>8-9 TIMES</b>	1	0
<b>12+ TIMES</b>	7	2

Frequency Missing = 5

<b>17. During the past 12 months, how many times has someone stolen or deliberately damaged your property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	275	72
<b>1 TIME</b>	57	15
<b>2-3 TIMES</b>	26	7
<b>4-5 TIMES</b>	10	3
<b>6-7 TIMES</b>	5	1
<b>8-9 TIMES</b>	2	1
<b>10-11 TIMES</b>	1	0
<b>12+ TIMES</b>	4	1

Frequency Missing = 2

18. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	240	65
1 TIME	57	15
2-3 TIMES	29	8
4-5 TIMES	19	5
6-7 TIMES	7	2
8-9 TIMES	4	1
10-11 TIMES	4	1
12+ TIMES	9	2

Frequency Missing = 13

19. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	360	97
1 TIME	8	2
2-3 TIMES	2	1
6+ TIMES	1	0

Frequency Missing = 11

## 2006 Searcy County Youth Health Survey

<b>20. During the past 12 months, how many times were you in a physical fight on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	315	83
<b>1 TIME</b>	41	11
<b>2-3 TIMES</b>	18	5
<b>4-5 TIMES</b>	2	1
<b>6-7 TIMES</b>	1	0
<b>8-9 TIMES</b>	1	0
<b>12+ TIMES</b>	2	1

Frequency Missing = 2

<b>21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	38	10
<b>NO</b>	338	90

Frequency Missing = 6

## 2006 Searcy County Youth Health Survey

**22. Have you ever been forced to have sexual intercourse when you did not want to?**

	Number of Students	Percent of Total
<b>YES</b>	42	11
<b>NO</b>	339	89

Frequency Missing = 1

**23. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**

	Number of Students	Percent of Total
<b>YES</b>	106	28
<b>NO</b>	275	72

Frequency Missing = 1

**24. During the past 12 months, did you ever seriously consider attempting suicide?**

	Number of Students	Percent of Total
<b>YES</b>	66	19
<b>NO</b>	283	81

Frequency Missing = 33

**25. During the past 12 months, did you make a plan about how you would attempt suicide?**

	Number of Students	Percent of Total
<b>YES</b>	51	14
<b>NO</b>	322	86

Frequency Missing = 9

## 2006 Searcy County Youth Health Survey

<b>26. During the past 12 months, how many times did you actually attempt suicide?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	282	92
<b>1 TIME</b>	9	3
<b>2-3 TIMES</b>	12	4
<b>4-5 TIMES</b>	1	0
<b>6+ TIMES</b>	2	1

Frequency Missing = 76

<b>27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>N/A</b>	281	89
<b>YES</b>	8	3
<b>NO</b>	25	8

Frequency Missing = 68

<b>28. Have you ever tried cigarette smoking, even one or two puffs?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	221	60
<b>NO</b>	148	40

Frequency Missing = 13

## 2006 Searcy County Youth Health Survey

<b>29. How old were you when you smoked a whole cigarette for the first time?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NEVER TRIED</b>	199	54
<b>8 OR YOUNGER</b>	31	8
<b>AGE 9-10</b>	32	9
<b>AGE 11-12</b>	42	11
<b>AGE 13-14</b>	38	10
<b>AGE 15-16</b>	19	5
<b>17 OR OLDER</b>	7	2

Frequency Missing = 14

<b>30. During the past 30 days, on how many days did you smoke cigarettes?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	275	76
<b>1-2 DAYS</b>	18	5
<b>3-5 DAYS</b>	7	2
<b>6-9 DAYS</b>	5	1
<b>10-19 DAYS</b>	6	2
<b>20-29 DAYS</b>	7	2
<b>ALL 30 DAYS</b>	45	12

Frequency Missing = 19

## 2006 Searcy County Youth Health Survey

<b>31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE IPM</b>	274	76
<b>LT 1 PER DAY</b>	13	4
<b>1/DAY</b>	5	1
<b>2-5/DAY</b>	39	11
<b>6-10/DAY</b>	15	4
<b>11-20/DAY</b>	13	4
<b>21+ /DAY</b>	3	1

Frequency Missing = 20

<b>32. During the past 30 days, how did you usually get your own cigarettes?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE IN THE PAST MONTH</b>	275	76
<b>STORE BOUGHT</b>	15	4
<b>MACHINE BOUGHT</b>	1	0
<b>SOMEONE ELSE BOUGHT</b>	33	9
<b>BORROWED THEM</b>	19	5
<b>PERSON 18 OR OLDER GAVE THEM</b>	4	1
<b>TOOK FROM A STORE OR FAMILY MEMBER</b>	6	2
<b>SOME OTHER WAY</b>	10	3

Frequency Missing = 19



<b>33. During the past 30 days, on how many days did you smoke cigarettes on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	351	93
<b>1-2 DAYS</b>	13	3
<b>3-5 DAYS</b>	3	1
<b>6-9 DAYS</b>	5	1
<b>10-19 DAYS</b>	2	1
<b>20-29 DAYS</b>	1	0
<b>ALL 30 DAYS</b>	1	0

Frequency Missing = 6

<b>34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	77	21
<b>NO</b>	297	79

Frequency Missing = 8

<b>35. Have you ever tried to quit smoking cigarettes?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>N/A</b>	253	70
<b>YES</b>	74	20
<b>NO</b>	36	10

Frequency Missing = 19

## 2006 Searcy County Youth Health Survey

<b>36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Bandits or Copenhagen?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	318	84
<b>1-2 DAYS</b>	15	4
<b>3-5 DAYS</b>	5	1
<b>6-9 DAYS</b>	7	2
<b>10-19 DAYS</b>	4	1
<b>20-29 DAYS</b>	4	1
<b>ALL 30 DAYS</b>	26	7

Frequency Missing = 3

<b>37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	333	89
<b>1-2 DAYS</b>	10	3
<b>3-5 DAYS</b>	3	1
<b>6-9 DAYS</b>	7	2
<b>10-19 DAYS</b>	6	2
<b>20-29 DAYS</b>	6	2
<b>ALL 30 DAYS</b>	8	2

Frequency Missing = 9

## 2006 Searcy County Youth Health Survey

<b>38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	342	90
<b>1-2 DAYS</b>	22	6
<b>3-5 DAYS</b>	6	2
<b>6-9 DAYS</b>	3	1
<b>10-19 DAYS</b>	3	1
<b>20-29 DAYS</b>	1	0
<b>ALL 30 DAYS</b>	3	1

Frequency Missing = 2

<b>39. During your life, on how many days have you had at least one drink of alcohol?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	112	33
<b>1-2 DAYS</b>	31	9
<b>3-9 DAYS</b>	47	14
<b>10-19 DAYS</b>	43	13
<b>20-39 DAYS</b>	32	9
<b>40-99 DAYS</b>	27	8
<b>100+ DAYS</b>	52	15

Frequency Missing = 38

## 2006 Searcy County Youth Health Survey

<b>40. How old were you when you had your first drink of alcohol other than a few sips?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NEVER TRIED</b>	111	32
<b>8 OR YOUNGER</b>	38	11
<b>AGE 9-10</b>	40	12
<b>AGE 11-12</b>	43	13
<b>AGE 13-14</b>	68	20
<b>AGE 15-16</b>	41	12
<b>17 OR OLDER</b>	3	1

Frequency Missing = 38

<b>41. During the past 30 days, on how many days did you have at least one drink of alcohol?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	223	62
<b>1-2 DAYS</b>	68	19
<b>3-5 DAYS</b>	29	8
<b>6-9 DAYS</b>	23	6
<b>10-19 DAYS</b>	15	4
<b>20-29 DAYS</b>	1	0
<b>ALL 30 DAYS</b>	2	1

Frequency Missing = 21

## 2006 Searcy County Youth Health Survey

<b>42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	278	74
<b>1 DAY</b>	36	10
<b>2 DAYS</b>	20	5
<b>3-5 DAYS</b>	22	6
<b>6-9 DAYS</b>	10	3
<b>10-19 DAYS</b>	7	2
<b>20+ DAYS</b>	1	0

Frequency Missing = 8

<b>43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	361	96
<b>1-2 DAYS</b>	12	3
<b>3-5 DAYS</b>	4	1

Frequency Missing = 5

## 2006 Searcy County Youth Health Survey

<b>44. During your life, how many times have you used marijuana?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	255	69
<b>1-2 TIMES</b>	31	8
<b>3-9 TIMES</b>	18	5
<b>10-19 TIMES</b>	10	3
<b>20-39 TIMES</b>	16	4
<b>40-99 TIMES</b>	10	3
<b>100+ TIMES</b>	32	9

Frequency Missing = 10

<b>45. How old were you when you tried marijuana for the first time?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NEVER TRIED</b>	257	68
<b>8 OR YOUNGER</b>	14	4
<b>AGE 9-10</b>	12	3
<b>AGE 11-12</b>	26	7
<b>AGE 13-14</b>	39	10
<b>AGE 15-16</b>	26	7
<b>17 OR OLDER</b>	5	1

Frequency Missing = 3

<b>46. During the past 30 days, how many times did you use marijuana?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	328	88
<b>1-2 TIMES</b>	18	5
<b>3-9 TIMES</b>	10	3
<b>10-19 TIMES</b>	8	2
<b>20-39 TIMES</b>	1	0
<b>40+ TIMES</b>	9	2

Frequency Missing = 8

<b>47. During the past 30 days, how many times did you use marijuana on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	368	97
<b>1-2 TIMES</b>	6	2
<b>3-9 TIMES</b>	2	1
<b>10-19 TIMES</b>	1	0
<b>20-39 TIMES</b>	1	0

Frequency Missing = 4

<b>48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	352	94
<b>1-2 TIMES</b>	12	3
<b>3-9 TIMES</b>	5	1
<b>10-19 TIMES</b>	3	1
<b>20-39 TIMES</b>	2	1
<b>40+ TIMES</b>	2	1

Frequency Missing = 6

<b>49. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	365	97
<b>1-2 TIMES</b>	6	2
<b>3-9 TIMES</b>	5	1
<b>40+ TIMES</b>	1	0

Frequency Missing = 5



## 2006 Searcy County Youth Health Survey

<b>50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	307	81
<b>1-2 TIMES</b>	34	9
<b>3-9 TIMES</b>	15	4
<b>10-19 TIMES</b>	5	1
<b>20-39 TIMES</b>	8	2
<b>40+ TIMES</b>	9	2

Frequency Missing = 4

<b>51. During your life, how many times have you used heroin (also called smack, junk, or China White)?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	365	97
<b>1-2 TIMES</b>	5	1
<b>3-9 TIMES</b>	2	1
<b>10-19 TIMES</b>	3	1
<b>40+ TIMES</b>	1	0

Frequency Missing = 6

<b>52. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	340	91
<b>1-2 TIMES</b>	13	3
<b>3-9 TIMES</b>	5	1
<b>10-19 TIMES</b>	5	1
<b>20-39 TIMES</b>	6	2
<b>40+ TIMES</b>	4	1

Frequency Missing = 9

<b>53. During your life, how many times have you used ecstasy?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	357	94
<b>1-2 TIMES</b>	11	3
<b>3-9 TIMES</b>	5	1
<b>10-19 TIMES</b>	2	1
<b>20-39 TIMES</b>	1	0
<b>40+ TIMES</b>	2	1

Frequency Missing = 4

## 2006 Searcy County Youth Health Survey

<b>54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	367	97
<b>1-2 TIMES</b>	7	2
<b>3-9 TIMES</b>	3	1
<b>10-19 TIMES</b>	2	1
<b>20-39 TIMES</b>	1	0

Frequency Missing = 2

<b>55. During your life, how many times have you used a needle to inject any illegal drug into your body?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TIMES</b>	371	97
<b>1 TIME</b>	8	2
<b>2+ TIMES</b>	2	1

Frequency Missing = 1

<b>56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	68	18
<b>NO</b>	310	82

Frequency Missing = 4

<b>57. Have you ever had sexual intercourse?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	158	46
<b>NO</b>	188	54

Frequency Missing = 36

<b>58. How old were you when you had sexual intercourse for the first time?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NEVER</b>	188	54
<b>AGE 11 OR YOUNGER</b>	17	5
<b>AGE 12</b>	12	3
<b>AGE 13</b>	27	8
<b>AGE 14</b>	36	10
<b>AGE 15</b>	30	9
<b>AGE 16</b>	30	9
<b>AGE 17+</b>	8	2

Frequency Missing = 34

## 2006 Searcy County Youth Health Survey

<b>59. During your life, with how many people have you had sexual intercourse?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	189	54
<b>1 PERSON</b>	55	16
<b>2 PEOPLE</b>	23	7
<b>3 PEOPLE</b>	27	8
<b>4 PEOPLE</b>	15	4
<b>5 PEOPLE</b>	11	3
<b>6 OR MORE PEOPLE</b>	30	9

Frequency Missing = 32

<b>60. During the past 3 months, with how many people did you have sexual intercourse?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE AT ALL</b>	188	54
<b>NONE IN PAST 3 MONTHS</b>	41	12
<b>1 PERSON</b>	91	26
<b>2 PEOPLE</b>	19	5
<b>3 PEOPLE</b>	2	1
<b>4 PEOPLE</b>	2	1
<b>6 OR MORE PEOPLE</b>	4	1

Frequency Missing = 35

## 2006 Searcy County Youth Health Survey

<b>61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>N/A</b>	188	55
<b>YES</b>	29	8
<b>NO</b>	127	37

Frequency Missing = 38

<b>62. The last time you had sexual intercourse, did you or your partner use condom?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>N/A</b>	188	54
<b>YES</b>	94	27
<b>NO</b>	63	18

Frequency Missing = 37

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	188	54
NO BIRTH CONTROL USED	22	6
BIRTH CONTROL PILLS	24	7
CONDOMS	80	23
DEPO-PROVERA	1	0
WITHDRAWAL	19	5
OTHER	5	1
NOT SURE	7	2

Frequency Missing = 36

64. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	12	3
SLIGHTLY UNDERWEIGHT	39	10
ABOUT THE RIGHT WEIGHT	189	51
SLIGHTLY OVERWEIGHT	102	27
VERY OVERWEIGHT	31	8

Frequency Missing = 9

## 2006 Searcy County Youth Health Survey

<b>65. Which of the following are you trying to do about your weight?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>LOSE WEIGHT</b>	177	48
<b>GAIN WEIGHT</b>	49	13
<b>STAY THE SAME WEIGHT</b>	68	18
<b>NOT TRYING TO DO ANYTHING</b>	78	21

Frequency Missing = 10

<b>66. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	233	62
<b>NO</b>	140	38

Frequency Missing = 9

<b>67. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	156	42
<b>NO</b>	214	58

Frequency Missing = 12



## 2006 Searcy County Youth Health Survey

**68. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?**

	Number of Students	Percent of Total
<b>YES</b>	51	14
<b>NO</b>	324	86

Frequency Missing = 7

**69. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?**

	Number of Students	Percent of Total
<b>YES</b>	27	7
<b>NO</b>	348	93

Frequency Missing = 7

**70. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?**

	Number of Students	Percent of Total
<b>YES</b>	23	6
<b>NO</b>	351	94

Frequency Missing = 8

# 2006 Searcy County Youth Health Survey

<b>71. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	104	28
<b>1-3 TIMES</b>	119	32
<b>4-6 TIMES</b>	60	16
<b>ONCE PER DAY</b>	34	9
<b>TWICE PER DAY</b>	29	8
<b>3 TIMES PER DAY</b>	11	3
<b>4+ TIMES PER DAY</b>	17	5

Frequency Missing = 8

<b>72. During the past 7 days, how many times did you eat fruit?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	57	15
<b>1-3 TIMES</b>	165	44
<b>4-6 TIMES</b>	67	18
<b>ONCE PER DAY</b>	32	9
<b>TWICE PER DAY</b>	23	6
<b>3 TIMES PER DAY</b>	13	3
<b>4+ TIMES PER DAY</b>	17	5

Frequency Missing = 8

<b>73. During the past 7 days, how many times did you eat green salad?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	142	38
<b>1-3 TIMES</b>	147	40
<b>4-6 TIMES</b>	46	12
<b>ONCE PER DAY</b>	25	7
<b>TWICE PER DAY</b>	7	2
<b>3 TIMES PER DAY</b>	1	0
<b>4+ TIMES PER DAY</b>	4	1

Frequency Missing = 10

<b>74. During the past 7 days, how many times did you eat potatoes?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	99	26
<b>1-3 TIMES</b>	188	50
<b>4-6 TIMES</b>	53	14
<b>ONCE PER DAY</b>	22	6
<b>TWICE PER DAY</b>	8	2
<b>3 TIMES PER DAY</b>	2	1
<b>4+ TIMES PER DAY</b>	5	1

Frequency Missing = 5

<b>75. During the past 7 days, how many times did you eat carrots?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	208	55
<b>1-3 TIMES</b>	131	35
<b>4-6 TIMES</b>	18	5
<b>ONCE PER DAY</b>	11	3
<b>TWICE PER DAY</b>	2	1
<b>3 TIMES PER DAY</b>	4	1
<b>4+ TIMES PER DAY</b>	1	0

Frequency Missing = 7

<b>76. During the past 7 days, how many times did you eat other vegetables?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	66	18
<b>1-3 TIMES</b>	153	41
<b>4-6 TIMES</b>	75	20
<b>ONCE PER DAY</b>	31	8
<b>TWICE PER DAY</b>	30	8
<b>3 TIMES PER DAY</b>	7	2
<b>4+ TIMES PER DAY</b>	13	3

Frequency Missing = 7

<b>77. During the past 7 days, how many glasses of milk did you drink?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NONE</b>	38	10
<b>1-3 TIMES</b>	73	20
<b>4-6 TIMES</b>	65	18
<b>ONCE PER DAY</b>	41	11
<b>TWICE PER DAY</b>	69	19
<b>3 TIMES PER DAY</b>	39	11
<b>4+ TIMES PER DAY</b>	41	11

Frequency Missing = 16

<b>78. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing.</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 DAYS</b>	62	17
<b>1 DAY</b>	31	8
<b>2 DAYS</b>	28	8
<b>3 DAYS</b>	20	5
<b>4 DAYS</b>	23	6
<b>5 DAYS</b>	49	13
<b>6 DAYS</b>	30	8
<b>7 DAYS</b>	124	34

Frequency Missing = 15

**79. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floor**

	Number of Students	Percent of Total
<b>0 DAYS</b>	118	32
<b>1 DAY</b>	35	9
<b>2 DAYS</b>	37	10
<b>3 DAYS</b>	29	8
<b>4 DAYS</b>	29	8
<b>5 DAYS</b>	37	10
<b>6 DAYS</b>	8	2
<b>7 DAYS</b>	76	21

Frequency Missing = 13

**80. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?**

	Number of Students	Percent of Total
<b>0 DAYS</b>	77	21
<b>1 DAY</b>	30	8
<b>2 DAYS</b>	31	8
<b>3 DAYS</b>	25	7
<b>4 DAYS</b>	24	6
<b>5 DAYS</b>	53	14
<b>6 DAYS</b>	27	7
<b>7 DAYS</b>	104	28

Frequency Missing = 11

81. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
<b>NO TV</b>	42	11
<b>LT ONE HOUR</b>	56	15
<b>1 HOUR</b>	52	14
<b>2 HOURS</b>	82	22
<b>3 HOURS</b>	72	20
<b>4 HOURS</b>	26	7
<b>5+ HOURS</b>	37	10

Frequency Missing = 15

82. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
<b>0 DAYS</b>	172	50
<b>1 DAY</b>	7	2
<b>2 DAYS</b>	2	1
<b>3 DAYS</b>	3	1
<b>4 DAYS</b>	2	1
<b>5 DAYS</b>	160	46

Frequency Missing = 36

<b>83. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>NO PE CLASS</b>	173	49
<b>LT 10 MINUTES</b>	10	3
<b>10-20 MINUTES</b>	9	3
<b>21-30 MINUTES</b>	18	5
<b>31-40 MINUTES</b>	18	5
<b>41-50 MINUTES</b>	51	14
<b>51-60 MINUTES</b>	42	12
<b>OVER 60 MINUTES</b>	33	9

Frequency Missing = 28

<b>84. During the past 12 months, on how many sports teams did you play?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>0 TEAMS</b>	130	35
<b>1 TEAM</b>	102	27
<b>2 TEAMS</b>	63	17
<b>3+ TEAMS</b>	77	21

Frequency Missing = 10



<b>85. Have you ever been taught about AIDS or HIV infection in school?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>YES</b>	297	82
<b>NO</b>	37	10
<b>NOT SURE</b>	30	8

Frequency Missing = 18

<b>86. Has a doctor or nurse ever told you that you have asthma?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>A</b>	78	21
<b>B</b>	272	73
<b>C</b>	22	6

Frequency Missing = 10

<b>87. During the past 12 months, have you had an episode of asthma or an asthma attack?</b>		
	<b>Number of Students</b>	<b>Percent of Total</b>
<b>A</b>	269	74
<b>B</b>	36	10
<b>C</b>	36	10
<b>D</b>	22	6

Frequency Missing = 19

## Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

- *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.*

<http://www.cdc.gov/healthyyouth/yrbs/index.htm>

- *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

- *Tobacco, Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

## Internet Resources for Educators, Parents, and Teens (cont'd)

### ■ Teen Pregnancy and Sexual Behavior

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

### ■ Nutrition and Physical Activity

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people. <http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

### ■ Mental Health Issues

**This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

## Internet Resources for Educators, Parents, and Teens (cont'd)

### ■ Parenting Teens

**These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.**

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### ■ Links for Teens

**The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.**

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### ■ Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>